



**July 2021 Pandemic ePostal Challenge**  
**Pandemic ePostal Challenge Series**  
**Hosted by Pacific Masters Swimming**  
**Thursday, July 1 – Saturday, July 31, 2021**



**Sanctioned by the Pacific Masters for USMS Inc. Sanction #381-S008**

Pacific Masters Swimming continues its series of ePostals to keep Masters swimmers entertained and focused while we wait for in-person meets to resume. In May we offer 50 Fly, 50 Back, 50 Breast, 50 Free, our return-to-fitness benchmark 500 yard or 400 meter Free and 1650 yard/1500 meter Free. Swim them a few times and submit your best time for each event swum.

This ePostal is part of the Pandemic ePostal Challenge Series hosted by Pacific Masters Swimming. Information on the Challenge Series can be found [here](#).

**LOCATION:** Events may be swum in any 25-yard, 25-meter or 50-meter length pool but meter-times must be converted into short-course yards. [Use this website to convert your meters times to yards.](#)

**DATE:** Thursday, July 1, 2021 to Saturday, July 31, 2021. All events must be swum on or between these dates.

**ENTRY LIMITS:** Only one entry per swimmer. You may swim the events multiple times and choose your best times (one per event) to enter.

**ENTRIES:** Online entries only. Enter online at:  
[https://www.clubassistant.com/club/meet\\_information.cfm?c=2037&smid=14004](https://www.clubassistant.com/club/meet_information.cfm?c=2037&smid=14004)

Deadline for entries: August 10, 2021 at 11:59 PM PST. No paper entries accepted - online entries only.

Your online entry is not complete until you have received a confirmation of your entry by email. If you do not receive this confirmation following your entry, please contact the Meet Director.

**TIMING:** A pace clock or stopwatch may be used for timing purposes. If you use a pace clock add “.99” to your documented time. For a time submitted with no tenths or hundredths, .99 second shall be added to the time submitted. The Meet Director reserves the right to remove any clearly incorrect results.

**RULES:**

- You may swim each event multiple times within the date range listed and enter your fastest times (one per event).
- In-water starts are allowed but no time adjustments can be made.
- Having a Starter and Timer to collect times is recommended but not required for event entry.
- 2020 USMS Rules govern these events, including USMS Rule 102.12.1 regarding swimwear.
- Age on December 31, 2021 determines age group for this ePostal and the entire series.
- Drafting, flotation, and propulsive devices (pull buoys, fins, paddles, snorkels, wet suits, etc.) are not permitted.
- No more than two swimmers should share a lane. If a lane is shared, each swimmer must stay on his or her side of the lane during the entire race (i.e. no circle swimming).
- Participants must follow their facility guidelines for physical distancing and COVID-19 precautions during the event. For your reference, the CDC guidelines for aquatic venues can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/aquatic-venues.html>
- Swimmers participate at their own risk.
- USMS starts and strokes rules apply, but we will be using the honor system. Swim fast. Swim fair.

**ENTRY FEES:** Flat entry fee of \$10 per swimmer for online registration. Please note: when paying by credit card, your credit card statement will reflect a charge from "ClubAssistant.com Events." Net revenues above expenses for the challenge series events sponsored by Pacific Masters will be donated to USMS Adult Learn-to-Swim grants supported by the USA Swimming Foundation.

**AWARDS:** Satisfaction. More tangible awards, commemorating this Pandemic year, will be created for high point earners in each age group for the entire series of ePostals.

**CHALLENGE SERIES POINTS:** 7,5,4,3,2,1 for 1<sup>st</sup> through 6<sup>th</sup> place respectively in each age group for each event. **Points will only be awarded for your best two finishes.** There will be special acknowledgement for those who swim the most events throughout the series.

**ONLINE EVENT:** At the end of the Challenge Series an online event will be scheduled to celebrate all participants.

**MEET DIRECTOR:** Bob Anderson, [meetops@pacificmasters.org](mailto:meetops@pacificmasters.org)

**EVENTS:**

50 Fly
50 Back
50 Breast
50 Free
500 yard or 400 meter Free
1650 yard or 1500 meter Free

**QUESTIONS:** Contact Bob Anderson at [meetops@pacificmasters.org](mailto:meetops@pacificmasters.org)