

## University of San Francisco Leap Meet Saturday February 29, 2020

Start time: <b>8am warmups, 9am meet start</b> Check in: <b>Scratches only</b> <b>no same day entries</b>
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**Sanctioned by the Pacific Masters for USMS, Inc. Sanction #380-S008**

**LOCATION:** University of San Francisco, Koret Recreation Center  
2130 Fulton St., San Francisco, CA 94117 (Corner of TURK & PARKER will be the entrance)

**DIRECTIONS:** From the North Bay (Golden Gate Bridge): Take 19th Avenue exit. Turn right on Anza St., right on 14th Avenue, and right on Geary Blvd. Go east on Geary to Stanyan and turn right. Turn left on Turk. Parking lot entrance is on the right, just before the light at the intersection of Parker and Turk Streets.

From the East Bay (Bay Bridge): After crossing the Bay Bridge, follow signs to 101 North – Golden Gate Bridge. Take Octavia Blvd / Fell Street exit. Continue on Octavia Blvd, crossing Market Street. Left on Fell Street, and continue west on Fell St. for several miles. Right on Stanyan Street, and then right on Turk Street. Parking lot entrance is on the right immediately before the intersection of Turk and Parker Streets.

From the South Bay (101 North): Follow signs to 101 North – Golden Gate Bridge. Take Octavia Blvd / Fell Street exit. Continue on Octavia Blvd, crossing Market Street. Left on Fell Street and continue west on Fell St. for several miles. Right on Stanyan Street, and then right on Turk Street. Parking lot entrance is on the right immediately before the intersection of Turk and Parker Streets.

**PARKING INSTRUCTIONS:** Free parking available in the Koret Parking Lot, located at the corner of Turk and Parker Streets.

**FACILITY:** 25 yd by 50 m heated indoor pool. There will be 8 lanes for competition and 8 warm-up / warm-down lanes available throughout the meet.

The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. The primary timing system will be automatic timing. Times can be submitted for USMS records and USMS Top 10. Pacific Masters requirements for records and Top 10 considerations are the same as those for USMS.

**TIME:** Warm-up from 8:00 a.m. to 8:45 a.m. Meet will start at 9:00 a.m.

**RULES & ELIGIBILITY:** Current USMS rules will govern the meet. All participants must be age 18 or older as of the last day of the meet and be currently registered members of U.S. Masters Swimming. Foreign swimmers must provide proof of current membership in their country's Masters Swimming governing body.

**ENTRY LIMITS:** Entries are limited to a maximum of 5 individual events, excluding relays.

**ONLINE ENTRIES:** Enter this meet online by going to  
[https://www.clubassistant.com/club/meet\\_information.cfm?c=1416&smid=12921](https://www.clubassistant.com/club/meet_information.cfm?c=1416&smid=12921)  
Online entries accepted until 11:59 p.m., Thursday, February 27, 2020.

**MAILED & DECK ENTRIES:** On line entry only. No mail entries. THIS IS A PAPERLESS SWIM MEET. NO DECK ENTRIES.

**FEES:** Online Entry Event Fee: \$10.00 Surcharge plus \$5.00 per event. Your credit card will be charged by "ClubAssistant.com Events" for this meet. There are no refunds for this meet.

**CHECK-IN:** Not required for the meet, but if you decide to drop out of an event we would appreciate you informing us at the "check in" table

**SEEDING:** Events will be swum fastest to slowest. Men and women are combined.

**RELAYS:** All entries due in person by 10am – no charge for complete teams. Relays are deck entry only and must be on official yellow relay entry cards.

**HOSPITALITY:** There will not be food on site, but there are a few places nearby.

**MEET DIRECTOR:** Clare Kubiak [ckubiak@usfca.edu](mailto:ckubiak@usfca.edu)

**MEET REFEREE:** John King

**EVENTS:**

1 100 yd Free

2 50 yd Fly

3 100 yd Breast

4 50 yd Back

5 200 yd Freestyle Relay

6 100 yd Fly

7 50 yd Breast

8 100 yd Back

9 50 yd Free

10 100 yd IM

**RESTRICTIONS:** You will need to sign a waiver once you arrive at the facility. You are not authorized to use workout equipment in the facility. Smoking is prohibited in or near the building.