

Pacific Masters Swimming
Annual Meeting
November 17, 2004

Call to order and introductions: The meeting was called to order by Michael Moore, Chairman @ 7:00 p.m.

Introductions: Michael Moore, FOG, Joanne Berven, Barbara Thomas, LNM, Alan Levinson, MAM, Cindy Baxter, RINC, Joan Spangler, SCAM, Barry Fasbender, STAN, Nancy Ridout, Jon Steiner, Dore Schwab, Cindy Clements, TAM, Marcia Benjamin, UNAT, Bill Grohe, USF, Kerry O'Brien, Joan Smith, Richard Smith, Leianne Crittenden, Joan Alexander, WCM, Robert Placak, Guest.

Approval of the minutes of – August 20, 2004 - MSP to approve.

Treasurer - Clarine Anderson – absent - MSP to approve the report. The ad hoc budget committee reported its findings. There were three actions items: Approve the 2005 budget as submitted in October; Increase PMS fees for 2006 as described under Task 3, page 2 of report; Maintain minimum reserves as described under Task 4, page 2 of report. The 2005 budget was presented and passed.

Chairman – Michael Moore – Michael thanked all officers and committee chairs for the work they have done over the past year. Call for Service Award nominations. Michael then introduced Robert Placak, who gave a presentation to the committee on the RCP Tiburon Mile, and asked for Pacific sanctioning of the event. There was much discussion, and it was decided to MST the decision until the January meeting to see if all criteria are met.

Vice Chairman Administration – Barbara Thomas – No Report

Vice Chairman Operations - Barry Fasbender – No Report

Secretary - Joan Alexander - No Report

At-Large – Bill Grohe – No Report

Committee Reports

Zone Chairman - Joan Alexander – No Report

Registration and Records - Nancy Ridout – We have 9,495 registered swimmers and 113 clubs as of November 12, 2004. I expect our 2004 total to be slightly over 9500. Clubs were sent renewal and registration forms and instructions electronically this year. The response has been good. Michael has posted all of the information in a section of our web site so everyone can download from there; attachments were not necessary. There are a few clubs that indicate no e-mail address that I will track down or mail the information. There continue to be a few stragglers for 2004. The LC Top Ten was submitted timely and all record documentation provided to USMS, except for a pool measurement of all lanes for the Burlingame HS pool. Also needed is a pool measurement form for Walnut Creek SCM. Again, I am very appreciative of Joan Smith's help in proofing the LC Top Ten and submitting any corrections to Pieter Cath. She does all of us a great service! I plan to use a new Top Ten Program for SCM. I have the program and two SDIF files from meets and will soon enter the information and see how it works. Six records have been submitted from the SCM season: Katrina Radke, 33, 50M Free, 25.98, 50M Fly, 28.05, 10/24/04. Suzanne Heim-Bowen, 46, 1500M Free, 17:50.64, 10/10/04. 200 MFR, 160-199, BMW, 1:38.98, 10/10/04. 800M MFR, 76-99, DAM, 8:34.91, 10/24/04. 800M MxFR, 160-199, STAN, 8:41.51, 10/24/04.

Coaches - Brian Stack/Kerry O'Brien – The coaches have set a date for Coaches/Fitness Clinic, November 20 and 21. The Coaches Clinic, November 20 headline speaker will be the world-renowned coach, author, and swimming scientist Dr. Ernie Maglischo, presenting topics on “early and mid-season conditioning, pre-championship meet focus, and Individual Medley racing.” Another lead speaker will still be added along with presentations given by nationally recognized coaches from within Pacific Masters Swimming. The day will consist of in-water opportunities, lecture, demonstration, social interaction, and a “Coaches Roundtable” for the exchanging of ideas. We expect 10-15 coaches. The cost is \$50, but is free if you assist with the Fitness Clinic Sunday.

For 2005 the Coaches committee would like to revisit guidelines for PMS Coach of the Year that can be easy for nominators to understand and follow.

Two paragraphs promoting the Coach Mentor Program for Pacific will be available for Michael to post and promote by 12/1 on the website.

Fitness Clinic, November 21 will be designed to provide tools to the “fitness minded” swimmers within Pacific Masters to help make their swimming more enjoyable and productive through lecture, demonstration, practice, video, and video analysis. Long axis strokes will be addressed. We can handle about 30 swimmers. For more information call Kerry O'Brien or Brian Stack (PMS Coaches Chair) or Leianne Crittenden (PMS Fitness Chair).

The Mentor Coaches Clinic will be held next year.

Communications/Newsletter - Joanne Berven – News deadline is November 15 for the January-February issue of SWIM magazine – the last one. If the hospitality committee needs to be kept for budgetary reasons, I would be willing to be the coordinator – still having a rotating (chef) each month, since I bring the drinks, plates, plastic ware, etc. I have purchased a number of large metal serving spoons for the group. I will have hot water for coffee, tea, hot chocolate, and apple cider.

Michael Moore – The Pacific Masters Web site continues to be highly used by its friends and members. Average daily bandwidth is 135 MegaBytes with over 6400 hits per day. The web site has the results of all the competitions sanctioned by

Pacific Masters Swimming. Whenever Pac Masters has a competitive event, the next day members download the results. The web site also has posted every newsletter published this year and all of the minutes of the Pacific Masters Committee meetings. There have been thirty-nine almost weekly updates during the year.

Fitness – Leiann Crittenden – Fitness Clinic on November 20th. Kerry O'Brien created posting for Pacific Website (thank you Kerry) It is hosted by The Olympic Club. Response so far is 15 people. Flyer sent to Lisa Coffey Mahoney of Montclair/Piedmont to see if they will provide a blurb in their papers.

Check Off Challenge = will be sending information to Michael in December a reminder for posting on the website about the Fitness Check Off Challenge (18 events swum at any time during the year). The participating swimmer will get a T-shirt in advance, which will list the 18 swimming events on the back. These events will include: 50, 100, 200 Free, 400 or 500 free, 800 or 1000 Free, 1500 or 1650 Free, 50, 100, 200 back, 50, 100, 200 Breast, 50, 100, 200 Fly, 100, 200, 400 IM. As you swim the events, simply check them off on the back of the T-shirt using an indelible marker.

Health and Safety – TBA

Hospitality – November, Baxter

Equipment – Alan Cartwright - absent - No Report

Legislation Rules - Alan Levinson – Change to By-Laws voted on at the November meeting. MSP to changes.

Section 103.3H Standing Committees in the Administrative Handbook needs updating. Two committees have the same responsibility listed

d. Equipment: ~~The committee is responsible for maintaining the PMS safety signs and stopwatches.~~ This committee shall be responsible for the maintenance of PMS Safety Signs, Stopwatches and Trailer and for coordinating their delivery with meet directors.

f. Hospitality: (delete and renumber.) The committee shall be responsible for exploring potential meeting sites (with final approval of the PMS committee) and for the provision of beverages and snack items (including purchase and set up/clean up of such items) for the monthly PMS meeting. ~~This committee shall be responsible for the maintenance of PMS Safety Signs, Stopwatches and Trailer and for coordinating their delivery with meet directors.~~

Marketing/Public Relations – Bill Grohe/Dore Schwab – No Report

Meet Operations - Barry Fasbender – No Report

Officials – Cindy Baxter – No Report

Open Water – Cindy Clements – No Report

Scheduling - Marcia Benjamin – The 2005 schedule was presented. CRUZ will move PMS LC Champs to 7/8-10.

RAMS will move Folsom to 7/17. CRUZ will move the Santa Cruz trio to 7/30-31 and SNM can have Donner on Sat 8/6 (not Sunday as originally requested). SCAM however is flexible. TCAM had a good turnout at its SCY meet and wants to come back on the 2005 calendar, Saturday, October 29.

2006 World Championships – Moore – The World Championships are starting to work on the meet entry book. We are contracting with Beth Folkerth, who did the Pacific Masters Brochure, the FINA Brochure and the application for the FINA championships to put together the book. The book is expected to be about 48 pages plus cover. Phylis Quinn of The Olympic Club will be heading up a committee to review the place of the open water championships. Suzanne Heim-Bowen has agreed to serve on the committee. Rich Burns of Tamalpais Masters is designing a meet logo and a mascot for the championships. We expect to choose the final one at the next meeting of the Organizing Committee. Rich has done an excellent job in the creation of the seal mascot.

Old Business –

New Business –

Team Announcements –

Respectfully submitted

Joan Alexander
Secretary
Pacific Masters Swimming

Next Meeting – January 19, 2005 at 7:30 p.m.

Dinner will be served from 7:00-7:30pm

This meeting will be at the Heather Farms Community Center, Walnut Creek

Please note the new meeting place