

Pacific Masters Swimming
Regular Meeting
March 17, 2010

Call to order and introductions: The meeting was called to order by Michael Moore, Chairman, at 7:30 p.m.

Introductions: Michael Moore, Nancy Ridout, Kildine Harms, Peter Guadagni, Barry Fasbender, Jim Clemmons, Glenda Carroll, John Morales, John King, Joan Smith, Richard Smith, Joanne Berven, Caroline Lambert, Leon Kief, Stu Kahn, Scott Hinckley, Cokie Lepinski, Marcia Benjamin, Allan Cartwright, Joan Alexander

Officers' Reports

Approval of the minutes of. 2/17/10 MSA

Treasurer – Kildine Harms – Reports attached. **MSA**

Chairman – Michael Moore – Scott Williams is now the new coach of the San Mateo Master Marlins.

Call for Service Award Nominations – Glenda Carroll was selected for the Contributor of the Year award.

Personal Achievement – Gloria Stupfel. Distinguished Service Award – SCAM, Sierra Nevada Masters and Kildine Harms. Appreciation Award – Susan Garfin, Greg and Jenny Lubicki, Steve Small and Leo & Marie Lin.

Coach of the Year – Due soon.

Convention Announcement and request for delegates. Pacific will be entitled 22 delegates. **MSA** to raise the \$25 to \$50 for delegate incidentals. Report attached.

Vice Chairman Administration – Leianne Crittenden – No Report

Vice Chairman Operations – Jim Clemmons – No Report

Secretary – Joan Alexander – Report attached

At-Large – Jody Smith – No Report

Committee Reports

Legislation Rules - Alan Levinson – **MST** to approve revised Grievance Policy. Revised convention policy withdrawn for further consideration.

The Grievance **Procedure** (not policy) was MSC with the modification of **Art. 104.2 Compliance with Rules and Regulations**, striking the words "*Amateur (International Federation of Amateur Swimming)*". As I recall, my verbal proposal to further amend the Grievance Procedure by adding time limits to the grievance steps was withdrawn for further consideration and future submission. Full report attached..

Registration and Records - Nancy Ridout – Report Attached. Swimmer of the Year will be nominated tonight.

Top Ten and Records – Report attached

Coaches – Cokie Lepinski –Report attached. Change in order of events at Long Course Championships in Puerto Rico. Report Attached.

Communications/Newsletter - Joanne Berven – Newsletter – Due to space problems, the committee **MSA** that lets the Open Water Chair and the Meet Operations Chair to determine which events should be left out. They will be posted on Pacific Masters website. Report attached.

Michael Moore – no report

Fitness – Shoenberger – Report Attached

Facilities Coordinator – Alexander – report attached

Health and Safety –TBD

Hospitality – Rotating: May, Alexander, July ____ Sept - ____

Equipment – TBD

Scheduling – Marcia Benjamin, no report

Open Water – Glenda Carroll – report attached.

Meet Operations – Barry Fasbender – Report attached. **MSA** to raise pool meet fee \$5.00 and a \$2.00 increase for relays. **MSA** that Pacific Masters pay all fees for the tall scoreboards at Championship meets.

Marketing/Publications – Bill Grohe, no report

Officials – John King – Report Attached.

Trailer – Allan Cartwright, **MSA** for \$4,000 to paint the trailer. Report attached

Marketing/Public Relations – Bill Grohe – No Report

Old Business – New Award Proposal – Tabled

New Business – See report from Laura Colette.

Team Announcements –

Respectfully submitted

Joan Alexander
Secretary
Pacific Masters Swimming

MARCH MEETING REPORTS – 03/17/2010

Chairman – Michael Moore

SERVICE AWARD NOMINATIONS

At this month's meeting, we will be choosing the swimmers of the year. We will also be nominating and choosing the Contributor of the Year, the Appreciation Award recipient, the Distinguished Service award and the recipient of the Personal Achievement Award.

- Contributor of the Year Award
- The purpose of this award is to recognize outstanding contributions to Masters
- Swimming during the calendar year preceding the year in which the award is presented.
- Personal Achievement Award
- The purpose of this award is to recognize long term dedication to our program and reward noticeable improvement in one's own skills and times
- Distinguished Service Award
- The purpose of this award is to recognize outstanding contributions to Pacific Masters Swimming.
- Appreciation Award
- The purpose of this award is to express special thanks to individuals or groups who have made significant contributions to PMS.

CALL FOR COACH OF THE YEAR NOMINATION

The May meeting is when Coach of the Year nominations are due. This is a great chance of swimmers to nominate and recognize their coach.

CONVENTION DELEGATES

Pacific will be entitled to 22 general delegate to the 2010 US Masters Swimming that will be held in Dallas this year. Please start thinking about going to convention. This year there should be more conferences for LMSCs than in the past.

US Masters swimming convention is where important decisions about the direction of Masters Swimming. It is very important that Pacific send our allotment of delegates.

We have had a policy of giving delegates \$25 for incidentals during the convention. This has been part of our policy for many many years. With inflation, I think this would be a good time to set the amount to \$50 for incidentals.

Vice Chair Administration – Leianne Crittenden, no report

Vice Chair Operations – Jim Clemmons, no report

Secretary – Alexander

All minutes have been sent, and I will take care of Alan's request on the Master.

Treasurer – Kildine Harms, reports attached.

At Large – Jody Smith, no report

Open Water – Glenda Carroll

FYI for the Board: 2 emails

1. Requesting that tech suits **not** be allowed for Open Water
2. Requesting one day registration for Hot August Chill or allow a family to register with Truckee-Donner Rec and participate in a family wave at the Hot August Chill

Topics to Discuss:

A. Open Water Points/Novice swims

This was discussed with the OW events directors. Their suggestions included

1. Full OW points for swims 1 mile or longer; 1/2 the number of points for swims less than 1 mile
2. OW points for swims 1 mile or longer. No OW points for swims less than 1 mile. (There are 5 of them: Lake Natoma 1/2 mile, Hot August Chill 500 yd, 1/2 mile; Lake Del Valle 3/4 mile, Russian River 500 yd.)
3. No OW points for swims 1/2 mile or less.

CONCLUSION -- Don't change anything. Give same amount of points to all swims.

B. Number of swims to be counted for OW season championships

I make a motion that in 2010, Pacific Masters count the top ten OW finishes for a swimmer for the OW points championship

Background -- Currently, half of the swims held during the OW season count towards OW points. (e.g. If there are 18 swims, the highest scoring 9 swims are counted. If there are 17 swims, the highest scoring 9 swims are counted.) The number of swims PacMasters sanctions has grown and I think will continue to grow This season there are 24 swims; 12 will count for OW points. Twelve swims are a big commitment of time and money. Therefore, I make the motion stated above.

C. New Pacific Masters logo that includes Open Water

Discussion

D. Painting of OW trailer -- Allan Cartwright.

Meet Operations – Barry Fasbender

Pool Meet Fee Increase. Move to approve a \$5 increase for individual pool meet entries and a \$2 increase for relays.

Background: This would increase the maximum individual fee for regular pool meets to \$30 (\$60 for late and deck entries) and for championship pool meets to \$40. Note that the host can add \$5 to the normal fee if they use the PacMasters Meet Management service vendor. The relay fee would increase from \$4 to \$6. Our individual meet fees were last increased in November of 2001. I don't think our relay fees have ever been increased.

Large Scoreboards for Short Course Championships. Move that Pacific Masters partially fund (\$600) the rental of large score boards for the upcoming Pacific Masters Short Course Yards Championships. The past few years Pacific Masters has paid \$600 of the \$1000 rental cost. The meet hosts pay the remaining \$400.

Newsletter Space Problem. For some issues during the year, we are running out of room for the number of events we have. I propose a policy that lets the Open Water Chair and the Meet Operations Chair to leave out some of the less important information to decrease the space required in the newsletter. We would include a statement that additional details are in the Event Information posted on the PacMasters website.

Mixed Gender Events. Should PacMasters adopt a policy on mixed gender events? USMS rules allow mixed gender events and PMS rules and policies make no reference to mixed gender events. For a number of years, women and men have swum together for the 400, 800, and 1500 Free at our Long Course Championships due to the length of the meet. This year USF ran all events (except the first event due to a communication problem) as mixed gender events. The Southern Pacific LMSC runs all their meets except Championship meets with mixed gender events. The advantage of mixed gender events are: (1) Swimmers in each heat are more closely match—a more competitive heat. (2) The meet is over sooner—all the slower swimmers are in the first heat or two. The disadvantages are: (1) Fast women are more likely to be in a different heat than others in their age group. (2) Some men don't like to be beat by a women. (3) For sprint events some women complain about all the turbulence that the men create.

Coaches – Cokie Lepinski

I've begun the project of creating a database of the coaches and assistant coaches of masters teams in the Pacific Masters LMSC. Club Assistant shows 116 clubs and I have accounted for coaches in all but 47 of those clubs. Attached is a list of the clubs showing as unrepresented in our database. Our list of coaches currently numbers 105 for the remaining 69 clubs.

After a discussion with Michael Moore, it is thought that we might pursue the same company that USMS uses to disseminate their various Streamlines newsletters, Constant Contact. Their standard pricing for 0-500 email addresses is \$15 per month. We had discussed using something like Google Groups (free) but this requires an action to opt in to the database and many people don't bother to do so. Additionally, while Constant Contact is not free, it does provide for a much richer and more professional appearance than what Google Groups provides.

I did sent out an email on 3-13-10 to the list of 105 coaches/assistant coaches to let them know of our plans to build a database and to also announce that SwimFest '10 registration and information is now posted on the USMS site at: <http://www.usms.org/swimfest>. This event is free for coaches, while swimmers pay a fee to attend. The dates are June 4-5-6 at UC San Diego. My email included a note that Pacific Masters plans to help by providing financial assistance to our masters coaches that wish to attend SwimFest '10 and that more information on this assistance would be forthcoming. It should also be noted that our very own Kerry O'Brien (WCM) and Laureen Welting (TOC) are among the Featured Coaches leading the event.

If you know any of the coaches or assistant coaches for the below listed teams, please feel free to put them in touch with me or pass on my contact information to them. Cokie Lepinski coaches@pacificmasters.org or swimnut@mac.com.

Team	abbr	Coach	email	Asst Coach	email
Alpine Hills Swimming Masters	AHSM				
Alumni of Santa Clara	ASC				
Arden Hills Masters Swimming	AHMS				
Bear River Swimming	BRS				
Berkeley (CA) Aquatic Masters	BAM				
Brentwood Masters Swim Club	BMSP				
Cal Maritime Academy Masters	CMAM				
Carson Tigersharks	CARS				
City of Morgan Hill Masters	MHSC				
Club One at Petaluma	COPT				
Davis Athletic Club	DAC				
El Dorado Hills Sports Club	EDHS				
Ellis Electric Eels	EEE				
Fog City Masters	FOG				
Fountaingrove Masters Swimming	FGMS				
Fremont Glenmoor Masters	FGM				
H2Oldies	H2OL				
Hanford YMCA Masters	HYM				
Hercules Masters Swim Club	HMSC				
JCCSF Masters Swimming	JCCM				
Livermore Valley Tennis Club	LVTC				
Lodi Masters	LODI				
Los Altos Masters	LAM				
Madera Masters Swimmers	MMS				
Masters Penguin Swim Club	MPSC				
Miracle Swimming Institute	MSI				
Montclair Swim Club	MSC				
Napa Valley Masters	NVM				
Parkpoint Patriots	PPP				
Petaluma Valley Masters	PVMA				
Presentation Masters	PRES				
RCP Tiburon Milers	RCP				
Redwood Coast Masters	RCM				
San Francisco Rec & Parks Masters	SFRP				
San Rafael Aquatics Teams	SRAT				
Santa Clara University Swimming	SCUS				
Scotia Swim Team	SST				
SOLO Swim Club	SOLO				
South End Rowing Club	SERC				
St Helena Masters Swimming	SHMS				
Swimstitute Masters	TUTE				
Truckee Tahoe Swim Team	TTST				
Univ of the Pacific Masters	UOPM				
Wildcat Alumni Masters	WAMS				
Wine Country Aquatics of Napa	WCAN				

Legislation/Rules – Alan Levinson

At our Feb. 2010 meeting (Conference Call) Pac Masters approved the Grievance Procedure as amended. At that time I raised a question about adding time limits to the appeal process. Attached is the approved Grievance Procedure and the proposed additions to Art. 104.6 and 104.7. (See at end of reports.) I have previously sent (by email) a small correction to the minutes of the Feb. 17, 2010 meeting. Unfortunately, I will not be attending this Wednesday's Pac Masters meeting due to a conflict with the community band I play with (we have a concert on the same evening at the same time).

Registration – Nancy Ridout

As of 3/16, we have registered 7,523 swimmers and 116 clubs. Past history for this point in time shows 7,020 swimmers and 119 clubs as of 3/18/09, 6,280 swimmers & 114 clubs as of 3/11/08; 6,117 & 99 as of 3/16/07; 5,564 & 95 as of 3/10/05; 5,654 as of 3/15/04; 5,521 & 107 as of 3/14/03; 6,791 and 104 as of 3/22/02; 6,187 & 113 as of 3/28/01; 5,922 & 101 as of 3/18/2000; 5,809 & 95 as of 3/19/99; 5,211 & 92 as of 3/20/98; 4,949 & 91 as of 3/26/97; 5,038 & 100 as of 3/27/96; 4,253 & 81 as of 3/17/95; 4,698 & 82 as of 3/18/94; 4,155 & 84 as of 3/20/93). We have gained 670 swimmers and 2 clubs since our last meeting.

I've contacted Beyond Words to send out paper invoices and that should be done this month. 4,701 swimmers haven't yet renewed.

Top Ten and Records – Nancy Ridout

The Swimmer of the Year tabulations have been completed and are here for your approval. We will nominate and vote on the overall male and female swimmers of the year. Anyone can nominate a swimmer and will have 2 minutes to speak on behalf of him or her. We will vote by secret ballot.

Scheduling – Marcia Benjamin, no report

Officials – John King

I have been calling out for officials to staff the Strawberry Canyon meet on March 28, as well as the Pacific SCY Championship meet in Pleasanton on April 16, 17, and 18. To date, we have five officials for Strawberry Canyon and four committed to come to the Championships. I'll keep the recruiting efforts high on the Championships as we need approximately 12 officials for the meet.

We are working with the administrators of the USA Swimming 'Officials Tracking System' to expand their meet tracking system to provide for Masters meets. This will allow for officials who work both USA and Masters meets to keep a history of their meets in one place.

Communications – Newsletter-Joanne Berven, Web Master-Michael Moore

Newsletter - The May-June Newsletter is done except for a few words from Michael!

Fitness – Linda Shoenberger

The USMS Fitness Committee has a new LMSC Fitness coordinator. We will be providing fitness ideas to the LMSCs monthly. We are working on the report for this month right now. It will be available sometime next week so I will send it out. Perhaps it could be included in one of the newsletter emails Michael sends out since it will not be available for this month's meeting.

Marketing/Publications – Bill Grohe, no report

Ad Hoc Facilities – Joan Alexander

May is booked for the Community Center. I will book July when the schedule is ready.

Health & Safety – TBD, no report

Equipment – TBD, no report

New Award Proposal – Nancy Ridout

New Business – Laura Colette

Since we have no forward movement on con calls for alternate months, I have something to bring to the table. SPMA has a twitter account now. AZ LMSC has a twitter account and so does IGLA. Maybe we should look into one for PacMasters? It would be easy to do and maintain, could post meets and deadlines from Michael's updates.