

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**Women 18-24 50 LC Meter Freestyle**

PAC: 26.75 P 8/8/2015 Caitlin DeNise

NATL: 25.72 N 6/19/2021 ALY TETZLOFF

1	Eaton, Jay Jay	21	Marin Aquatic Ma-38	29.18
2	Karp, Juliana	19	University of Sa-38	31.30
3	Patent, Mariette	21	Albany Armada Aq-38	33.82
4	Zeng, Jasmine	24	SF Tsunami Maste-38	33.93
---	Fasan, Dani	21	Marin Aquatic Ma-38	NS
---	Scobey, Taylor	21	Marin Aquatic Ma-38	NS

**Women 18-24 50 LC Meter Freestyle**

PAC: 26.75 P 8/8/2015 Caitlin DeNise

NATL: 25.72 N 6/19/2021 ALY TETZLOFF

2	Nagpal, Jivana	19	Marcia's Enthusi-38	34.72
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**Women 18-24 100 LC Meter Freestyle**

PAC: 57.05 P 6/30/2016 Elizabeth Pelton

NATL: 56.08 N 6/17/2021 ALY TETZLOFF

1	Eaton, Jay Jay	21	Marin Aquatic Ma-38	1:03.16
2	Karp, Juliana	19	University of Sa-38	1:08.75
3	Zeng, Jasmine	24	SF Tsunami Maste-38	1:17.16
4	Patent, Mariette	21	Albany Armada Aq-38	1:18.03
---	Fasan, Dani	21	Marin Aquatic Ma-38	NS
---	Scobey, Taylor	21	Marin Aquatic Ma-38	NS

**Women 18-24 200 LC Meter Freestyle**

PAC: 2:02.36 P 6/28/2016 Elizabeth Pelton

NATL: 2:03.06 N 8/17/2003 JESSICA FOSCHI

1	Eaton, Jay Jay	21	Marin Aquatic Ma-38	2:18.96
2	Bauer, Anna	21	Marin Aquatic Ma-38	2:39.56

**Women 18-24 400 LC Meter Freestyle**

PAC: 4:29.57 P 12/31/2012 Luane Rowe

NATL: 4:16.72 N 7/5/2003 JULIA STOWERS

1	Nagpal, Jivana	19	Marcia's Enthusi-38	5:48.93
---	Scobey, Taylor	21	Marin Aquatic Ma-38	NS

**Women 18-24 1500 LC Meter Freestyle**

PAC: 17:22.39 P 12/31/2012 Luane Rowe

NATL: 17:22.39 N 7/5/2012 LUANE ROWE

1	Nagpal, Jivana	19	Marcia's Enthusi-38	23:13.93
2	Eide, Miriam F	24	Manatee Aquatic-38	23:16.58

**Women 18-24 50 LC Meter Backstroke**

PAC: 31.29 P 8/2/2018 Kali L Conlon

NATL: 30.84 N 8/5/2011 EMILE EWING

1	Bauer, Anna	21	Marin Aquatic Ma-38	37.77
2	Karp, Juliana	19	University of Sa-38	38.49
3	Patent, Mariette	21	Albany Armada Aq-38	39.57

**Women 18-24 100 LC Meter Backstroke**

PAC: 1:01.73 P 6/27/2016 Elizabeth Pelton

NATL: 1:04.67 N 7/20/2012 JENNY VON JOUANNE

1	Eide, Miriam F	24	Manatee Aquatic-38	1:24.44
2	Nagpal, Jivana	19	Marcia's Enthusi-38	1:28.39
---	Patent, Mariette	21	Albany Armada Aq-38	NS

**Women 18-24 50 LC Meter Breaststroke**

PAC: 34.44 P 8/9/2019 Heaven Quintana

NATL: 32.92 N 8/1/2015 LAUREN GREENBERG

1	Eide, Miriam F	24	Manatee Aquatic-38	43.95
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2	Jegers, Jade	19	Marcia's Enthusi-38	43.98
3	Zeng, Jasmine	24	SF Tsunami Maste-38	47.63

**Women 18-24 100 LC Meter Breaststroke**

PAC: 1:15.12 P 7/12/2013 Danae Petrakis

NATL: 1:10.32 N 7/30/2011 BREEJA LARSON

1	Karp, Juliana	19	University of Sa-38	1:32.25
---	Fasan, Dani	21	Marin Aquatic Ma-38	NS

**Women 18-24 50 LC Meter Butterfly**

PAC: 28.62 P 12/31/2009 Meg Gill

NATL: 28.62 N 7/12/2009 MEG GILL

1	Eaton, Jay Jay	21	Marin Aquatic Ma-38	31.71
2	Eide, Miriam F	24	Manatee Aquatic-38	34.13
3	Jegers, Jade	19	Marcia's Enthusi-38	35.04
4	Patent, Mariette	21	Albany Armada Aq-38	37.43
5	Zeng, Jasmine	24	SF Tsunami Maste-38	37.44
6	Nagpal, Jivana	19	Marcia's Enthusi-38	40.23

**Women 18-24 100 LC Meter Butterfly**

PAC: 1:01.04 P 7/6/2008 Laura M Davis

NATL: 58.21 N 6/13/2021 ALY TETZLOFF

1	Eaton, Jay Jay	21	Marin Aquatic Ma-38	1:09.06
2	Karp, Juliana	19	University of Sa-38	1:21.62
3	Patent, Mariette	21	Albany Armada Aq-38	1:33.88

**Women 18-24 200 LC Meter Butterfly**

PAC: 2:12.75 P 7/6/2008 Laura M Davis

NATL: 2:12.75 N 7/2/2008 LAURA DAVIS

---	Eaton, Jay Jay	21	Marin Aquatic Ma-38	NS
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**Women 18-24 200 LC Meter IM**

PAC: 2:16.06 P 7/6/2008 Laura M Davis

NATL: 2:16.06 N 7/1/2008 LAURA DAVIS

1	Scobey, Taylor	21	Marin Aquatic Ma-38	2:41.54
2	Eide, Miriam F	24	Manatee Aquatic-38	2:55.18
3	Patent, Mariette	21	Albany Armada Aq-38	3:15.06

**Women 18-24 400 LC Meter IM**

PAC: 5:17.55 P 12/31/2012 Luane Rowe

NATL: 5:08.00 N 8/10/2010 JAMIE MARKS

1	Eide, Miriam F	24	Manatee Aquatic-38	6:34.03
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**Women 25-29 50 LC Meter Freestyle**

PAC: 26.64 P 8/9/2015 Marie A Ballenger

NATL: 24.83 N 8/10/2014 MADISON KENNEDY

WORLD: 25.42 W 2/15/2004 Annabel KOSTEN

1	Kroetz, Brigitte C	27	Rolling Hills Mu-38	29.88
2	Dougherty, Patricia	25	Rolling Hills Mu-38	30.25
3	Chang, Serena Y	27	SF Tsunami Maste-38	30.82
4	Heidkamp, Genevieve	29	SF Tsunami Maste-38	32.59
5	Vasicsek, Reka	25	Marcia's Enthusi-38	32.96
6	Mistry, Shivana	27	University of Sa-38	35.34
7	Silva, Rayle A	26	Marin Aquatic Ma-38	36.98
---	Greer, Fiona	29	East Bay Bat Ray-38	NS

**Women 25-29 100 LC Meter Freestyle**

PAC: 58.34 P 12/31/1989 Sara Shand

NATL: 54.72 N 8/6/2014 MADISON KENNEDY

WORLD: 56.96 W 8/11/2015 Emma GAGE

1	Dougherty, Patricia	25	Rolling Hills Mu-38	1:08.45
2	Chang, Serena Y	27	SF Tsunami Maste-38	1:09.48

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**(Women 25-29 100 LC Meter Freestyle)**

3	Chu, Christine	29	University of Sa-38	1:11.73
4	Mistry, Shivana	27	University of Sa-38	1:19.28

**Women 25-29 100 LC Meter Freestyle**

**PAC:** 58.34 P 12/31/1989 Sara Shand  
**NATL:** 54.72 N 8/6/2014 MADISON KENNEDY  
**WORLD:** 56.96 W 8/11/2015 Emma GAGE

1	Vasicsek, Reka	25	Marcia's Enthusi-38	1:13.76
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**Women 25-29 200 LC Meter Freestyle**

**PAC:** 2:07.11 P 12/31/1989 Sara Shand  
**NATL:** 2:02.06 N 12/2/1995 SHEILA TAORMINA  
**WORLD:** 2:04.56 W 7/10/2010 Megan JENDRICK

1	Chang, Serena Y	27	SF Tsunami Maste-38	2:40.65
2	Chu, Elise	25	Walnut Creek Mas-38	2:50.21
3	Chiarelli, Juliana	28	Albany Armada Aq-38	2:55.63
4	Silva, Rayle A	26	Marin Aquatic Ma-38	3:03.01
---	Breed, Catherine	29	The Olympic Club-38	NS

**Women 25-29 400 LC Meter Freestyle**

**PAC:** 4:27.53 P 12/31/1989 Sara Shand  
**NATL:** 4:13.03 N 12/2/1995 SHEILA TAORMINA  
**WORLD:** 4:18.62 W 6/18/2011 Sophie CASSON

1	Breed, Catherine	29	The Olympic Club-38	4:23.62P
2	Chu, Elise	25	Walnut Creek Mas-38	6:00.02

**Women 25-29 800 LC Meter Freestyle**

**PAC:** 9:18.43 P 12/31/1989 Sara Shand  
**NATL:** 8:47.44 N 7/19/2001 RACHEL KOMISARZ  
**WORLD:** 8:45.89 W 3/10/2012 Swann OBERSON

1	Kroetz, Brigitte C	27	Rolling Hills Mu-38	11:20.75
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**Women 25-29 1500 LC Meter Freestyle**

**PAC:** 17:41.64 P 12/31/2004 Linda Gallo  
**NATL:** 16:39.77 N 7/19/2001 RACHEL KOMISARZ  
**WORLD:** 16:34.89 W 3/11/2012 Swann OBERSON

1	Silva, Rayle A	26	Marin Aquatic Ma-38	27:21.64
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**Women 25-29 50 LC Meter Backstroke**

**PAC:** 31.10 P 4/24/2017 Anna K Senko  
**NATL:** 28.39 N 8/2/2018 EMI MORONUKI  
**WORLD:** 28.39 W 8/2/2018 Emi MORONUKI

1	Crow, Vivian	25	Davis Aquatic Ma-38	36.85
2	Heidkamp, Genevieve	29	SF Tsunami Maste-38	37.55
3	Dougherty, Patricia	25	Rolling Hills Mu-38	38.16
4	Vasicsek, Reka	25	Marcia's Enthusi-38	40.21
5	Mistry, Shivana	27	University of Sa-38	44.92
6	Silva, Rayle A	26	Marin Aquatic Ma-38	48.32
---	Greer, Fiona	29	East Bay Bat Ray-38	NS

**Women 25-29 100 LC Meter Backstroke**

**PAC:** 1:06.85 P 4/23/2017 Anna K Senko  
**NATL:** 1:01.60 N 7/31/2018 EMI MORONUKI  
**WORLD:** 1:01.60 W 7/31/2018 Emi MORONUKI

1	Kroetz, Brigitte C	27	Rolling Hills Mu-38	1:18.81
2	Crow, Vivian	25	Davis Aquatic Ma-38	1:21.04
3	Dougherty, Patricia	25	Rolling Hills Mu-38	1:22.32
4	Chiarelli, Juliana	28	Albany Armada Aq-38	1:31.08

**Women 25-29 200 LC Meter Backstroke**

**PAC:** 2:26.62 P 12/31/1994 Martie McKinney  
**NATL:** 2:13.19 N 7/30/2018 EMI MORONUKI  
**WORLD:** 2:13.19 W 7/30/2018 Emi MORONUKI

1	Crow, Vivian	25	Davis Aquatic Ma-38	2:48.44
2	Kroetz, Brigitte C	27	Rolling Hills Mu-38	2:58.00
---	Greer, Fiona	29	East Bay Bat Ray-38	NS

**Women 25-29 50 LC Meter Breaststroke**

**PAC:** 33.39 P 8/9/2014 Marie A Ballenger  
**NATL:** 30.82 N 6/27/2016 KATIE MEILI  
**WORLD:** 31.60 W 7/10/2010 Megan JENDRICK

1	Chu, Christine	29	University of Sa-38	41.42
2	Crow, Vivian	25	Davis Aquatic Ma-38	41.45
3	Chu, Elise	25	Walnut Creek Mas-38	49.25
4	Chiarelli, Juliana	28	Albany Armada Aq-38	51.23
---	Saccullo, Emily	28	Walnut Creek Mas-38	NS

**Women 25-29 100 LC Meter Breaststroke**

**PAC:** 1:13.69 P 6/7/2021 Claire Beaty  
**NATL:** 1:06.07 N 6/28/2016 KATIE MEILI  
**WORLD:** 1:10.56 W 7/10/2010 Megan JENDRICK

1	Crow, Vivian	25	Davis Aquatic Ma-38	1:29.13
2	Saccullo, Emily	28	Walnut Creek Mas-38	1:30.11
3	Chu, Christine	29	University of Sa-38	1:31.31
4	Mistry, Shivana	27	University of Sa-38	1:44.01

**Women 25-29 200 LC Meter Breaststroke**

**PAC:** 2:39.32 P 6/7/2021 Claire Beaty  
**NATL:** 2:29.90 N 6/26/2013 JUSTINE MUELLER  
**WORLD:** 2:35.46 W 7/17/2006 Hitomi MATSUDA

1	Chu, Christine	29	University of Sa-38	3:17.18
2	Silva, Rayle A	26	Marin Aquatic Ma-38	4:11.17
---	Saccullo, Emily	28	Walnut Creek Mas-38	NS

**Women 25-29 50 LC Meter Butterfly**

**PAC:** 28.82 P 12/31/1992 Anna Pettis-Scott  
**NATL:** 27.37 N 6/28/2017 HANNAH SAIZ  
**WORLD:** 26.32 W 6/16/2019 Masako KUROKI

1	Heidkamp, Genevieve	29	SF Tsunami Maste-38	33.19
2	Chu, Christine	29	University of Sa-38	33.56
3	Dougherty, Patricia	25	Rolling Hills Mu-38	33.60
4	Crow, Vivian	25	Davis Aquatic Ma-38	34.00
5	Chang, Serena Y	27	SF Tsunami Maste-38	35.70

**Women 25-29 100 LC Meter Butterfly**

**PAC:** 1:02.40 P 4/26/2017 Anna K Senko  
**NATL:** 59.74 N 8/4/2017 HANNAH SAIZ  
**WORLD:** 59.99 W 8/13/2015 Anna POLIAKOVA

1	Chu, Christine	29	University of Sa-38	1:21.13
2	Kroetz, Brigitte C	27	Rolling Hills Mu-38	1:21.77
---	Greer, Fiona	29	East Bay Bat Ray-38	NS

**Women 25-29 200 LC Meter IM**

**PAC:** 2:21.98 P 12/31/2005 Allison Wagner  
**NATL:** 2:14.03 N 6/29/2013 JUSTINE MUELLER  
**WORLD:** 2:20.71 W 10/2/2005 Hitomi MATSUDA

1	Crow, Vivian	25	Davis Aquatic Ma-38	2:48.92
2	Chu, Christine	29	University of Sa-38	2:49.29
3	Kroetz, Brigitte C	27	Rolling Hills Mu-38	2:53.09

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**(Women 25-29 200 LC Meter IM)**

4 Chu, Elise 25 Walnut Creek Mas-38 3:13.16

**Women 30-34 50 LC Meter Freestyle**

PAC: 26.16 P 6/18/2016 Marie A Ballenger

NATL: 25.57 N 8/8/2009 ERIKA ERNDL

WORLD: 25.74 W 6/6/2008 Martina MORAVCOVA

1 Breuer, Lauren 30 Jellies Aquatic-38 28.29  
 2 Yoshiwara, Carole S 34 Willow Glen Mast-38 30.33  
 3 Hwang, Jenn 30 Walnut Creek Mas-38 30.47  
 4 Heffley, Caitlin 30 Albany Armada Aq-38 34.08  
 5 Versfeld, Rizmari 33 University of Sa-38 34.17  
 6 Schroder, Clare 32 SF Tsunami Maste-38 34.40  
 7 Fischer, Tessa 32 Jellies Aquatic-38 36.03  
 8 Lutsky, Abby 30 University of Sa-38 36.04  
 --- Greer, Margaret 34 East Bay Bat Ray-38 NS

**Women 30-34 100 LC Meter Freestyle**

PAC: 59.76 P 4/16/2016 Marie A Ballenger

NATL: 54.59 N 8/5/2009 ERIKA ERNDL

WORLD: 55.24 W 7/11/2009 Erika ERNDL

1 Breuer, Lauren 30 Jellies Aquatic-38 1:02.20  
 2 Yoshiwara, Carole S 34 Willow Glen Mast-38 1:08.41  
 3 Hwang, Jenn 30 Walnut Creek Mas-38 1:08.65  
 4 McBride, Elizabeth 32 Marcia's Enthusi-38 1:15.44  
 5 Versfeld, Rizmari 33 University of Sa-38 1:15.70  
 6 Schroder, Clare 32 SF Tsunami Maste-38 1:17.24  
 7 Heffley, Caitlin 30 Albany Armada Aq-38 1:17.82  
 8 Lutsky, Abby 30 University of Sa-38 1:18.53  
 9 Fischer, Tessa 32 Jellies Aquatic-38 1:18.80

**Women 30-34 200 LC Meter Freestyle**

PAC: 2:10.99 P 6/18/1994 Susan Porter

NATL: 1:58.92 N 8/7/2009 ERIKA ERNDL

WORLD: 2:02.35 W 8/14/2019 N.JUNKRAJANG

2 Hwang, Jenn 30 Walnut Creek Mas-38 2:39.36

**Women 30-34 200 LC Meter Freestyle**

PAC: 2:10.99 P 6/18/1994 Susan Porter

NATL: 1:58.92 N 8/7/2009 ERIKA ERNDL

WORLD: 2:02.35 W 8/14/2019 N.JUNKRAJANG

1 McBride, Elizabeth 32 Marcia's Enthusi-38 2:48.32  
 2 Segal, Chelsea L 32 Marcia's Enthusi-38 3:12.69

**Women 30-34 400 LC Meter Freestyle**

PAC: 4:31.93 P 12/31/1994 Susan Porter

NATL: 4:17.52 N 8/3/2010 DAWN HECKMAN

WORLD: 4:18.63 W 7/16/2011 Dawn HECKMAN

1 Hwang, Jenn 30 Walnut Creek Mas-38 5:45.58  
 2 McBride, Elizabeth 32 Marcia's Enthusi-38 5:58.64  
 3 Segal, Chelsea L 32 Marcia's Enthusi-38 7:05.39

**Women 30-34 800 LC Meter Freestyle**

PAC: 9:07.46 P 12/31/2009 Heidi S George

NATL: 8:46.22 N 5/30/2010 DAWN HECKMAN

WORLD: 8:46.47 W 7/14/2011 Dawn HECKMAN

1 McBride, Elizabeth 32 Marcia's Enthusi-38 12:35.99

**Women 30-34 1500 LC Meter Freestyle**

PAC: 17:11.25 P 12/31/2009 Heidi S George

NATL: 17:07.54 N 4/25/2010 DAWN HECKMAN

WORLD: 17:20.55 W 6/16/2017 Sophie CASSON

1 Thomas, Alexandra 34 Walnut Creek Mas-38 22:50.49

**Women 30-34 50 LC Meter Backstroke**

PAC: 32.21 P 12/31/1986 Kathy Neill

NATL: 28.57 N 7/8/2012 NORIKO INADA

WORLD: 28.57 W 8/7/2012 Noriko INADA

1 Breuer, Lauren 30 Jellies Aquatic-38 30.98P  
 2 Petrakis, Kristina 33 University of Sa-38 39.95  
 3 Schroder, Clare 32 SF Tsunami Maste-38 40.70  
 4 Heffley, Caitlin 30 Albany Armada Aq-38 41.00  
 5 McBride, Elizabeth 32 Marcia's Enthusi-38 43.46  
 --- Greer, Margaret 34 East Bay Bat Ray-38 NS

**Women 30-34 50 LC Meter Backstroke**

PAC: 32.21 P 12/31/1986 Kathy Neill

NATL: 28.57 N 7/8/2012 NORIKO INADA

WORLD: 28.57 W 8/7/2012 Noriko INADA

1 McBride, Elizabeth 32 Marcia's Enthusi-38 42.89

**Women 30-34 100 LC Meter Backstroke**

PAC: 1:03.78 P 12/31/2009 Sarabeth Metzger

NATL: 1:01.78 N 8/6/2011 NORIKO INADA

WORLD: 1:01.78 W 8/6/2011 Noriko INADA

1 Breuer, Lauren 30 Jellies Aquatic-38 1:06.83  
 2 McBride, Elizabeth 32 Marcia's Enthusi-38 1:30.83  
 --- Schallert, Lia 32 University of Sa-38 NS

**Women 30-34 200 LC Meter Backstroke**

PAC: 2:17.61 P 12/31/2009 Sarabeth Metzger

NATL: 2:17.61 N 8/6/2009 SARABETH METZGER

WORLD: 2:17.61 W 8/6/2009 Sarabeth METZGER

1 Breuer, Lauren 30 Jellies Aquatic-38 2:29.62  
 2 Schallert, Lia 32 University of Sa-38 2:57.26  
 3 McBride, Elizabeth 32 Marcia's Enthusi-38 3:16.94  
 4 Heffley, Caitlin 30 Albany Armada Aq-38 3:20.58  
 --- Greer, Margaret 34 East Bay Bat Ray-38 NS

**Women 30-34 50 LC Meter Breaststroke**

PAC: 34.84 P 8/3/2018 Kathleen E McGraw

NATL: 31.76 N 7/17/2021 DANIELLE HERRMANN

WORLD: 32.22 W 9/3/2013 Nicole HEIDEMANN

1 Breuer, Lauren 30 Jellies Aquatic-38 36.84  
 2 Hwang, Jenn 30 Walnut Creek Mas-38 41.78  
 3 Versfeld, Rizmari 33 University of Sa-38 44.46

**Women 30-34 100 LC Meter Breaststroke**

PAC: 1:16.71 P 8/5/2017 Katy Houston

NATL: 1:10.18 N 6/12/2021 DANIELLE HERRMANN

WORLD: 1:10.10 W 10/3/2009 Hitomi MATSUDA

1 Hwang, Jenn 30 Walnut Creek Mas-38 1:33.22  
 2 Versfeld, Rizmari 33 University of Sa-38 1:41.40  
 3 Lutsky, Abby 30 University of Sa-38 1:43.88  
 4 Heffley, Caitlin 30 Albany Armada Aq-38 1:54.35

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**Women 30-34 200 LC Meter Breaststroke**

PAC: 2:43.26 P 4/27/2017 Katy Houston  
 NATL: 2:38.90 N 7/23/2017 MARISSA CLAPP  
 WORLD: 2:28.93 W 10/17/2009 Hitomi MATSUDA

--- Schallert, Lia 32 University of Sa-38 NS

**Women 30-34 50 LC Meter Butterfly**

PAC: 29.27 P 3/8/2020 Marie A Ballenger  
 NATL: 27.48 N 6/7/2008 MARTINA MORAVCOVA  
 WORLD: 27.48 W 6/7/2008 Martina MORAVCOVA

1 Breuer, Lauren 30 Jellies Aquatic-38 31.41  
 2 Hwang, Jenn 30 Walnut Creek Mas-38 34.14  
 3 Hamill, Ariel 32 University of Sa-38 34.96  
 4 Versfeld, Rizmari 33 University of Sa-38 36.27

**Women 30-34 100 LC Meter Butterfly**

PAC: 1:04.67 P 12/31/2009 Sarabeth Metzger  
 NATL: 58.81 N 6/7/2008 MARTINA MORAVCOVA  
 WORLD: 58.81 W 6/7/2008 Martina MORAVCOVA

1 Petrakis, Danae 30 University of Sa-38 1:12.54  
 2 Schallert, Lia 32 University of Sa-38 1:16.93  
 --- Fischer, Tessa 32 Jellies Aquatic-38 NS

**Women 30-34 200 LC Meter IM**

PAC: 2:23.50 P 12/31/2009 Sarabeth Metzger  
 NATL: 2:13.72 N 8/8/2009 ERIKA ERNDL  
 WORLD: 2:13.89 W 7/7/2009 Erika ERNDL

1 Hwang, Jenn 30 Walnut Creek Mas-38 2:55.12  
 --- Schallert, Lia 32 University of Sa-38 NS

**Women 30-34 400 LC Meter IM**

PAC: 5:13.97 P 12/31/1994 Susan Porter  
 NATL: 4:47.06 N 6/29/2008 ERIKA ERNDL  
 WORLD: 4:56.08 W 11/8/2009 Hitomi MATSUDA

1 Schallert, Lia 32 University of Sa-38 6:11.16  
 2 Thomas, Alexandra 34 Walnut Creek Mas-38 6:39.44

**Women 35-39 50 LC Meter Freestyle**

PAC: 26.89 P 12/31/1993 Sandy Neilson-Bel  
 NATL: 25.52 N 6/29/2013 ERIKA ERNDL  
 WORLD: 25.98 W 8/8/2006 Dara TORRES

1 Tempels, Wendy 37 Stanford Masters-38 29.95  
 2 Chien, Regina 36 Marcia's Enthusi-38 40.20  
 3 Pinkston, Crystal 37 Marin Aquatic Ma-38 41.78

**Women 35-39 100 LC Meter Freestyle**

PAC: 1:00.31 P 12/31/2002 Lauren K Welting  
 NATL: 55.17 N 6/25/2013 ERIKA ERNDL  
 WORLD: 58.09 W 7/9/2016 Erika ERNDL

1 Allen, Robyn 37 Stanford Masters-38 1:09.34  
 2 Rempe, Rachel 39 Marin Aquatic Ma-38 1:13.87  
 3 Pinkston, Crystal 37 Marin Aquatic Ma-38 1:30.59  
 --- Buford, Mary 38 Sacramento Maste-38 NS

**Women 35-39 200 LC Meter Freestyle**

PAC: 2:10.28 P 12/31/1999 Jill S Hernandez  
 NATL: 2:00.04 N 6/26/2013 ERIKA ERNDL  
 WORLD: 2:05.97 W 7/9/2016 Erika ERNDL

1 Tempels, Wendy 37 Stanford Masters-38 2:25.85  
 2 Burton, Sarah 35 Rolling Hills Mu-38 3:02.25  
 3 Pinkston, Crystal 37 Marin Aquatic Ma-38 3:25.71

**Women 35-39 400 LC Meter Freestyle**

PAC: 4:37.34 P 12/31/1999 Jill S Hernandez  
 NATL: 4:16.19 N 6/1/2012 DAWN HECKMAN  
 WORLD: 4:26.17 W 8/10/1997 K.PIPES-NEILSEN

1 Burton, Sarah 35 Rolling Hills Mu-38 6:37.22  
 2 Pinkston, Crystal 37 Marin Aquatic Ma-38 7:18.07

**Women 35-39 800 LC Meter Freestyle**

PAC: 9:29.55 P 12/31/1999 Jill S Hernandez  
 NATL: 8:47.28 N 6/3/2012 DAWN HECKMAN  
 WORLD: 9:08.47 W 11/18/2012 Kirsten CAMERON

1 Burton, Sarah 35 Rolling Hills Mu-38 13:17.39

**Women 35-39 1500 LC Meter Freestyle**

PAC: 17:17.22 P 8/6/2015 Heidi S George  
 NATL: 17:17.22 N 8/6/2015 HEIDI GEORGE  
 WORLD: 17:17.22 W 8/6/2015 Heidi GEORGE

1 Rempe, Rachel 39 Marin Aquatic Ma-38 23:14.26

**Women 35-39 50 LC Meter Backstroke**

PAC: 31.71 P 12/31/2008 Jody Smith  
 NATL: 28.63 N 8/18/2016 NORIKO INADA  
 WORLD: 28.63 W 8/18/2016 Noriko INADA

1 Allen, Robyn 37 Stanford Masters-38 38.06  
 2 Buford, Mary 38 Sacramento Maste-38 41.31  
 3 Rempe, Rachel 39 Marin Aquatic Ma-38 42.15  
 4 Chien, Regina 36 Marcia's Enthusi-38 46.88  
 --- Louderback, Kelsey 39 Marin Aquatic Ma-38 NS

**Women 35-39 100 LC Meter Backstroke**

PAC: 1:06.91 P 12/31/2008 Jody Smith  
 NATL: 1:01.75 N 8/19/2017 NORIKO INADA  
 WORLD: 1:01.75 W 8/19/2017 Noriko INADA

1 Sketchley, Jennifer 35 Temescal Aquatic-38 1:32.36

**Women 35-39 200 LC Meter Backstroke**

PAC: 2:22.07 P 12/31/2008 Jody Smith  
 NATL: 2:18.20 N 8/10/1997 K PIPES-NEILSEN  
 WORLD: 2:18.20 W 8/10/1997 K.PIPES-NEILSEN

1 Allen, Robyn 37 Stanford Masters-38 2:58.42  
 2 Buford, Mary 38 Sacramento Maste-38 3:18.63  
 3 Chien, Regina 36 Marcia's Enthusi-38 3:55.45

**Women 35-39 50 LC Meter Breaststroke**

PAC: 31.88 P 4/2/2022 Danielle M Herrma  
 NATL: 31.06 N 4/28/2022 DANIELLE HERRMANN  
 WORLD: 31.88 W 4/2/2022 Danielle HERRMANN

1 Tempels, Wendy 37 Stanford Masters-38 37.97  
 2 Louderback, Kelsey 39 Marin Aquatic Ma-38 45.81  
 3 Pinkston, Crystal 37 Marin Aquatic Ma-38 1:01.82

**Women 35-39 100 LC Meter Breaststroke**

PAC: 1:12.34 P 8/7/2013 Katie Glenn  
 NATL: 1:10.10 N 4/29/2022 DANIELLE HERRMANN  
 WORLD: 1:12.34 W 8/8/2013 Katie GLENN

1 Tempels, Wendy 37 Stanford Masters-38 1:23.13  
 2 Allen, Robyn 37 Stanford Masters-38 2:00.56  
 3 Pinkston, Crystal 37 Marin Aquatic Ma-38 2:08.80

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**Women 35-39 50 LC Meter Butterfly**

PAC: 29.24 P 4/3/2022 Danielle M Herrma  
 NATL: 27.46 N 8/5/2014 NORIKO INADA  
 WORLD: 27.46 W 8/5/2014 Noriko INADA

1 Burton, Sarah 35 Rolling Hills Mu-38 40.64

**Women 35-39 100 LC Meter Butterfly**

PAC: 1:06.19 P 12/31/1989 Laura B Val  
 NATL: 59.52 N 6/27/2013 ERIKA ERNDL  
 WORLD: 1:02.44 W 3/19/2009 Lynne HAYES

1 Tempels, Wendy 37 Stanford Masters-38 1:12.40  
 2 Rempe, Rachel 39 Marin Aquatic Ma-38 1:24.80  
 3 Buford, Mary 38 Sacramento Maste-38 1:32.46  
 4 Burton, Sarah 35 Rolling Hills Mu-38 1:33.50  
 5 Chien, Regina 36 Marcia's Enthusi-38 1:58.21

**Women 35-39 200 LC Meter Butterfly**

PAC: 2:26.38 P 12/31/1989 Laura B Val  
 NATL: 2:20.21 N 8/10/1997 K PIPES-NEILSEN  
 WORLD: 2:20.21 W 8/10/1997 K.PIPES-NEILSEN

1 Tempels, Wendy 37 Stanford Masters-38 2:37.51

**Women 35-39 200 LC Meter IM**

PAC: 2:29.30 P 12/31/1989 Jill S Hernandez  
 NATL: 2:22.42 N 7/19/1997 K PIPES-NEILSEN  
 WORLD: 2:21.47 W 1/14/2012 Hitomi MATSUDA

1 Sketchley, Jennifer 35 Temescal Aquatic-38 3:24.77  
 2 Burton, Sarah 35 Rolling Hills Mu-38 3:26.39

**Women 35-39 400 LC Meter IM**

PAC: 5:18.43 P 12/31/1989 Jill S Hernandez  
 NATL: 5:02.67 N 8/15/1998 K PIPES-NEILSEN  
 WORLD: 4:59.59 W 6/16/2012 Hitomi MATSUDA

1 Chien, Regina 36 Marcia's Enthusi-38 8:28.13

**Women 40-44 50 LC Meter Freestyle**

PAC: 28.05 P 12/31/1992 Laura B Val  
 NATL: 24.25 N 7/6/2008 DARA TORRES  
 WORLD: 26.44 W 11/7/2009 Edith OTTERMANN

1 Richards, Ericka 44 Santa Rosa Maste-38 29.09  
 2 Nehrebecki, Helene 42 Davis Aquatic Ma-38 31.66  
 3 Castelein, Christina C 42 University of Sa-38 34.62  
 4 Stankov-Hodge, Marina 42 Marcia's Enthusi-38 43.59  
 --- Wetherbee, Kel 43 Spare Time Ameri-38 NS

**Women 40-44 100 LC Meter Freestyle**

PAC: 1:00.68 P 7/24/2016 Katie Glenn  
 NATL: 53.78 N 7/4/2008 DARA TORRES  
 WORLD: 58.04 W 6/8/2013 Erika BRAUN

1 Richards, Ericka 44 Santa Rosa Maste-38 1:05.53  
 2 Castelein, Christina C 42 University of Sa-38 1:18.38

**Women 40-44 200 LC Meter Freestyle**

PAC: 2:10.47 P 8/18/2016 Katie Glenn  
 NATL: 2:09.00 N 5/25/2003 K PIPES-NEILSEN  
 WORLD: 2:09.28 W 8/15/2005 K.PIPES-NEILSEN

1 Schley, Kelly 43 Marcia's Enthusi-38 3:03.09  
 2 Stankov-Hodge, Marina 42 Marcia's Enthusi-38 3:46.90

**Women 40-44 200 LC Meter Freestyle**

PAC: 2:10.47 P 8/18/2016 Katie Glenn  
 NATL: 2:09.00 N 5/25/2003 K PIPES-NEILSEN  
 WORLD: 2:09.28 W 8/15/2005 K.PIPES-NEILSEN

\*1 Richards, Ericka 44 Santa Rosa Maste-38 2:28.03  
 \*1 Nehrebecki, Helene 42 Davis Aquatic Ma-38 2:36.01  
 2 Flynn, Elizabeth 43 Marcia's Enthusi-38 3:04.78

**Women 40-44 400 LC Meter Freestyle**

PAC: 4:34.33 P 12/31/2006 Susan H Preston  
 NATL: 4:22.87 N 8/13/2011 JANET EVANS  
 WORLD: 4:22.87 W 8/13/2011 Janet EVANS

1 Richards, Ericka 44 Santa Rosa Maste-38 5:15.04  
 2 Sitzmann, Amy 42 Tri Valley Maste-38 6:07.58  
 3 Stankov-Hodge, Marina 42 Marcia's Enthusi-38 7:58.22

**Women 40-44 400 LC Meter Freestyle**

PAC: 4:34.33 P 12/31/2006 Susan H Preston  
 NATL: 4:22.87 N 8/13/2011 JANET EVANS  
 WORLD: 4:22.87 W 8/13/2011 Janet EVANS

1 Nehrebecki, Helene 42 Davis Aquatic Ma-38 5:47.39

**Women 40-44 800 LC Meter Freestyle**

PAC: 9:18.17 P 7/11/2019 Heidi S George  
 NATL: 8:59.06 N 6/11/2011 JANET EVANS  
 WORLD: 8:59.06 W 6/11/2011 Janet EVANS

1 Nehrebecki, Helene 42 Davis Aquatic Ma-38 11:33.49  
 2 McCullough, Juliette 41 Rolling Hills Mu-38 14:31.12

**Women 40-44 1500 LC Meter Freestyle**

PAC: 17:29.43 P 6/30/2017 Heidi S George  
 NATL: 17:17.59 N 4/30/2017 HEIDI GEORGE  
 WORLD: 17:29.43 W 6/30/2017 Heidi GEORGE

1 Nehrebecki, Helene 42 Davis Aquatic Ma-38 22:14.89  
 2 Flynn, Elizabeth 43 Marcia's Enthusi-38 24:48.42  
 3 Stankov-Hodge, Marina 42 Marcia's Enthusi-38 31:39.47

**Women 40-44 50 LC Meter Backstroke**

PAC: 31.63 P 12/31/2009 Jody Smith  
 NATL: 29.62 N 8/2/2018 NORIKO INADA  
 WORLD: 29.62 W 8/2/2018 Noriko INADA

1 Stankov-Hodge, Marina 42 Marcia's Enthusi-38 56.57  
 --- Wetherbee, Kel 43 Spare Time Ameri-38 NS

**Women 40-44 100 LC Meter Backstroke**

PAC: 1:07.21 P 12/31/2009 Jody Smith  
 NATL: 1:04.70 N 7/31/2018 NORIKO INADA  
 WORLD: 1:04.70 W 7/31/2018 Noriko INADA

1 Richards, Ericka 44 Santa Rosa Maste-38 1:21.66  
 --- Sitzmann, Amy 42 Tri Valley Maste-38 DQ

**Women 40-44 200 LC Meter Backstroke**

PAC: 2:23.18 P 12/31/2009 Jody Smith  
 NATL: 2:23.18 N 8/6/2009 JODY SMITH  
 WORLD: 2:23.18 W 8/6/2009 Jody SMITH

1 Sitzmann, Amy 42 Tri Valley Maste-38 3:24.99

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**Women 40-44 50 LC Meter Breaststroke**

<b>PAC:</b>	32.47 P 8/19/2016	<b>Katie Glenn</b>	
<b>NATL:</b>	32.47 N 8/19/2016	<b>KATIE GLENN</b>	
<b>WORLD:</b>	32.47 W 8/19/2016	<b>Katie GLENN</b>	
1	Richards, Ericka	44 Santa Rosa Maste-38	40.15
---	Wetherbee, Kel	43 Spare Time Ameri-38	NS

**Women 40-44 100 LC Meter Breaststroke**

<b>PAC:</b>	1:13.57 P 8/18/2016	<b>Katie Glenn</b>	
<b>NATL:</b>	1:12.12 N 6/30/2008	<b>S VON DER LIPPE</b>	
<b>WORLD:</b>	1:12.29 W 3/12/2022	<b>Nicole HEIDEMANN</b>	
1	Nehrebecki, Helene	42 Davis Aquatic Ma-38	1:31.02
2	Castelein, Christina C	42 University of Sa-38	1:42.02
3	McCullough, Juliette	41 Rolling Hills Mu-38	1:54.58

**Women 40-44 200 LC Meter Breaststroke**

<b>PAC:</b>	2:47.92 P 7/24/2016	<b>Katie Glenn</b>	
<b>NATL:</b>	2:38.44 N 8/9/2006	<b>S VON DER LIPPE</b>	
<b>WORLD:</b>	2:38.44 W 8/9/2006	<b>S.VON DER LIPPE</b>	
1	McCullough, Juliette	41 Rolling Hills Mu-38	4:05.06

**Women 40-44 50 LC Meter Butterfly**

<b>PAC:</b>	29.89 P 12/31/1994	<b>Laura B Val</b>	
<b>NATL:</b>	28.36 N 6/8/2013	<b>ERIKA BRAUN</b>	
<b>WORLD:</b>	28.36 W 6/8/2013	<b>Erika BRAUN</b>	
1	Richards, Ericka	44 Santa Rosa Maste-38	33.14
2	McCullough, Juliette	41 Rolling Hills Mu-38	41.29
3	Schley, Kelly	43 Marcia's Enthusi-38	42.89
4	Stankov-Hodge, Marina	42 Marcia's Enthusi-38	57.02

**Women 40-44 100 LC Meter Butterfly**

<b>PAC:</b>	1:06.27 P 12/31/1992	<b>Laura B Val</b>	
<b>NATL:</b>	1:02.47 N 6/29/2008	<b>S VON DER LIPPE</b>	
<b>WORLD:</b>	1:03.36 W 5/23/2009	<b>S.VON DER LIPPE</b>	
1	Richards, Ericka	44 Santa Rosa Maste-38	1:21.71
2	McCullough, Juliette	41 Rolling Hills Mu-38	1:52.79

**Women 40-44 200 LC Meter Butterfly**

<b>PAC:</b>	2:25.15 P 12/31/2006	<b>Susan H Preston</b>	
<b>NATL:</b>	2:24.77 N 8/17/2003	<b>K PIPES-NEILSEN</b>	
<b>WORLD:</b>	2:24.78 W 7/23/2006	<b>S.VON DER LIPPE</b>	
1	McCullough, Juliette	41 Rolling Hills Mu-38	4:05.38

**Women 40-44 200 LC Meter IM**

<b>PAC:</b>	2:30.96 P 12/31/2000	<b>Jill S Hernandez</b>	
<b>NATL:</b>	2:25.03 N 8/5/2007	<b>S VON DER LIPPE</b>	
<b>WORLD:</b>	2:25.03 W 8/5/2007	<b>S.VON DER LIPPE</b>	
1	Schley, Kelly	43 Marcia's Enthusi-38	3:30.66
2	McCullough, Juliette	41 Rolling Hills Mu-38	3:38.84

**Women 40-44 400 LC Meter IM**

<b>PAC:</b>	5:21.32 P 12/31/2000	<b>Jill S Hernandez</b>	
<b>NATL:</b>	5:09.83 N 8/1/2004	<b>K PIPES-NEILSEN</b>	
<b>WORLD:</b>	5:09.83 W 8/1/2004	<b>K.PIPES-NEILSEN</b>	
1	Nehrebecki, Helene	42 Davis Aquatic Ma-38	6:13.84
2	Flynn, Elizabeth	43 Marcia's Enthusi-38	6:47.33

**Women 45-49 50 LC Meter Freestyle**

<b>PAC:</b>	28.56 P 12/31/2006	<b>Suzanne M Heim-Bo</b>	
<b>NATL:</b>	27.09 N 8/5/2017	<b>THOMAS\BRAUN</b>	
<b>WORLD:</b>	26.59 W 3/16/2011	<b>Edith OTTERMANN</b>	
1	Towey, Rachel	48 Rolling Hills Mu-38	34.83
2	Davis, Taylor	46 University of Sa-38	36.52
3	Ongerth, Ann Michelle	48 Walnut Creek Mas-38	37.43

**Women 45-49 100 LC Meter Freestyle**

<b>PAC:</b>	1:02.11 P 12/31/2003	<b>Suzanne M Heim-Bo</b>	
<b>NATL:</b>	57.40 N 8/8/2015	<b>MELANIE THOMAS</b>	
<b>WORLD:</b>	57.40 W 8/8/2015	<b>Melanie THOMAS</b>	
1	Towey, Rachel	48 Rolling Hills Mu-38	1:18.59
2	Davis, Taylor	46 University of Sa-38	1:20.36
3	Ongerth, Ann Michelle	48 Walnut Creek Mas-38	1:30.51
---	Spott, Rachel Farrah	46 University of Sa-38	NS

**Women 45-49 200 LC Meter Freestyle**

<b>PAC:</b>	2:12.57 P 8/8/2021	<b>Heidi S George</b>	
<b>NATL:</b>	2:10.09 N 6/13/2009	<b>K PIPES-NEILSEN</b>	
<b>WORLD:</b>	2:10.09 W 6/13/2009	<b>K.PIPES-NEILSEN</b>	
1	McClafferty, Christine	49 Oregon Masters-37	2:31.52
2	Belluomini, Melanie	45 Davis Aquatic Ma-38	3:02.44
3	Ongerth, Ann Michelle	48 Walnut Creek Mas-38	3:21.28

**Women 45-49 400 LC Meter Freestyle**

<b>PAC:</b>	4:31.95 P 8/7/2021	<b>Heidi S George</b>	
<b>NATL:</b>	4:31.95 N 8/7/2021	<b>HEIDI GEORGE</b>	
<b>WORLD:</b>	4:31.95 W 8/7/2021	<b>Heidi GEORGE</b>	
1	McClafferty, Christine	49 Oregon Masters-37	5:16.74

**Women 45-49 800 LC Meter Freestyle**

<b>PAC:</b>	9:11.47 P 6/27/2021	<b>Heidi S George</b>	
<b>NATL:</b>	9:11.47 N 6/27/2021	<b>HEIDI GEORGE</b>	
<b>WORLD:</b>	9:11.47 W 6/27/2021	<b>Heidi GEORGE</b>	
1	McClafferty, Christine	49 Oregon Masters-37	10:52.18

**Women 45-49 50 LC Meter Backstroke**

<b>PAC:</b>	32.93 P 12/31/1997	<b>Laura B Val</b>	
<b>NATL:</b>	31.71 N 7/7/2012	<b>JENKINS\REYNOLDS\</b>	
<b>WORLD:</b>	31.02 W 8/18/2016	<b>Cindy MABEE</b>	
1	Towey, Rachel	48 Rolling Hills Mu-38	46.43

**Women 45-49 200 LC Meter Backstroke**

<b>PAC:</b>	2:31.93 P 12/31/2009	<b>Lisa A Ward</b>	
<b>NATL:</b>	2:26.06 N 5/22/2009	<b>K PIPES-NEILSEN</b>	
<b>WORLD:</b>	2:24.06 W 5/28/2016	<b>Joanna CORBEN</b>	
1	McClafferty, Christine	49 Oregon Masters-37	2:57.62

**Women 45-49 50 LC Meter Breaststroke**

<b>PAC:</b>	36.97 P 12/31/1994	<b>Susan Roy</b>	
<b>NATL:</b>	33.66 N 7/17/2010	<b>S VON DER LIPPE</b>	
<b>WORLD:</b>	33.56 W 8/20/2017	<b>Linley FRAME</b>	
1	McClafferty, Christine	49 Oregon Masters-37	40.79
2	Towey, Rachel	48 Rolling Hills Mu-38	48.65
3	Davis, Taylor	46 University of Sa-38	49.84
4	Ongerth, Ann Michelle	48 Walnut Creek Mas-38	51.18
5	Aracic, Elizabeth	45 UC38	57.89
---	Smith, Carrie	46 Spare Time Ameri-38	NS
---	Spott, Rachel Farrah	46 University of Sa-38	NS

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**Women 45-49 100 LC Meter Breaststroke**

<b>PAC:</b>	1:21.30 P 12/31/2009	Lisa A Ward	
<b>NATL:</b>	1:14.41 N 7/17/2010	S VON DER LIPPE	
<b>WORLD:</b>	1:13.49 W 9/17/2009	Marzena KULIS	
1	Davis, Taylor	46 University of Sa-38	1:50.41
---	Spott, Rachel Farrah	46 University of Sa-38	NS
---	Smith, Carrie	46 Spare Time Ameri-38	NS

**Women 45-49 200 LC Meter Breaststroke**

<b>PAC:</b>	2:59.80 P 12/31/2009	Lisa A Ward	
<b>NATL:</b>	2:45.20 N 8/5/2007	CAROLINE KRATTLI	
<b>WORLD:</b>	2:43.73 W 3/15/2013	H.MORRIS-EYTON	
1	Aracic, Elizabeth	45 UC38	4:21.70
---	Spott, Rachel Farrah	46 University of Sa-38	NS

**Women 45-49 50 LC Meter Butterfly**

<b>PAC:</b>	30.01 P 12/31/2009	Lisa A Ward	
<b>NATL:</b>	28.40 N 8/5/2017	ERIKA BRAUN	
<b>WORLD:</b>	28.40 W 8/5/2017	Erika BRAUN	
1	Belluomini, Melanie	45 Davis Aquatic Ma-38	37.44
2	Towey, Rachel	48 Rolling Hills Mu-38	39.75
3	Ongerth, Ann Michelle	48 Walnut Creek Mas-38	43.34
4	Davis, Taylor	46 University of Sa-38	47.27
5	Aracic, Elizabeth	45 UC38	52.95
---	Smith, Carrie	46 Spare Time Ameri-38	NS

**Women 45-49 100 LC Meter Butterfly**

<b>PAC:</b>	1:07.30 P 12/31/2005	Jill S Hernandez	
<b>NATL:</b>	1:04.96 N 8/6/2014	WENKE SEIDER	
<b>WORLD:</b>	1:04.96 W 8/6/2014	Wenke SEIDER	
1	Mcclafferty, Christine	49 Oregon Masters-37	1:12.39
2	Ongerth, Ann Michelle	48 Walnut Creek Mas-38	1:43.71
3	Davis, Taylor	46 University of Sa-38	1:54.39
---	Smith, Carrie	46 Spare Time Ameri-38	NS

**Women 45-49 200 LC Meter Butterfly**

<b>PAC:</b>	2:31.37 P 12/31/1998	Laura B Val	
<b>NATL:</b>	2:24.34 N 6/20/2009	K PIPES-NEILSEN	
<b>WORLD:</b>	2:24.34 W 6/20/2009	K.PIPES-NEILSEN	
1	Ongerth, Ann Michelle	48 Walnut Creek Mas-38	3:57.07

**Women 45-49 200 LC Meter IM**

<b>PAC:</b>	2:32.46 P 12/31/2005	Jill S Hernandez	
<b>NATL:</b>	2:27.57 N 8/16/2008	K PIPES-NEILSEN	
<b>WORLD:</b>	2:27.57 W 8/16/2008	K.PIPES-NEILSEN	
1	Belluomini, Melanie	45 Davis Aquatic Ma-38	3:16.44
2	Aracic, Elizabeth	45 UC38	4:18.19
---	Smith, Carrie	46 Spare Time Ameri-38	NS

**Women 45-49 400 LC Meter IM**

<b>PAC:</b>	5:27.67 P 12/31/2005	Jill S Hernandez	
<b>NATL:</b>	5:13.85 N 9/5/2008	K PIPES-NEILSEN	
<b>WORLD:</b>	5:13.85 W 9/5/2008	K.PIPES-NEILSEN	
1	Mcclafferty, Christine	49 Oregon Masters-37	5:55.09
2	Belluomini, Melanie	45 Davis Aquatic Ma-38	6:51.09

**Women 50-54 50 LC Meter Freestyle**

<b>PAC:</b>	28.22 P 12/31/2001	Laura B Val	
<b>NATL:</b>	27.50 N 6/11/2022	ERIKA BRAUN	
<b>WORLD:</b>	27.09 W 6/28/2015	M.Therese FUZZATI	
1	Shu, Vicki	54 Marcia's Enthusi-38	34.28

**Women 50-54 50 LC Meter Freestyle**

<b>PAC:</b>	28.22 P 12/31/2001	Laura B Val	
<b>NATL:</b>	27.50 N 6/11/2022	ERIKA BRAUN	
<b>WORLD:</b>	27.09 W 6/28/2015	M.Therese FUZZATI	
1	Martell, Beth	50 Oregon Masters-37	30.55
2	Lugassy, Heather	52 Tamalpais Aquati-38	33.45
3	Nelson, Sheila	54 Santa Rosa Maste-38	34.83
4	Nicolescu, Andreea	50 Tamalpais Aquati-38	35.44

**Women 50-54 100 LC Meter Freestyle**

<b>PAC:</b>	1:01.13 P 12/31/2001	Laura B Val	
<b>NATL:</b>	1:00.84 N 6/11/2022	ERIKA BRAUN	
<b>WORLD:</b>	1:00.42 W 6/27/2015	M.Therese FUZZATI	
1	Lugassy, Heather	52 Tamalpais Aquati-38	1:16.13
2	Nelson, Sheila	54 Santa Rosa Maste-38	1:16.48

**Women 50-54 200 LC Meter Freestyle**

<b>PAC:</b>	2:13.18 P 8/7/2013	Jill S Hernandez	
<b>NATL:</b>	2:13.18 N 8/8/2013	JILL HERNANDEZ	
<b>WORLD:</b>	2:13.18 W 8/8/2013	Jill HERNANDEZ	
1	Nelson, Sheila	54 Santa Rosa Maste-38	2:49.12
2	Goldberg, Michelle	54 Davis Aquatic Ma-38	2:53.40
3	Cox, Juliet	54 Manatee Aquatic-38	2:57.26

**Women 50-54 400 LC Meter Freestyle**

<b>PAC:</b>	4:40.66 P 8/7/2013	Jill S Hernandez	
<b>NATL:</b>	4:40.66 N 8/11/2013	JILL HERNANDEZ	
<b>WORLD:</b>	4:40.66 W 8/11/2013	Jill HERNANDEZ	
1	Zamanian, Alison	52 Walnut Creek Mas-38	4:49.10

**Women 50-54 400 LC Meter Freestyle**

<b>PAC:</b>	4:40.66 P 8/7/2013	Jill S Hernandez	
<b>NATL:</b>	4:40.66 N 8/11/2013	JILL HERNANDEZ	
<b>WORLD:</b>	4:40.66 W 8/11/2013	Jill HERNANDEZ	
1	Zamanian, Alison	52 Walnut Creek Mas-38	4:41.31
2	Sondag, Lynn	54 Tamalpais Aquati-38	5:51.57
3	Goldberg, Michelle	54 Davis Aquatic Ma-38	6:02.72
4	Cox, Juliet	54 Manatee Aquatic-38	6:06.89

**Women 50-54 800 LC Meter Freestyle**

<b>PAC:</b>	9:34.12 P 7/23/2016	Susan H Preston	
<b>NATL:</b>	9:34.12 N 7/23/2016	SUSAN PRESTON	
<b>WORLD:</b>	9:34.12 W 7/23/2016	Susan PRESTON	
1	Zamanian, Alison	52 Walnut Creek Mas-38	9:42.10
2	Kinder, Stephanie	52 Davis Aquatic Ma-38	11:45.67
3	Sondag, Lynn	54 Tamalpais Aquati-38	12:02.57

**Women 50-54 800 LC Meter Freestyle**

<b>PAC:</b>	9:34.12 P 7/23/2016	Susan H Preston	
<b>NATL:</b>	9:34.12 N 7/23/2016	SUSAN PRESTON	
<b>WORLD:</b>	9:34.12 W 7/23/2016	Susan PRESTON	
1	Zamanian, Alison	52 Walnut Creek Mas-38	9:42.97

**Women 50-54 1500 LC Meter Freestyle**

<b>PAC:</b>	18:32.76 P 12/31/2008	Suzanne M Heim-Bo	
<b>NATL:</b>	18:32.76 N 8/14/2008	S HEIM-BOWEN	
<b>WORLD:</b>	18:29.28 W 3/13/2011	Lynn MARSHALL	
1	Zamanian, Alison	52 Walnut Creek Mas-38	18:15.80W
2	Kinder, Stephanie	52 Davis Aquatic Ma-38	22:12.41
3	Santilhano, Michele	52 Menlo Masters-38	29:52.61

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**Women 50-54 50 LC Meter Backstroke**

<b>PAC:</b>	<b>33.45 P 12/31/2009</b>	<b>Bonnie M Bilich</b>	
<b>NATL:</b>	<b>32.41 N 6/22/2013</b>	<b>LESLIE LIVINGSTON</b>	
<b>WORLD:</b>	<b>31.59 W 7/6/2019</b>	<b>Cindy MABEE</b>	
1	Lane, Tanya	51 Fresno Dolphins-38	34.01
2	Zamanian, Alison	52 Walnut Creek Mas-38	34.55
3	Martell, Beth	50 Oregon Masters-37	36.05
4	Nicolescu, Andreea	50 Tamalpais Aquati-38	40.51
5	Kinder, Stephanie	52 Davis Aquatic Ma-38	41.11
6	Jones, Sara	54 Santa Rosa Maste-38	41.29
7	Shu, Vicki	54 Marcia's Enthusi-38	43.40

**Women 50-54 100 LC Meter Backstroke**

<b>PAC:</b>	<b>1:13.76 P 12/31/2009</b>	<b>Bonnie M Bilich</b>	
<b>NATL:</b>	<b>1:09.28 N 8/8/2014</b>	<b>ELLEN REYNOLDS</b>	
<b>WORLD:</b>	<b>1:08.16 W 3/1/2020</b>	<b>Joanna CORBEN</b>	
1	Lane, Tanya	51 Fresno Dolphins-38	1:14.63
2	Martell, Beth	50 Oregon Masters-37	1:16.94
3	Garforth, Emma	54 Davis Aquatic Ma-38	1:24.91
4	Jones, Sara	54 Santa Rosa Maste-38	1:27.88
5	Cox, Juliet	54 Manatee Aquatic-38	1:32.26
6	Nelson, Sheila	54 Santa Rosa Maste-38	1:35.87
---	Nicolescu, Andreea	50 Tamalpais Aquati-38	NS

**Women 50-54 200 LC Meter Backstroke**

<b>PAC:</b>	<b>2:39.40 P 12/31/2009</b>	<b>Bonnie M Bilich</b>	
<b>NATL:</b>	<b>2:26.64 N 8/4/2014</b>	<b>ELLEN REYNOLDS</b>	
<b>WORLD:</b>	<b>2:26.64 W 8/4/2014</b>	<b>Ellen REYNOLDS</b>	
1	Zamanian, Alison	52 Walnut Creek Mas-38	2:36.60P
2	Martell, Beth	50 Oregon Masters-37	2:49.84
3	Garforth, Emma	54 Davis Aquatic Ma-38	2:59.93
4	Jones, Sara	54 Santa Rosa Maste-38	3:06.53
---	Lane, Tanya	51 Fresno Dolphins-38	NS

**Women 50-54 50 LC Meter Breaststroke**

<b>PAC:</b>	<b>37.81 P 10/10/2021</b>	<b>Tanya N Lane</b>	
<b>NATL:</b>	<b>36.94 N 8/9/2019</b>	<b>LAUREL HILL</b>	
<b>WORLD:</b>	<b>34.18 W 6/13/2012</b>	<b>Monica CORO</b>	
1	Lane, Tanya	51 Fresno Dolphins-38	38.42
2	Martell, Beth	50 Oregon Masters-37	42.76
3	Garforth, Emma	54 Davis Aquatic Ma-38	43.22
4	Goldberg, Michelle	54 Davis Aquatic Ma-38	46.06
5	Nelson, Sheila	54 Santa Rosa Maste-38	46.51
6	Jones, Sara	54 Santa Rosa Maste-38	47.85
7	Voight, Tina	53 Marcia's Enthusi-38	49.78

**Women 50-54 100 LC Meter Breaststroke**

<b>PAC:</b>	<b>1:23.72 P 10/8/2021</b>	<b>Tanya N Lane</b>	
<b>NATL:</b>	<b>1:22.23 N 8/4/2014</b>	<b>CORRIN POPPS</b>	
<b>WORLD:</b>	<b>1:15.50 W 6/11/2012</b>	<b>Monica CORO</b>	
1	Lane, Tanya	51 Fresno Dolphins-38	1:24.69
2	Garforth, Emma	54 Davis Aquatic Ma-38	1:33.48
3	Nelson, Sheila	54 Santa Rosa Maste-38	1:42.07
*4	Shu, Vicki	54 Marcia's Enthusi-38	1:50.43
*4	Kinder, Stephanie	52 Davis Aquatic Ma-38	1:50.43

**Women 50-54 200 LC Meter Breaststroke**

<b>PAC:</b>	<b>3:05.00 P 8/10/2013</b>	<b>TLane&amp;SWeiss</b>	
<b>NATL:</b>	<b>2:54.00 N 8/6/2016</b>	<b>ELLEN REYNOLDS</b>	
<b>WORLD:</b>	<b>2:48.36 W 3/6/2022</b>	<b>Helen GORMAN</b>	
1	Garforth, Emma	54 Davis Aquatic Ma-38	3:22.00

**Women 50-54 50 LC Meter Butterfly**

<b>PAC:</b>	<b>30.72 P 12/31/2001</b>	<b>Laura B Val</b>	
<b>NATL:</b>	<b>29.53 N 6/11/2022</b>	<b>ERIKA BRAUN</b>	
<b>WORLD:</b>	<b>29.82 W 7/24/2016</b>	<b>Susan WILLIAMS</b>	
1	Shu, Vicki	54 Marcia's Enthusi-38	36.96
2	Goldberg, Michelle	54 Davis Aquatic Ma-38	39.09
3	Peroni, Diana	50 Marin Aquatic Ma-38	39.13
4	Voight, Tina	53 Marcia's Enthusi-38	44.11

**Women 50-54 100 LC Meter Butterfly**

<b>PAC:</b>	<b>1:07.80 P 12/31/2011</b>	<b>Jill S Hernandez</b>	
<b>NATL:</b>	<b>1:07.80 N 8/13/2011</b>	<b>JILL HERNANDEZ</b>	
<b>WORLD:</b>	<b>1:07.80 W 8/13/2011</b>	<b>Jill HERNANDEZ</b>	
1	Shu, Vicki	54 Marcia's Enthusi-38	1:27.38
2	Peroni, Diana	50 Marin Aquatic Ma-38	1:35.40

**Women 50-54 200 LC Meter Butterfly**

<b>PAC:</b>	<b>2:31.55 P 12/31/2001</b>	<b>Laura B Val</b>	
<b>NATL:</b>	<b>2:31.55 N 8/18/2001</b>	<b>LAURA VAL</b>	
<b>WORLD:</b>	<b>2:31.55 W 8/18/2001</b>	<b>Laura VAL</b>	
1	Zamanian, Alison	52 Walnut Creek Mas-38	2:36.49
2	Shu, Vicki	54 Marcia's Enthusi-38	3:14.89
3	Peroni, Diana	50 Marin Aquatic Ma-38	3:32.32

**Women 50-54 200 LC Meter IM**

<b>PAC:</b>	<b>2:36.05 P 7/24/2016</b>	<b>Susan H Preston</b>	
<b>NATL:</b>	<b>2:31.02 N 8/7/2016</b>	<b>ELLEN REYNOLDS</b>	
<b>WORLD:</b>	<b>2:31.02 W 8/7/2016</b>	<b>Ellen REYNOLDS</b>	
1	Zamanian, Alison	52 Walnut Creek Mas-38	2:39.89
2	Martell, Beth	50 Oregon Masters-37	2:47.23
3	Garforth, Emma	54 Davis Aquatic Ma-38	3:04.43
4	Jones, Sara	54 Santa Rosa Maste-38	3:08.09
---	Nicolescu, Andreea	50 Tamalpais Aquati-38	NS

**Women 50-54 400 LC Meter IM**

<b>PAC:</b>	<b>5:30.32 P 8/10/2013</b>	<b>Jill S Hernandez</b>	
<b>NATL:</b>	<b>5:20.68 N 8/5/2014</b>	<b>ELLEN REYNOLDS</b>	
<b>WORLD:</b>	<b>5:20.68 W 8/5/2014</b>	<b>Ellen REYNOLDS</b>	
1	Garforth, Emma	54 Davis Aquatic Ma-38	6:27.95
2	Jones, Sara	54 Santa Rosa Maste-38	6:29.44

**Women 55-59 50 LC Meter Freestyle**

<b>PAC:</b>	<b>28.69 P 12/31/2008</b>	<b>Laura B Val</b>	
<b>NATL:</b>	<b>28.46 N 8/8/2019</b>	<b>HOLLY GREEN BLAIR</b>	
<b>WORLD:</b>	<b>28.25 W 2/20/2022</b>	<b>Edith OTTERMAN</b>	
1	Godges, Arlette	58 SBM-33	30.99
2	Capen, Tasha	56 Menlo Masters-38	34.90
3	Viscardi, Josie	58 Rolling Hills Mu-38	36.87
4	Couch, Stephanie	58 Menlo Masters-38	37.90
5	Kavalauskas, Alita	59 Jellies Aquatic-38	38.32
6	Hurt, Liz	58 Marcia's Enthusi-38	39.07
7	Harris, Karen	56 Richmond Plunge-38	39.44
8	Jacobus, Patricia	58 University of Sa-38	40.40
9	Cervantes-Mui, Wendy	55 Ladera Oaks Mast-38	41.89



## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**(Women 55-59 50 LC Meter Freestyle)**

10	Goodbrake, Carol	57	Sacramento Maste-38	43.23
11	Ippolito, Loretta J	59	University of Sa-38	45.74
12	Macleod, Pascale I	58	University of Sa-38	48.90
13	Hu, Qing	56	Walnut Creek Mas-38	1:05.92

**Women 55-59 100 LC Meter Freestyle**

PAC: 1:02.02 P 12/31/2007 LVal&amp;LVal

NATL: 1:02.02 N 8/13/2007 VAL\VAL

WORLD: 1:02.02 W 8/16/2008 Laura VAL

1	Godges, Arlette	58	SBM-33	1:07.61
2	Couch, Stephanie	58	Menlo Masters-38	1:18.75
3	Capen, Tasha	56	Menlo Masters-38	1:24.05
4	Viscardi, Josie	58	Rolling Hills Mu-38	1:28.07
5	Kavalauskas, Alita	59	Jellies Aquatic-38	1:30.07
6	Jacobus, Patricia	58	University of Sa-38	1:32.35
7	Cervantes-Mui, Wendy	55	Ladera Oaks Mast-38	1:35.02
8	Goodbrake, Carol	57	Sacramento Maste-38	1:38.17
9	Macleod, Pascale I	58	University of Sa-38	1:47.29
---	Ippolito, Loretta J	59	University of Sa-38	NS
---	Harris, Karen	56	Richmond Plunge-38	NS
---	Miller, Karen M	57	Petaluma Salty K-38	NS

**Women 55-59 100 LC Meter Freestyle**

PAC: 1:02.02 P 12/31/2007 LVal&amp;LVal

NATL: 1:02.02 N 8/13/2007 VAL\VAL

WORLD: 1:02.02 W 8/16/2008 Laura VAL

1	Goodbrake, Carol	57	Sacramento Maste-38	1:41.60
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**Women 55-59 200 LC Meter Freestyle**

PAC: 2:16.28 P 12/31/2009 Laura B Val

NATL: 2:16.28 N 8/11/2019 VAL\REYNOLDS

WORLD: 2:16.28 W 8/11/2019 Ellen REYNOLDS

1	Ward, Lisa	58	Walnut Creek Mas-38	2:27.88
2	Godges, Arlette	58	SBM-33	2:34.44
3	Goodbrake, Carol	57	Sacramento Maste-38	3:27.77
---	Harris, Karen	56	Richmond Plunge-38	NS
---	Miller, Karen M	57	Petaluma Salty K-38	NS

**Women 55-59 200 LC Meter Freestyle**

PAC: 2:16.28 P 12/31/2009 Laura B Val

NATL: 2:16.28 N 8/11/2019 VAL\REYNOLDS

WORLD: 2:16.28 W 8/11/2019 Ellen REYNOLDS

3	Couch, Stephanie	58	Menlo Masters-38	2:49.12
4	Goodbrake, Carol	57	Sacramento Maste-38	3:32.93

**Women 55-59 400 LC Meter Freestyle**

PAC: 4:46.69 P 7/26/2015 Jill S Hernandez

NATL: 4:46.49 N 8/10/2019 ELLEN REYNOLDS

WORLD: 4:43.41 W 7/10/2016 Lynn MARSHALL

1	Phalen, Jennifer	58	Davis Aquatic Ma-38	6:40.36
2	Goodbrake, Carol	57	Sacramento Maste-38	7:14.92

**Women 55-59 400 LC Meter Freestyle**

PAC: 4:46.69 P 7/26/2015 Jill S Hernandez

NATL: 4:46.49 N 8/10/2019 ELLEN REYNOLDS

WORLD: 4:43.41 W 7/10/2016 Lynn MARSHALL

1	Couch, Stephanie	58	Menlo Masters-38	5:42.86
2	Goodbrake, Carol	57	Sacramento Maste-38	7:19.17

**Women 55-59 800 LC Meter Freestyle**

PAC: 9:46.56 P 7/25/2015 Jill S Hernandez

NATL: 9:46.56 N 7/25/2015 JILL HERNANDEZ

WORLD: 9:44.76 W 2/25/2017 Lynn MARSHALL

1	Couch, Stephanie	58	Menlo Masters-38	11:30.68
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**Women 55-59 800 LC Meter Freestyle**

PAC: 9:46.56 P 7/25/2015 Jill S Hernandez

NATL: 9:46.56 N 7/25/2015 JILL HERNANDEZ

WORLD: 9:44.76 W 2/25/2017 Lynn MARSHALL

1	Russell, Jane	59	Davis Aquatic Ma-38	12:14.91
2	Goodbrake, Carol	57	Sacramento Maste-38	14:48.46

**Women 55-59 1500 LC Meter Freestyle**

PAC: 19:14.70 P 12/31/2007 Laura B Val

NATL: 18:36.30 N 8/7/2019 ELLEN REYNOLDS

WORLD: 18:36.30 W 8/7/2019 Ellen REYNOLDS

1	Couch, Stephanie	58	Menlo Masters-38	21:35.96
2	Taylor, Catherine	59	Walnut Creek Mas-38	26:10.16

**Women 55-59 50 LC Meter Backstroke**

PAC: 33.75 P 12/31/2010 Laura B Val

NATL: 31.99 N 8/2/2018 HOLLY GREEN BLAIR

WORLD: 31.99 W 8/2/2018 Holly GREEN BLAIR

1	Ward, Lisa	58	Walnut Creek Mas-38	37.91
2	Russell, Jane	59	Davis Aquatic Ma-38	40.74
3	Couch, Stephanie	58	Menlo Masters-38	43.54
4	Kavalauskas, Alita	59	Jellies Aquatic-38	46.41
5	Capen, Tasha	56	Menlo Masters-38	50.99
6	Crow, Joan	58	Davis Aquatic Ma-38	52.41
7	Ippolito, Loretta J	59	University of Sa-38	56.57
8	Goodbrake, Carol	57	Sacramento Maste-38	1:00.05
9	Cervantes-Mui, Wendy	55	Ladera Oaks Mast-38	1:01.88
10	Macleod, Pascale I	58	University of Sa-38	1:06.03
---	Harris, Karen	56	Richmond Plunge-38	NS
---	Miller, Karen M	57	Petaluma Salty K-38	NS

**Women 55-59 100 LC Meter Backstroke**

PAC: 1:12.45 P 7/16/2017 Bonnie M Bilich

NATL: 1:09.69 N 8/11/2019 HOLLY GREEN BLAIR

WORLD: 1:09.69 W 8/11/2019 Holly GREEN BLAIR

1	Ward, Lisa	58	Walnut Creek Mas-38	1:18.00
2	Russell, Jane	59	Davis Aquatic Ma-38	1:32.15
3	Cervantes-Mui, Wendy	55	Ladera Oaks Mast-38	2:17.01

**Women 55-59 200 LC Meter Backstroke**

PAC: 2:40.84 P 7/15/2017 Bonnie M Bilich

NATL: 2:31.79 N 5/19/2019 ELLEN REYNOLDS

WORLD: 2:31.79 W 5/19/2019 Ellen REYNOLDS

1	Ward, Lisa	58	Walnut Creek Mas-38	2:45.61
2	Couch, Stephanie	58	Menlo Masters-38	3:10.14
3	Phalen, Jennifer	58	Davis Aquatic Ma-38	3:58.89

**Women 55-59 50 LC Meter Breaststroke**

PAC: 41.31 P 7/16/2017 Jana Matena

NATL: 37.13 N 7/16/2017 CAROLINE KRATTLI

WORLD: 35.94 W 5/20/2017 Monica CORO

1	Godges, Arlette	58	SBM-33	39.97P
2	Bulman, Robin	57	Santa Rosa Maste-38	41.91
3	Phalen, Jennifer	58	Davis Aquatic Ma-38	49.90

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**(Women 55-59 50 LC Meter Breaststroke)**

4	Hurt, Liz	58	Marcia's Enthusi-38	50.14
5	Crow, Joan	58	Davis Aquatic Ma-38	51.03
---	Capen, Tasha	56	Menlo Masters-38	NS
---	Miller, Karen M	57	Petaluma Salty K-38	NS

**Women 55-59 100 LC Meter Breaststroke**

PAC: 1:31.56 P 8/9/2014 Barbara C Wheeler

NATL: 1:21.21 N 7/15/2017 CAROLINE KRATTLI

WORLD: 1:19.90 W 1/29/2017 Monica CORO

1	Bulman, Robin	57	Santa Rosa Maste-38	1:31.50P
2	Ward, Lisa	58	Walnut Creek Mas-38	1:32.85
3	Godges, Arlette	58	SBM-33	1:32.99
4	Russell, Jane	59	Davis Aquatic Ma-38	1:44.49
5	Phalen, Jennifer	58	Davis Aquatic Ma-38	1:45.29
6	Hurt, Liz	58	Marcia's Enthusi-38	1:50.16
7	Crow, Joan	58	Davis Aquatic Ma-38	1:50.84
8	Macleod, Pascale I	58	University of Sa-38	2:18.61
---	Capen, Tasha	56	Menlo Masters-38	NS

**Women 55-59 200 LC Meter Breaststroke**

PAC: 3:20.11 P 7/11/2018 Merrie E Walts

NATL: 2:59.27 N 5/19/2019 ELLEN REYNOLDS

WORLD: 2:58.83 W 5/28/2017 Monica CORO

1	Bulman, Robin	57	Santa Rosa Maste-38	3:25.55
2	Phalen, Jennifer	58	Davis Aquatic Ma-38	3:41.39
3	Russell, Jane	59	Davis Aquatic Ma-38	3:43.38

**Women 55-59 50 LC Meter Butterfly**

PAC: 31.42 P 12/31/2009 Laura B Val

NATL: 30.52 N 7/10/2016 LESLIE LIVINGSTON

WORLD: 30.52 W 7/10/2016 Leslie LIVINGSTON

1	Ward, Lisa	58	Walnut Creek Mas-38	33.54
2	Godges, Arlette	58	SBM-33	33.97
3	Russell, Jane	59	Davis Aquatic Ma-38	38.17
4	Viscardi, Josie	58	Rolling Hills Mu-38	42.42
5	Hurt, Liz	58	Marcia's Enthusi-38	48.23
6	Goodbrake, Carol	57	Sacramento Maste-38	49.85
7	Ippolito, Loretta J	59	University of Sa-38	56.66
8	Cervantes-Mui, Wendy	55	Ladera Oaks Mast-38	56.84
---	Capen, Tasha	56	Menlo Masters-38	NS

**Women 55-59 100 LC Meter Butterfly**

PAC: 1:09.47 P 12/31/2009 Laura B Val

NATL: 1:09.47 N 8/9/2009 LAURA VAL

WORLD: 1:09.47 W 8/9/2009 Laura VAL

1	Godges, Arlette	58	SBM-33	1:21.33
2	Russell, Jane	59	Davis Aquatic Ma-38	1:28.64
3	Bulman, Robin	57	Santa Rosa Maste-38	1:36.34
4	Phalen, Jennifer	58	Davis Aquatic Ma-38	1:53.58
5	Hurt, Liz	58	Marcia's Enthusi-38	2:07.49
6	Cervantes-Mui, Wendy	55	Ladera Oaks Mast-38	2:19.85

**Women 55-59 200 LC Meter IM**

PAC: 2:38.74 P 7/26/2015 Jill S Hernandez

NATL: 2:31.51 N 7/6/2019 ELLEN REYNOLDS

WORLD: 2:31.51 W 7/6/2019 Ellen REYNOLDS

1	Ward, Lisa	58	Walnut Creek Mas-38	2:49.25
2	Bulman, Robin	57	Santa Rosa Maste-38	3:13.46

3	Phalen, Jennifer	58	Davis Aquatic Ma-38	3:43.77
4	Cervantes-Mui, Wendy	55	Ladera Oaks Mast-38	4:39.95

**Women 55-59 400 LC Meter IM**

PAC: 5:49.40 P 12/31/2009 Laura B Val

NATL: 5:21.35 N 5/17/2019 ELLEN REYNOLDS

WORLD: 5:22.41 W 7/6/2019 Ellen REYNOLDS

1	Couch, Stephanie	58	Menlo Masters-38	6:44.04
2	Bulman, Robin	57	Santa Rosa Maste-38	6:51.50
3	Taylor, Catherine	59	Walnut Creek Mas-38	7:55.15
4	Hurt, Liz	58	Marcia's Enthusi-38	8:10.90

**Women 60-64 50 LC Meter Freestyle**

PAC: 29.31 P 12/31/2011 Laura B Val

NATL: 29.21 N 8/4/2018 PENNY NOYES

WORLD: 28.90 W 3/17/2018 Jenny WHITELEY

1	Walts, Merrie	62	Santa Rosa Maste-38	32.10
2	Delmage, Arlene	60	Oregon Masters-37	32.35
3	Collins, Helen	60	UC38	32.42
4	Joyce, Martha	62	Tamalpais Aquati-38	32.79
5	Mammoser, Mary	60	Rolling Hills Mu-38	34.44
6	Oliver, April	61	North Bay Aquati-38	34.56
7	Laudenslager, Sherri	60	Rolling Hills Mu-38	40.85
8	Banis, Yvonne N	61	Walnut Creek Mas-38	49.24

**Women 60-64 100 LC Meter Freestyle**

PAC: 1:03.83 P 12/31/2011 Laura B Val

NATL: 1:03.83 N 8/5/2011 LAURA VAL

WORLD: 1:03.83 W 8/5/2011 Laura VAL

1	Steffe, Kathleen	60	Colorado Masters-32	1:10.97
2	Collins, Helen	60	UC38	1:11.76
3	Delmage, Arlene	60	Oregon Masters-37	1:12.04
4	Joyce, Martha	62	Tamalpais Aquati-38	1:12.27
5	Laudenslager, Sherri	60	Rolling Hills Mu-38	1:29.74
6	Dibley, Allison M	60	Walnut Creek Mas-38	1:42.61
7	Banis, Yvonne N	61	Walnut Creek Mas-38	1:57.75
---	Oliver, April	61	North Bay Aquati-38	NS

**Women 60-64 200 LC Meter Freestyle**

PAC: 2:21.48 P 12/31/2012 Laura B Val

NATL: 2:21.48 N 6/12/2012 LAURA VAL

WORLD: 2:21.03 W 3/20/2019 Jenny WHITELEY

1	Steffe, Kathleen	60	Colorado Masters-32	2:32.79
2	Delmage, Arlene	60	Oregon Masters-37	2:36.61
3	Joyce, Martha	62	Tamalpais Aquati-38	2:48.61
---	Dibley, Allison M	60	Walnut Creek Mas-38	NS

**Women 60-64 400 LC Meter Freestyle**

PAC: 4:59.82 P 12/31/2012 Laura B Val

NATL: 4:59.82 N 8/12/2012 LAURA VAL

WORLD: 4:59.82 W 8/12/2012 Laura VAL

1	Steffe, Kathleen	60	Colorado Masters-32	5:18.49
2	Delmage, Arlene	60	Oregon Masters-37	5:32.91
3	Dibley, Allison M	60	Walnut Creek Mas-38	7:51.56

**Women 60-64 800 LC Meter Freestyle**

PAC: 10:27.71 P 12/31/2011 Laura B Val

NATL: 10:18.82 N 6/18/2022 LYNN MARSHALL

WORLD: 10:27.71 W 7/8/2011 Laura VAL

1	Steffe, Kathleen	60	Colorado Masters-32	11:03.46
2	Dibley, Allison M	60	Walnut Creek Mas-38	16:58.63

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**Women 60-64 1500 LC Meter Freestyle**

PAC: 19:52.85 P 12/31/2011 Laura B Val  
 NATL: 19:23.70 N 6/18/2022 LYNN MARSHALL  
 WORLD: 19:52.85 W 7/8/2011 Laura VAL

1	Collins, Helen	60	UC38	21:47.70
2	Obrien, Karen	64	Petaluma Salty K-38	26:33.64
3	Dibley, Allison M	60	Walnut Creek Mas-38	32:45.15

**Women 60-64 50 LC Meter Backstroke**

PAC: 33.86 P 8/9/2015 Laura B Val  
 NATL: 33.82 N 5/12/2022 KARLYN PIPES  
 WORLD: 33.86 W 8/9/2015 Laura VAL

1	Walts, Merrie	62	Santa Rosa Maste-38	36.80
2	Joyce, Martha	62	Tamalpais Aquati-38	42.13
3	Mammoser, Mary	60	Rolling Hills Mu-38	45.34
4	Laudenslager, Sherri	60	Rolling Hills Mu-38	47.70
5	Dibley, Allison M	60	Walnut Creek Mas-38	55.70
6	Banis, Yvonne N	61	Walnut Creek Mas-38	1:06.14

**Women 60-64 100 LC Meter Backstroke**

PAC: 1:14.50 P 7/11/2018 Bonnie M Bilich  
 NATL: 1:14.50 N 7/15/2018 BONNIE BILICH  
 WORLD: 1:14.50 W 7/15/2018 Bonnie BILICH

1	Walts, Merrie	62	Santa Rosa Maste-38	1:21.17
2	Joyce, Martha	62	Tamalpais Aquati-38	1:28.55
3	Laudenslager, Sherri	60	Rolling Hills Mu-38	1:41.38
4	Carroll, Leah	61	Albany Armada Aq-38	1:59.04
5	Dibley, Allison M	60	Walnut Creek Mas-38	2:01.85
---	Collins, Helen	60	UC38	NS
---	Oliver, April	61	North Bay Aquati-38	NS

**Women 60-64 200 LC Meter Backstroke**

PAC: 2:41.57 P 8/8/2019 Bonnie M Bilich  
 NATL: 2:41.38 N 5/13/2022 KARLYN PIPES  
 WORLD: 2:41.57 W 8/8/2019 Bonnie BILICH

1	Walts, Merrie	62	Santa Rosa Maste-38	2:58.94
2	Steffe, Kathleen	60	Colorado Masters-32	3:00.87
3	Collins, Helen	60	UC38	3:15.06
4	Carroll, Leah	61	Albany Armada Aq-38	4:09.07

**Women 60-64 50 LC Meter Breaststroke**

PAC: 42.57 P 7/11/2018 Barbara C Wheeler  
 NATL: 39.02 N 8/19/2016 BETH ESTEL  
 WORLD: 37.43 W 2/6/2022 Monica CORO'

1	Walts, Merrie	62	Santa Rosa Maste-38	43.55
2	Delmage, Arlene	60	Oregon Masters-37	44.17
3	Joyce, Martha	62	Tamalpais Aquati-38	45.40
4	Laudenslager, Sherri	60	Rolling Hills Mu-38	48.27
---	Jakobi, Jessica	64	Tamalpais Aquati-38	NS
---	Mammoser, Mary	60	Rolling Hills Mu-38	NS

**Women 60-64 100 LC Meter Breaststroke**

PAC: 1:29.39 P 7/10/2018 Bonnie M Bilich  
 NATL: 1:27.24 N 8/18/2016 BETH ESTEL  
 WORLD: 1:23.07 W 2/6/2022 Monica CORO'

1	Walts, Merrie	62	Santa Rosa Maste-38	1:35.18
2	Delmage, Arlene	60	Oregon Masters-37	1:37.57
3	Laudenslager, Sherri	60	Rolling Hills Mu-38	1:50.77
4	Carroll, Leah	61	Albany Armada Aq-38	2:10.18
---	Gerhan, Martha	61	University of Sa-38	NS

**Women 60-64 200 LC Meter Breaststroke**

PAC: 3:20.45 P 7/21/2019 Bonnie M Bilich  
 NATL: 3:08.07 N 6/29/2014 LO KNAPP  
 WORLD: 3:04.15 W 3/18/2018 Jenny WHITELEY

1	Walts, Merrie	62	Santa Rosa Maste-38	3:24.32
2	Laudenslager, Sherri	60	Rolling Hills Mu-38	3:58.87
3	Carroll, Leah	61	Albany Armada Aq-38	4:34.08
---	Gerhan, Martha	61	University of Sa-38	NS

**Women 60-64 50 LC Meter Butterfly**

PAC: 32.27 P 12/31/2012 Laura B Val  
 NATL: 31.11 N 8/11/2019 TRACI GRANGER  
 WORLD: 31.11 W 8/11/2019 Traci GRANGER

1	Delmage, Arlene	60	Oregon Masters-37	33.74
2	Oliver, April	61	North Bay Aquati-38	34.60
3	Mammoser, Mary	60	Rolling Hills Mu-38	37.04
4	Joyce, Martha	62	Tamalpais Aquati-38	37.46

**Women 60-64 100 LC Meter Butterfly**

PAC: 1:12.06 P 12/31/2011 Laura B Val  
 NATL: 1:12.06 N 8/4/2011 LAURA VAL  
 WORLD: 1:12.06 W 8/4/2011 Laura VAL

1	Steffe, Kathleen	60	Colorado Masters-32	1:24.34
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**Women 60-64 100 LC Meter Butterfly**

PAC: 1:12.06 P 12/31/2011 Laura B Val  
 NATL: 1:12.06 N 8/4/2011 LAURA VAL  
 WORLD: 1:12.06 W 8/4/2011 Laura VAL

1	Collins, Helen	60	UC38	1:28.30
2	Oliver, April	61	North Bay Aquati-38	1:31.43
3	Carroll, Leah	61	Albany Armada Aq-38	1:57.67

**Women 60-64 200 LC Meter Butterfly**

PAC: 2:41.03 P 12/31/2011 Laura B Val  
 NATL: 2:41.03 N 8/6/2011 LAURA VAL  
 WORLD: 2:41.03 W 8/6/2011 Laura VAL

1	Carroll, Leah	61	Albany Armada Aq-38	4:19.61
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**Women 60-64 200 LC Meter IM**

PAC: 2:47.99 P 7/12/2013 Laura B Val  
 NATL: 2:47.99 N 7/14/2013 LAURA VAL  
 WORLD: 2:44.62 W 3/20/2019 Jenny WHITELEY

1	Steffe, Kathleen	60	Colorado Masters-32	2:56.06
2	Carroll, Leah	61	Albany Armada Aq-38	4:13.36
---	Collins, Helen	60	UC38	NS

**Women 60-64 400 LC Meter IM**

PAC: 5:56.27 P 12/31/2011 Laura B Val  
 NATL: 5:56.27 N 7/8/2011 LAURA VAL  
 WORLD: 5:56.27 W 7/8/2011 Laura VAL

1	Steffe, Kathleen	60	Colorado Masters-32	6:19.35
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**Women 65-69 50 LC Meter Freestyle**

PAC: 29.17 P 7/29/2018 Laura B Val  
 NATL: 29.10 N 8/3/2019 PENNY NOYES  
 WORLD: 29.10 W 8/3/2019 Penny NOYES

1	Hayes-Rupp, Cynthia	65	Rolling Hills Mu-38	37.97
2	Hepworth, Linda	69	Rolling Hills Mu-38	39.35
3	Thomas, Elaine	68	Mountain View Ma-38	46.54
4	Nip, Carol	65	Albany Armada Aq-38	47.16
5	Niccolls, Dorothy	69	University of Sa-38	55.27

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**Women 65-69 100 LC Meter Freestyle**

PAC: 1:04.89 P 7/30/2018 Laura B Val

NATL: 1:04.89 N 7/30/2018 LAURA VAL

WORLD: 1:04.89 W 7/30/2018 Laura VAL

1	Hepworth, Linda	69	Rolling Hills Mu-38	1:27.24
2	Thomas, Elaine	68	Mountain View Ma-38	1:43.73
3	Dunn, Audrey	69	University of Sa-38	1:52.33

**Women 65-69 200 LC Meter Freestyle**

PAC: 2:25.29 P 8/18/2016 Laura B Val

NATL: 2:25.29 N 8/18/2016 LAURA VAL

WORLD: 2:25.29 W 8/18/2016 Laura VAL

1	Benjamin, Marcia	65	Marcia's Enthusi-38	3:21.98
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**Women 65-69 200 LC Meter Freestyle**

PAC: 2:25.29 P 8/18/2016 Laura B Val

NATL: 2:25.29 N 8/18/2016 LAURA VAL

WORLD: 2:25.29 W 8/18/2016 Laura VAL

1	Ogilvie, Carol M	67	University of Sa-38	3:02.75
2	Quinn, Phyllis	67	The Olympic Club-38	3:14.56

**Women 65-69 800 LC Meter Freestyle**

PAC: 10:49.60 P 7/15/2017 Laura B Val

NATL: 10:49.60 N 7/15/2017 LAURA VAL

WORLD: 10:49.60 W 7/15/2017 Laura VAL

1	Quinn, Phyllis	67	The Olympic Club-38	13:44.39
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**Women 65-69 800 LC Meter Freestyle**

PAC: 10:49.60 P 7/15/2017 Laura B Val

NATL: 10:49.60 N 7/15/2017 LAURA VAL

WORLD: 10:49.60 W 7/15/2017 Laura VAL

1	Quinn, Phyllis	67	The Olympic Club-38	13:56.75
2	Dunn, Audrey	69	University of Sa-38	16:41.55

**Women 65-69 1500 LC Meter Freestyle**

PAC: 21:00.15 P 7/22/2016 Laura B Val

NATL: 21:00.15 N 7/22/2016 LAURA VAL

WORLD: 21:00.15 W 7/22/2016 Laura VAL

1	Quinn, Phyllis	67	The Olympic Club-38	25:54.23
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**Women 65-69 50 LC Meter Backstroke**

PAC: 33.59 P 8/2/2018 Laura B Val

NATL: 33.59 N 8/2/2018 LAURA VAL

WORLD: 33.59 W 8/2/2018 Laura VAL

1	Hepworth, Linda	69	Rolling Hills Mu-38	47.54
2	Thomas, Elaine	68	Mountain View Ma-38	56.05
3	Nip, Carol	65	Albany Armada Aq-38	56.47

**Women 65-69 100 LC Meter Backstroke**

PAC: 1:14.49 P 7/31/2018 Laura B Val

NATL: 1:14.49 N 7/31/2018 LAURA VAL

WORLD: 1:14.49 W 7/31/2018 Laura VAL

1	Hepworth, Linda	69	Rolling Hills Mu-38	1:44.18
2	Gill, Kathy	68	Davis Aquatic Ma-38	2:02.28
---	Summers, Jeanna	68	Oregon Masters-37	NS

**Women 65-69 200 LC Meter Backstroke**

PAC: 2:47.70 P 8/8/2019 Laura B Val

NATL: 2:47.70 N 8/8/2019 LAURA VAL

WORLD: 2:47.70 W 8/8/2019 Laura VAL

1	Hepworth, Linda	69	Rolling Hills Mu-38	3:40.32
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2	Thomas, Elaine	68	Mountain View Ma-38	4:16.31
3	Byrnes, Barbara	66	University of Sa-38	4:18.62
---	Summers, Jeanna	68	Oregon Masters-37	NS

**Women 65-69 50 LC Meter Breaststroke**

PAC: 43.95 P 12/31/2009 Daniela Barnea

NATL: 41.87 N 10/10/2021 BETH ESTEL

WORLD: 40.11 W 9/11/2021 Dagmar FRESE

1	Hayes-Rupp, Cynthia	65	Rolling Hills Mu-38	47.62
2	Hepworth, Linda	69	Rolling Hills Mu-38	59.24

**Women 65-69 100 LC Meter Breaststroke**

PAC: 1:40.69 P 12/31/2009 Daniela Barnea

NATL: 1:32.24 N 8/10/2019 LO KNAPP

WORLD: 1:30.27 W 9/10/2021 Dagmar FRESE

1	Hayes-Rupp, Cynthia	65	Rolling Hills Mu-38	1:52.08
2	Nip, Carol	65	Albany Armada Aq-38	2:01.41

**Women 65-69 200 LC Meter Breaststroke**

PAC: 3:32.45 P 12/31/2009 Daniela Barnea

NATL: 3:19.08 N 7/21/2019 LO KNAPP

WORLD: 3:15.56 W 3/6/2022 Amanda HEATH

1	Ogilvie, Carol M	67	University of Sa-38	4:01.22
2	Hepworth, Linda	69	Rolling Hills Mu-38	4:27.95

**Women 65-69 50 LC Meter Butterfly**

PAC: 33.34 P 7/11/2018 Laura B Val

NATL: 32.93 N 8/4/2019 PENNY NOYES

WORLD: 32.93 W 8/4/2019 Penny NOYES

1	Ogilvie, Carol M	67	University of Sa-38	41.86
2	Gill, Kathy	68	Davis Aquatic Ma-38	54.57

**Women 65-69 200 LC Meter Butterfly**

PAC: 3:29.68 P 12/31/2009 Daniela Barnea

NATL: 2:57.26 N 7/20/2019 PENNY NOYES

WORLD: 2:57.26 W 7/20/2019 Penny NOYES

---	Quinn, Phyllis	67	The Olympic Club-38	NS
---	Gill, Kathy	68	Davis Aquatic Ma-38	NS

**Women 65-69 200 LC Meter IM**

PAC: 2:54.16 P 7/24/2016 Laura B Val

NATL: 2:51.52 N 8/4/2019 PENNY NOYES

WORLD: 2:51.52 W 8/4/2019 Penny NOYES

1	Ogilvie, Carol M	67	University of Sa-38	3:31.57
2	Quinn, Phyllis	67	The Olympic Club-38	3:49.41
3	Gill, Kathy	68	Davis Aquatic Ma-38	4:29.76
---	Summers, Jeanna	68	Oregon Masters-37	NS

**Women 65-69 400 LC Meter IM**

PAC: 6:15.15 P 7/19/2019 Laura B Val

NATL: 6:14.58 N 7/19/2019 PENNY NOYES

WORLD: 6:14.58 W 7/19/2019 Penny NOYES

1	Ogilvie, Carol M	67	University of Sa-38	7:24.75
2	Quinn, Phyllis	67	The Olympic Club-38	7:55.95

**Women 70-74 50 LC Meter Freestyle**

PAC: 30.73 P 10/10/2021 Laura B Val

NATL: 30.73 N 10/9/2021 LAURA VAL

WORLD: 30.73 W 10/9/2021 Laura VAL

1	Val, Laura	71	Tamalpais Aquati-38	31.57
2	Gettling, Janet	74	Oregon Masters-37	39.13
3	Tevis, Maggie	74	Rolling Hills Mu-38	47.97

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**(Women 70-74 50 LC Meter Freestyle)**

4	Coholan, Annette	74	Rolling Hills Mu-38	50.79
5	Leva, Nina	71	North Bay Aquati-38	1:12.43

**Women 70-74 100 LC Meter Freestyle**

**PAC:** 1:06.90 P 10/9/2021 **Laura B Val**  
**NATL:** 1:06.90 N 10/9/2021 **LAURA VAL**  
**WORLD:** 1:06.90 W 10/9/2021 **Laura VAL**

1	Guthrie, Sally	72	Davis Aquatic Ma-38	1:26.01
2	Tevis, Maggie	74	Rolling Hills Mu-38	1:50.77
3	Coholan, Annette	74	Rolling Hills Mu-38	1:52.55
4	Leva, Nina	71	North Bay Aquati-38	2:49.32

**Women 70-74 200 LC Meter Freestyle**

**PAC:** 2:32.53 P 6/25/2022 **Laura B Val**  
**NATL:** 2:32.53 N 6/25/2022 **LAURA VAL**  
**WORLD:** 2:33.79 W 7/31/2021 **Laura VAL**

1	Val, Laura	71	Tamalpais Aquati-38	2:30.66P
2	Guthrie, Sally	72	Davis Aquatic Ma-38	3:07.73
3	Coholan, Annette	74	Rolling Hills Mu-38	4:00.23
4	Leva, Nina	71	North Bay Aquati-38	5:44.07

**Women 70-74 400 LC Meter Freestyle**

**PAC:** 5:25.00 P 7/31/2021 **Laura B Val**  
**NATL:** 5:25.00 N 7/31/2021 **LAURA VAL**  
**WORLD:** 5:25.00 W 7/31/2021 **Laura VAL**

1	Coholan, Annette	74	Rolling Hills Mu-38	8:22.42
2	Leva, Nina	71	North Bay Aquati-38	11:44.15

**Women 70-74 800 LC Meter Freestyle**

**PAC:** 11:11.89 P 10/7/2021 **Laura B Val**  
**NATL:** 11:11.89 N 10/7/2021 **LAURA VAL**  
**WORLD:** 11:11.89 W 10/7/2021 **Laura VAL**

1	Guthrie, Sally	72	Davis Aquatic Ma-38	13:32.29
2	Coholan, Annette	74	Rolling Hills Mu-38	17:04.78

**Women 70-74 1500 LC Meter Freestyle**

**PAC:** 22:18.76 P 10/7/2021 **Charlotte M Davis**  
**NATL:** 22:18.76 N 10/7/2021 **CHARLOTTE DAVIS**  
**WORLD:** 22:18.76 W 10/7/2021 **Charlotte DAVIS**

1	Coholan, Annette	74	Rolling Hills Mu-38	32:50.68
2	Leva, Nina	71	North Bay Aquati-38	45:34.85

**Women 70-74 50 LC Meter Backstroke**

**PAC:** 34.65 P 10/10/2021 **Laura B Val**  
**NATL:** 34.65 N 10/10/2021 **LAURA VAL**  
**WORLD:** 34.65 W 10/10/2021 **Laura VAL**

1	Val, Laura	71	Tamalpais Aquati-38	35.54
2	Tevis, Maggie	74	Rolling Hills Mu-38	59.12
3	Gillon, Jean W	71	Menlo Masters-38	59.51
---	Campbell, Martha	74	University of Sa-38	NS

**Women 70-74 100 LC Meter Backstroke**

**PAC:** 1:17.98 P 10/10/2021 **Laura B Val**  
**NATL:** 1:17.98 N 10/10/2021 **LAURA VAL**  
**WORLD:** 1:17.98 W 10/10/2021 **Laura VAL**

1	Val, Laura	71	Tamalpais Aquati-38	1:17.26P
---	Tevis, Maggie	74	Rolling Hills Mu-38	NS

**Women 70-74 200 LC Meter Backstroke**

**PAC:** 2:49.43 P 10/8/2021 **Laura B Val**  
**NATL:** 2:49.43 N 10/8/2021 **LAURA VAL**  
**WORLD:** 2:49.43 W 10/8/2021 **Laura VAL**

1	Val, Laura	71	Tamalpais Aquati-38	2:51.69
2	Gillon, Jean W	71	Menlo Masters-38	4:32.49

**Women 70-74 50 LC Meter Breaststroke**

**PAC:** 45.45 P 10/10/2021 **Charlotte M Davis**  
**NATL:** 43.19 N 8/3/2018 **DANA BROWN**  
**WORLD:** 41.67 W 6/22/2014 **Monika SENFTLEBEN**

1	Val, Laura	71	Tamalpais Aquati-38	48.07
2	Gettling, Janet	74	Oregon Masters-37	50.28
---	Tevis, Maggie	74	Rolling Hills Mu-38	NS

**Women 70-74 100 LC Meter Breaststroke**

**PAC:** 1:38.04 P 10/8/2021 **Charlotte M Davis**  
**NATL:** 1:36.91 N 7/31/2021 **CHARLOTTE DAVIS**  
**WORLD:** 1:35.93 W 10/2/2016 **Nobuko YASUDA**

1	Gettling, Janet	74	Oregon Masters-37	1:57.77
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**Women 70-74 200 LC Meter Breaststroke**

**PAC:** 3:29.91 P 10/9/2021 **Charlotte M Davis**  
**NATL:** 3:29.91 N 10/9/2021 **CHARLOTTE DAVIS**  
**WORLD:** 3:29.25 W 7/15/2017 **Nobuko YASUDA**

1	Guthrie, Sally	72	Davis Aquatic Ma-38	4:19.01
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**Women 70-74 50 LC Meter Butterfly**

**PAC:** 35.22 P 10/10/2021 **Charlotte M Davis**  
**NATL:** 35.02 N 8/5/2017 **DIANN UUSTAL**  
**WORLD:** 35.02 W 8/5/2017 **Diann UUSTAL**

1	Val, Laura	71	Tamalpais Aquati-38	34.93N
2	Guthrie, Sally	72	Davis Aquatic Ma-38	47.26
3	Gettling, Janet	74	Oregon Masters-37	47.57
---	Tevis, Maggie	74	Rolling Hills Mu-38	NS

**Women 70-74 100 LC Meter Butterfly**

**PAC:** 1:16.07 P 10/8/2021 **Laura B Val**  
**NATL:** 1:16.07 N 10/8/2021 **LAURA VAL**  
**WORLD:** 1:16.07 W 10/8/2021 **Laura VAL**

1	Guthrie, Sally	72	Davis Aquatic Ma-38	1:48.49
2	Gettling, Janet	74	Oregon Masters-37	1:56.13

**Women 70-74 200 LC Meter Butterfly**

**PAC:** 3:47.65 P 6/29/2014 **Daniela Barnea**  
**NATL:** 3:37.41 N 7/24/2016 **MARGOT PETTIJOHN**  
**WORLD:** 3:35.36 W 4/9/2016 **Clary MUNNS**

---	Gettling, Janet	74	Oregon Masters-37	NS
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**Women 70-74 400 LC Meter IM**

**PAC:** 7:32.26 P 6/28/2014 **Daniela Barnea**  
**NATL:** 7:13.95 N 10/8/2021 **S LOFTUS-CHARLEY**  
**WORLD:** 6:54.30 W 1/23/2016 **Brigitte MERTEN**

1	Guthrie, Sally	72	Davis Aquatic Ma-38	7:58.07
2	Gettling, Janet	74	Oregon Masters-37	8:10.77

**Women 75-79 50 LC Meter Freestyle**

**PAC:** 39.61 P 7/10/2018 **Nancy J Ridout**  
**NATL:** 34.11 N 10/8/2021 **DIANN UUSTAL**  
**WORLD:** 34.11 W 10/8/2021 **Diann UUSTAL**

1	Barnea, Daniela	78	Stanford Masters-38	42.65
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## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**(Women 75-79 50 LC Meter Freestyle)**

2	Caso, Susie	76	Manatee Aquatic-38	49.67
3	Pashelinsky, Erin L	75	University of Sa-38	52.42
4	Chaitkin, Lauren	78	University of Sa-38	1:00.76
---	Carroll, Glenda	79	Tamalpais Aquati-38	NS
---	Shoenberger, Linda	75	Tamalpais Aquati-38	NS

**Women 75-79 100 LC Meter Freestyle**

<b>PAC: 1:33.25 P 12/31/1998 Margery Meyer</b>				
<b>NATL: 1:17.38 N 10/9/2021 DIANN UUSTAL</b>				
<b>WORLD: 1:17.38 W 10/9/2021 Diann UUSTAL</b>				
1	Barnea, Daniela	78	Stanford Masters-38	1:38.48
2	Caso, Susie	76	Manatee Aquatic-38	1:53.45
3	Pashelinsky, Erin L	75	University of Sa-38	1:55.56
4	Carroll, Glenda	79	Tamalpais Aquati-38	2:03.13
5	Chaitkin, Lauren	78	University of Sa-38	2:11.40
---	Shoenberger, Linda	75	Tamalpais Aquati-38	NS

**Women 75-79 200 LC Meter Freestyle**

<b>PAC: 3:24.84 P 12/31/1998 Margery Meyer</b>				
<b>NATL: 2:56.75 N 10/10/2021 DIANN UUSTAL</b>				
<b>WORLD: 2:54.26 W 9/27/2013 Yoshiko OSAKI</b>				
1	Scott, Stephanie	75	Walnut Creek Mas-38	3:36.48
---	Shoenberger, Linda	75	Tamalpais Aquati-38	NS

**Women 75-79 400 LC Meter Freestyle**

<b>PAC: 7:16.82 P 12/31/1998 Margery Meyer</b>				
<b>NATL: 6:27.04 N 8/21/2021 DIANN UUSTAL</b>				
<b>WORLD: 6:12.25 W 7/12/2013 Yoshiko OSAKI</b>				
1	Scott, Stephanie	75	Walnut Creek Mas-38	7:17.09

**Women 75-79 800 LC Meter Freestyle**

<b>PAC: 14:57.03 P 12/31/1998 Margery Meyer</b>				
<b>NATL: 13:22.23 N 10/7/2021 CAROLYN BOAK</b>				
<b>WORLD: 12:58.94 W 10/22/2006 Jane ASHER</b>				
1	Scott, Stephanie	75	Walnut Creek Mas-38	14:55.99P

**Women 75-79 1500 LC Meter Freestyle**

<b>PAC: 28:38.34 P 12/31/1998 Margery Meyer</b>				
<b>NATL: 26:48.86 N 7/30/2021 BEVERLY MONTRELLA</b>				
<b>WORLD: 24:41.76 W 3/3/2006 Jane ASHER</b>				
1	Scott, Stephanie	75	Walnut Creek Mas-38	28:09.74P

**Women 75-79 50 LC Meter Backstroke**

<b>PAC: 49.98 P 12/31/1999 Margery Meyer</b>				
<b>NATL: 40.08 N 10/9/2021 DIANN UUSTAL</b>				
<b>WORLD: 40.08 W 10/9/2021 Diann UUSTAL</b>				
1	Waksberg, Arlene	77	University of Sa-38	1:00.71
2	Pashelinsky, Erin L	75	University of Sa-38	1:05.96
3	Chaitkin, Lauren	78	University of Sa-38	1:13.74

**Women 75-79 100 LC Meter Backstroke**

<b>PAC: 1:55.08 P 12/31/2008 Ann M Hirsch</b>				
<b>NATL: 1:28.67 N 10/10/2021 DIANN UUSTAL</b>				
<b>WORLD: 1:28.67 W 10/10/2021 Diann UUSTAL</b>				
1	Pashelinsky, Erin L	75	University of Sa-38	2:23.07

**Women 75-79 200 LC Meter Backstroke**

<b>PAC: 4:02.85 P 7/20/2019 Leslie M Westerga</b>				
<b>NATL: 3:18.25 N 6/5/2021 DIANN UUSTAL</b>				
<b>WORLD: 3:16.80 W 4/28/2019 Clary MUNNS</b>				
1	Waksberg, Arlene	77	University of Sa-38	4:46.80

**Women 75-79 50 LC Meter Breaststroke**

<b>PAC: 47.25 P 7/21/2019 Daniela Barnea</b>				
<b>NATL: 47.10 N 7/19/2014 JOANN LEILICH</b>				
<b>WORLD: 43.95 W 3/6/2010 Shoko YONEZAWA</b>				
1	Carroll, Glenda	79	Tamalpais Aquati-38	1:02.25

**Women 75-79 100 LC Meter Breaststroke**

<b>PAC: 1:44.40 P 7/20/2019 Daniela Barnea</b>				
<b>NATL: 1:42.18 N 8/15/2014 JOANN LEILICH</b>				
<b>WORLD: 1:38.81 W 3/6/2010 Shoko YONEZAWA</b>				
1	Caso, Susie	76	Manatee Aquatic-38	2:18.14

**Women 75-79 200 LC Meter Breaststroke**

<b>PAC: 3:48.31 P 8/17/2019 Daniela Barnea</b>				
<b>NATL: 3:40.84 N 7/19/2014 JOANN LEILICH</b>				
<b>WORLD: 3:40.84 W 7/19/2014 Joann LEILICH</b>				
1	Barnea, Daniela	78	Stanford Masters-38	4:03.73

**Women 75-79 50 LC Meter Butterfly**

<b>PAC: 50.37 P 4/25/2008 Barbara F Calliso</b>				
<b>NATL: 44.95 N 8/1/2004 GAIL ROPER</b>				
<b>WORLD: 38.93 W 5/25/2019 Judy WILSON</b>				
1	Pashelinsky, Erin L	75	University of Sa-38	1:20.71

**Women 75-79 100 LC Meter Butterfly**

<b>PAC: 1:50.84 P 7/20/2019 Daniela Barnea</b>				
<b>NATL: 1:50.84 N 7/20/2019 DANIELA BARNEA</b>				
<b>WORLD: 1:34.88 W 6/23/2019 Judy WILSON</b>				
1	Barnea, Daniela	78	Stanford Masters-38	1:58.16

**Women 75-79 200 LC Meter Butterfly**

<b>PAC: 4:00.75 P 7/21/2019 Daniela Barnea</b>				
<b>NATL: 4:00.75 N 7/21/2019 DANIELA BARNEA</b>				
<b>WORLD: 3:44.93 W 4/28/2019 Clary MUNNS</b>				
1	Barnea, Daniela	78	Stanford Masters-38	4:11.26
2	Scott, Stephanie	75	Walnut Creek Mas-38	5:32.48

**Women 75-79 200 LC Meter IM**

<b>PAC: 3:38.23 P 7/21/2019 Daniela Barnea</b>				
<b>NATL: 3:38.23 N 7/21/2019 DANIELA BARNEA</b>				
<b>WORLD: 3:21.84 W 4/22/2022 Kira MAKAROVA</b>				
1	Barnea, Daniela	78	Stanford Masters-38	3:49.22
2	Scott, Stephanie	75	Walnut Creek Mas-38	4:31.14

**Women 75-79 400 LC Meter IM**

<b>PAC: 7:47.11 P 7/19/2019 Daniela Barnea</b>				
<b>NATL: 7:47.11 N 7/19/2019 DANIELA BARNEA</b>				
<b>WORLD: 7:39.96 W 3/3/2006 Jane ASHER</b>				
1	Barnea, Daniela	78	Stanford Masters-38	8:07.06
2	Scott, Stephanie	75	Walnut Creek Mas-38	9:29.70

**Women 80-84 50 LC Meter Freestyle**

<b>PAC: 42.29 P 12/31/2002 Margery Meyer</b>				
<b>NATL: 38.64 N 3/7/2009 GAIL ROPER</b>				
<b>WORLD: 36.61 W 7/15/2018 Yoshiko OSAKI</b>				
1	Ward, Joy	80	Oregon Masters-37	44.75

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**(Women 80-84 50 LC Meter Freestyle)**

2	Ridout, Nancy	80	Tamalpais Aquati-38	49.88
3	Mc Partland, Peg	80	Manatee Aquatic-38	50.98
4	Hagiwara, Tanako	84	University of Sa-38	1:10.38

**Women 80-84 100 LC Meter Freestyle**

**PAC:** 1:37.78 P 12/31/2002 **Margery Meyer**

**NATL:** 1:27.55 N 3/7/2009 **GAIL ROPER**

**WORLD:** 1:23.16 W 7/14/2018 **Yoshiko OSAKI**

1	Mc Partland, Peg	80	Manatee Aquatic-38	1:56.05
2	Ridout, Nancy	80	Tamalpais Aquati-38	1:59.35
3	Hagiwara, Tanako	84	University of Sa-38	2:40.51

**Women 80-84 200 LC Meter Freestyle**

**PAC:** 3:37.14 P 12/31/2003 **Margery Meyer**

**NATL:** 3:27.26 N 6/10/2007 **JEAN TROY**

**WORLD:** 3:05.95 W 9/20/2019 **Yoshiko OSAKI**

1	Ridout, Nancy	80	Tamalpais Aquati-38	4:29.70
---	Long, Anne B	80	University of Sa-38	NS

**Women 80-84 50 LC Meter Backstroke**

**PAC:** 49.40 P 8/18/2002 **Margery Meyer**

**NATL:** 46.39 N 3/29/2002 **BUNNY CEDERLUND**

**WORLD:** 45.48 W 8/1/2021 **Yoshiko OSAKI**

1	Ward, Joy	80	Oregon Masters-37	50.81
2	Mc Partland, Peg	80	Manatee Aquatic-38	56.08
3	Jaffe, Kristin	84	Tamalpais Aquati-38	58.85
4	Norris, Roswita D	80	Davis Aquatic Ma-38	1:16.99
5	Morton, Judith L	83	Walnut Creek Mas-38	1:24.86
6	Hagiwara, Tanako	84	University of Sa-38	1:44.01

**Women 80-84 100 LC Meter Backstroke**

**PAC:** 2:01.67 P 12/31/1999 **Marjorie Sharpe**

**NATL:** 1:47.29 N 8/7/2009 **BETTY LORENZI**

**WORLD:** 1:41.18 W 8/1/2021 **Yoshiko OSAKI**

1	Ward, Joy	80	Oregon Masters-37	1:49.30P
2	Norris, Roswita D	80	Davis Aquatic Ma-38	2:45.82
3	Morton, Judith L	83	Walnut Creek Mas-38	3:01.53

**Women 80-84 200 LC Meter Backstroke**

**PAC:** 4:18.32 P 7/23/2016 **Miek Mc Cubbin**

**NATL:** 3:53.12 N 3/13/2010 **BETTY LORENZI**

**WORLD:** 3:39.26 W 11/11/2017 **Katharina FLORA**

1	Ward, Joy	80	Oregon Masters-37	3:59.47P
2	Norris, Roswita D	80	Davis Aquatic Ma-38	5:36.05
3	Morton, Judith L	83	Walnut Creek Mas-38	6:15.28

**Women 80-84 100 LC Meter Breaststroke**

**PAC:** 1:57.17 P 12/31/2011 **Ann M Hirsch**

**NATL:** 1:49.04 N 7/20/2019 **JOANN LEILICH**

**WORLD:** 1:45.71 W 6/14/2015 **Shoko YONEZAWA**

1	Jaffe, Kristin	84	Tamalpais Aquati-38	2:21.11
2	Norris, Roswita D	80	Davis Aquatic Ma-38	3:12.93

**Women 80-84 200 LC Meter Breaststroke**

**PAC:** 4:17.64 P 12/31/2011 **Ann M Hirsch**

**NATL:** 3:59.55 N 7/21/2019 **JOANN LEILICH**

**WORLD:** 3:59.55 W 7/21/2019 **Joann LEILICH**

1	Norris, Roswita D	80	Davis Aquatic Ma-38	6:36.66
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**Women 80-84 50 LC Meter Butterfly**

**PAC:** 57.63 P 12/31/2012 **Ann M Hirsch**

**NATL:** 47.37 N 3/7/2009 **GAIL ROPER**

**WORLD:** 46.21 W 6/17/2011 **Jane ASHER**

1	Ward, Joy	80	Oregon Masters-37	57.40P
2	Morton, Judith L	83	Walnut Creek Mas-38	1:58.83

**Women 80-84 100 LC Meter Butterfly**

**PAC:** 2:27.91 P 12/31/1994 **Jean Durston**

**NATL:** 2:06.55 N 5/21/2004 **LOIS NOCHMAN**

**WORLD:** 1:54.93 W 4/21/2012 **Judie OLIVER**

2	Ward, Joy	80	Oregon Masters-37	2:41.59
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**Women 80-84 100 LC Meter Butterfly**

**PAC:** 2:27.91 P 12/31/1994 **Jean Durston**

**NATL:** 2:06.55 N 5/21/2004 **LOIS NOCHMAN**

**WORLD:** 1:54.93 W 4/21/2012 **Judie OLIVER**

1	Morton, Judith L	83	Walnut Creek Mas-38	4:07.38
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**Women 80-84 200 LC Meter Butterfly**

**PAC:** 5:24.52 P 12/31/1994 **Jean Durston**

**NATL:** 4:34.86 N 5/22/2004 **LOIS NOCHMAN**

**WORLD:** 4:15.19 W 7/14/2012 **Judie OLIVER**

1	Morton, Judith L	83	Walnut Creek Mas-38	8:29.89
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**Women 80-84 200 LC Meter IM**

**PAC:** 4:18.27 P 12/31/2011 **Ann M Hirsch**

**NATL:** 4:18.27 N 7/10/2011 **ANN HIRSCH**

**WORLD:** 3:53.63 W 8/17/2017 **Katharina FLORA**

1	Norris, Roswita D	80	Davis Aquatic Ma-38	6:24.24
---	Morton, Judith L	83	Walnut Creek Mas-38	DQ

**Women 80-84 400 LC Meter IM**

**PAC:** 10:08.13 P 12/31/1995 **Jean Durston**

**NATL:** 9:32.43 N 6/10/2007 **JEAN TROY**

**WORLD:** 8:21.88 W 1/30/2011 **Jane ASHER**

1	Ward, Joy	80	Oregon Masters-37	9:38.03P
2	Norris, Roswita D	80	Davis Aquatic Ma-38	13:34.98

**Women 85-89 50 LC Meter Freestyle**

**PAC:** 46.72 P 12/31/2009 **Margery Meyer**

**NATL:** 44.97 N 7/15/2012 **JEAN TROY**

**WORLD:** 38.98 W 5/26/2016 **Jane ASHER**

3	Alexandre, Mary	86	Tamalpais Aquati-38	57.55
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**Women 85-89 50 LC Meter Freestyle**

**PAC:** 46.72 P 12/31/2009 **Margery Meyer**

**NATL:** 44.97 N 7/15/2012 **JEAN TROY**

**WORLD:** 38.98 W 5/26/2016 **Jane ASHER**

1	Flesh, Anice	86	Marin Aquatic Ma-38	54.85
2	Tegner, Thyra	87	Almaden Masters-38	1:08.56

**Women 85-89 100 LC Meter Freestyle**

**PAC:** 1:48.02 P 12/31/2007 **Margery Meyer**

**NATL:** 1:43.68 N 6/9/2012 **JEAN TROY**

**WORLD:** 1:29.29 W 5/7/2016 **Jane ASHER**

2	Alexandre, Mary	86	Tamalpais Aquati-38	2:09.85
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## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

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**Women 85-89 200 LC Meter Freestyle**

PAC: 3:56.11 P 12/31/2007 Margery Meyer  
 NATL: 3:49.67 N 7/14/2012 JEAN TROY  
 WORLD: 3:21.29 W 5/26/2016 Jane ASHER

1 Alexandre, Mary 86 Tamalpais Aquati-38 4:35.65

**Women 85-89 50 LC Meter Backstroke**

PAC: 58.34 P 12/31/2008 Margery Meyer  
 NATL: 51.81 N 7/7/2012 BETTY LORENZI  
 WORLD: 48.85 W 6/29/2019 Katharina FLORA

1 Flesh, Anice 86 Marin Aquatic Ma-38 1:17.57  
 2 Tegner, Thyra 87 Almaden Masters-38 1:30.68

**Women 85-89 50 LC Meter Backstroke**

PAC: 58.34 P 12/31/2008 Margery Meyer  
 NATL: 51.81 N 7/7/2012 BETTY LORENZI  
 WORLD: 48.85 W 6/29/2019 Katharina FLORA

2 Alexandre, Mary 86 Tamalpais Aquati-38 1:18.30

**Women 85-89 100 LC Meter Breaststroke**

PAC: 2:25.44 P 7/23/2016 Ann M Hirsch  
 NATL: 2:20.49 N 7/12/2014 NAN BOHL  
 WORLD: 1:54.96 W 5/6/2016 A.VAN OBERGHEIN

1 Flesh, Anice 86 Marin Aquatic Ma-38 2:44.78

**Men 18-24 50 LC Meter Freestyle**

PAC: 23.62 P 8/3/2017 Alex Ngan  
 NATL: 21.78 N 7/1/2012 JOSH SCHNEIDER

1 Frye, Thomas 24 East Bay Bat Ray-38 25.53  
 2 Blomquist, Benjamin 22 Albany Armada Aq-38 27.84  
 3 Vaishnav, Shaan S 20 East Bay Bat Ray-38 29.54  
 4 Felix, Samuel 23 Marin Aquatic Ma-38 30.95  
 5 Hernandez, Clapton 20 SF Tsunami Maste-38 31.35  
 --- Wood, Aaron M 24 Mountain View Ma-38 NS  
 --- Cruse, Nicholas 23 Marin Aquatic Ma-38 NS

**Men 18-24 100 LC Meter Freestyle**

PAC: 53.35 P 8/7/2013 Kevin Ferguson  
 NATL: 48.45 N 6/16/2021 COLEMAN STEWART

1 Blomquist, Benjamin 22 Albany Armada Aq-38 1:02.33  
 2 Hernandez, Clapton 20 SF Tsunami Maste-38 1:09.82  
 3 Felix, Samuel 23 Marin Aquatic Ma-38 1:10.41  
 --- Yancher, Owen 24 Davis Aquatic Ma-38 NS  
 --- Wood, Aaron M 24 Mountain View Ma-38 NS

**Men 18-24 200 LC Meter Freestyle**

PAC: 1:56.99 P 12/31/1989 Tony Batis  
 NATL: 1:52.74 N 8/16/1998 JOE TRISTAN

1 Wood, Aaron M 24 Mountain View Ma-38 2:13.30  
 2 Felix, Samuel 23 Marin Aquatic Ma-38 2:40.64  
 --- Pettibone, Holman 23 Santa Rosa Maste-38 NS

**Men 18-24 50 LC Meter Backstroke**

PAC: 27.51 P 12/31/2008 John McCallen  
 NATL: 26.91 N 8/15/2005 DAVE ROLLINS

1 Frye, Thomas 24 East Bay Bat Ray-38 31.57

**Men 18-24 100 LC Meter Backstroke**

PAC: 1:00.39 P 8/7/2013 Wilfred R Garcia  
 NATL: 53.61 N 6/27/2012 EUGENE GODSOE

1 Blomquist, Benjamin 22 Albany Armada Aq-38 1:13.91

**Men 18-24 200 LC Meter Backstroke**

PAC: 2:18.61 P 12/31/2004 Matt Roper  
 NATL: 2:03.82 N 7/30/2018 TAKEHARU FUJIMORI

--- Wood, Aaron M 24 Mountain View Ma-38 NS

**Men 18-24 50 LC Meter Breaststroke**

PAC: 30.60 P 12/31/2008 Rick Eddy  
 NATL: 28.87 N 8/15/2005 DAVE ROLLINS

1 Pettibone, Holman 23 Santa Rosa Maste-38 32.99  
 2 Yancher, Owen 24 Davis Aquatic Ma-38 34.54  
 3 Vaishnav, Shaan S 20 East Bay Bat Ray-38 37.85

**Men 18-24 100 LC Meter Breaststroke**

PAC: 1:03.35 P 12/31/2012 BJ Johnson  
 NATL: 1:00.68 N 8/25/2016 JACOB MONTAGUE

1 Teshima, Ryan 23 University of Sa-38 1:15.46  
 2 Blomquist, Benjamin 22 Albany Armada Aq-38 1:26.99  
 --- Pettibone, Holman 23 Santa Rosa Maste-38 NS

**Men 18-24 200 LC Meter Breaststroke**

PAC: 2:18.83 P 11/17/2011 BJ Johnson  
 NATL: 2:11.10 N 6/29/2012 ELLIOT KEEFER

1 Pettibone, Holman 23 Santa Rosa Maste-38 2:43.30

**Men 18-24 50 LC Meter Butterfly**

PAC: 24.20 P 8/10/2014 Thomas A Shields  
 NATL: 24.20 N 8/8/2014 THOMAS SHIELDS

1 Vaishnav, Shaan S 20 East Bay Bat Ray-38 30.45  
 2 Hernandez, Clapton 20 SF Tsunami Maste-38 34.28  
 --- Cruse, Nicholas 23 Marin Aquatic Ma-38 NS

**Men 18-24 100 LC Meter Butterfly**

PAC: 51.29 P 8/8/2014 Thomas A Shields  
 NATL: 51.29 N 8/8/2014 THOMAS SHIELDS

1 Teshima, Ryan 23 University of Sa-38 1:07.49  
 2 Blomquist, Benjamin 22 Albany Armada Aq-38 1:09.97  
 3 Vaishnav, Shaan S 20 East Bay Bat Ray-38 1:10.14  
 4 Hernandez, Clapton 20 SF Tsunami Maste-38 1:20.20  
 --- Pettibone, Holman 23 Santa Rosa Maste-38 NS  
 --- Cruse, Nicholas 23 Marin Aquatic Ma-38 NS  
 --- Wood, Aaron M 24 Mountain View Ma-38 NS

**Men 18-24 200 LC Meter IM**

PAC: 2:01.72 P 6/30/2016 Adam J Hinshaw  
 NATL: 2:05.80 N 6/30/2016 JACOB MONTAGUE

1 Wood, Aaron M 24 Mountain View Ma-38 2:35.82  
 2 Blomquist, Benjamin 22 Albany Armada Aq-38 2:37.46  
 --- Cruse, Nicholas 23 Marin Aquatic Ma-38 NS

**Men 18-24 400 LC Meter IM**

PAC: 4:48.56 P 12/31/1992 Greg Mackem  
 NATL: 4:44.53 N 8/21/2010 PETER GALAN

1 Pettibone, Holman 23 Santa Rosa Maste-38 5:35.65  
 2 Blomquist, Benjamin 22 Albany Armada Aq-38 5:50.32

**Men 25-29 50 LC Meter Freestyle**

PAC: 21.69 P 8/10/2014 Nathan Adrian  
 NATL: 21.69 N 8/10/2014 NATHAN ADRIAN  
 WORLD: 22.30 W 2/18/2017 A.LIUKKONEN

1 Averchenko, Aleksei 29 Menlo Masters-38 25.20  
 2 Gleason, Sam 26 Albany Armada Aq-38 26.92



## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

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**(Men 25-29 50 LC Meter Freestyle)**

3	Jenstrom, Ian P	29	Jellies Aquatic-38	27.06
4	Valentine, Matthew A	28	University of Sa-38	27.32
5	Dyer, Samuel	26	Albany Armada Aq-38	29.03
6	Gu, Yue Shen	29	Walnut Creek Mas-38	30.56
---	Makhsudov, Alisher	25	University of Sa-38	NS

**Men 25-29 100 LC Meter Freestyle**

**PAC:** 47.96 P 7/1/2017 **Nathan Adrian**  
**NATL:** 47.96 N 6/27/2017 **NATHAN ADRIAN**  
**WORLD:** 50.45 W 6/7/2013 **Matthew MCGINNIS**

1	Jenstrom, Ian P	29	Jellies Aquatic-38	1:00.15
2	Gleason, Sam	26	Albany Armada Aq-38	1:00.66
3	Frederick, Aaron D	29	University of Sa-38	1:01.17
4	Makhsudov, Alisher	25	University of Sa-38	1:01.78

**Men 25-29 200 LC Meter Freestyle**

**PAC:** 1:50.69 P 6/25/2013 **Alex Wold**  
**NATL:** 1:50.69 N 6/26/2013 **ALEX WOLD**  
**WORLD:** 1:50.76 W 8/16/2017 **D.DURANGO**

1	Gleason, Sam	26	Albany Armada Aq-38	2:16.41
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**Men 25-29 400 LC Meter Freestyle**

**PAC:** 3:55.01 P 6/28/2013 **Alex Wold**  
**NATL:** 3:55.01 N 6/28/2013 **ALEX WOLD**  
**WORLD:** 4:00.98 W 8/18/2002 **Honza VITAZKA**

1	Mueller, Eric	28	UC38	5:17.70
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**Men 25-29 800 LC Meter Freestyle**

**PAC:** 8:35.91 P 12/31/1994 **Chip L Hobson**  
**NATL:** 8:24.67 N 6/29/1997 **ALEX KOSTICH**  
**WORLD:** 8:24.67 W 6/29/1997 **Alex KOSTICH**

1	Gleason, Sam	26	Albany Armada Aq-38	10:55.92
2	Mueller, Eric	28	UC38	11:17.90

**Men 25-29 1500 LC Meter Freestyle**

**PAC:** 16:28.69 P 12/31/1987 **Cameron D Reid**  
**NATL:** 16:13.89 N 8/10/1997 **ALEX KOSTICH**  
**WORLD:** 16:13.78 W 4/12/2015 **Rafael CABANILLAS**

1	Averchenko, Aleksei	29	Menlo Masters-38	18:09.09
2	Gleason, Sam	26	Albany Armada Aq-38	21:25.87

**Men 25-29 50 LC Meter Backstroke**

**PAC:** 27.34 P 4/24/2017 **Andrew Saeta**  
**NATL:** 26.05 N 5/22/2011 **ADAM MANIA**  
**WORLD:** 25.44 W 4/3/2016 **Anton BUTYMOV**

1	Averchenko, Aleksei	29	Menlo Masters-38	28.70
2	Jenstrom, Ian P	29	Jellies Aquatic-38	32.33
3	Dyer, Samuel	26	Albany Armada Aq-38	34.72
4	Gu, Yue Shen	29	Walnut Creek Mas-38	41.66

**Men 25-29 100 LC Meter Backstroke**

**PAC:** 1:00.02 P 8/20/2016 **Benjamin S Hinsha**  
**NATL:** 55.15 N 8/3/2011 **ADAM MANIA**  
**WORLD:** 55.09 W 11/21/2021 **Ryota MAEJIMA**

1	Dyer, Samuel	26	Albany Armada Aq-38	1:16.83
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**Men 25-29 200 LC Meter Backstroke**

**PAC:** 2:12.40 P 7/15/2017 **Peter R Kline**  
**NATL:** 2:03.61 N 6/24/2017 **HAYES JOHNSON**  
**WORLD:** 2:02.76 W 4/26/2019 **DmitriI GORBUNOV**

1	Valentine, Matthew A	28	University of Sa-38	2:35.81
2	Dyer, Samuel	26	Albany Armada Aq-38	2:52.55

**Men 25-29 100 LC Meter Breaststroke**

**PAC:** 1:00.68 P 6/25/2013 **BJ Johnson**  
**NATL:** 1:00.68 N 6/28/2013 **BJ JOHNSON**  
**WORLD:** 1:00.39 W 4/16/2021 **Kirill STRELNIKOV**

1	Gu, Yue Shen	29	Walnut Creek Mas-38	1:32.69
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**Men 25-29 50 LC Meter Butterfly**

**PAC:** 23.90 P 7/1/2017 **Thomas A Shields**  
**NATL:** 23.71 N 8/16/2008 **KOHEI KAWAMOTO**  
**WORLD:** 23.71 W 8/16/2008 **Kohei KAWAMOTO**

1	Mueller, Eric	28	UC38	29.36
2	Frederick, Aaron D	29	University of Sa-38	29.45
3	Makhsudov, Alisher	25	University of Sa-38	31.00
4	Gleason, Sam	26	Albany Armada Aq-38	31.34
5	Dyer, Samuel	26	Albany Armada Aq-38	31.38

**Men 25-29 100 LC Meter Butterfly**

**PAC:** 51.20 P 7/2/2016 **Thomas A Shields**  
**NATL:** 51.20 N 7/2/2016 **THOMAS SHIELDS**  
**WORLD:** 53.09 W 8/15/2008 **Kohei KAWAMOTO**

1	Averchenko, Aleksei	29	Menlo Masters-38	59.48
2	Valentine, Matthew A	28	University of Sa-38	1:00.64
3	Mueller, Eric	28	UC38	1:07.04
4	Jenstrom, Ian P	29	Jellies Aquatic-38	1:09.85
5	Makhsudov, Alisher	25	University of Sa-38	1:23.41
6	Gu, Yue Shen	29	Walnut Creek Mas-38	1:28.63

**Men 25-29 200 LC Meter IM**

**PAC:** 2:07.67 P 4/22/2017 **Colin B Babcock**  
**NATL:** 2:04.40 N 7/14/2013 **ADAM RITTER**  
**WORLD:** 2:03.62 W 4/28/2019 **DmitriI GORBUNOV**

1	Jenstrom, Ian P	29	Jellies Aquatic-38	2:33.88
2	Frederick, Aaron D	29	University of Sa-38	2:35.48
3	Mueller, Eric	28	UC38	2:39.91
4	Dyer, Samuel	26	Albany Armada Aq-38	3:06.96

**Men 25-29 400 LC Meter IM**

**PAC:** 4:20.83 P 6/25/2013 **Alex Wold**  
**NATL:** 4:20.83 N 6/27/2013 **ALEX WOLD**  
**WORLD:** 4:30.05 W 9/12/2009 **D.YABE**

1	Gleason, Sam	26	Albany Armada Aq-38	6:13.23
---	Dyer, Samuel	26	Albany Armada Aq-38	DQ

**Men 30-34 50 LC Meter Freestyle**

**PAC:** 21.55 P 8/10/2014 **Anthony L Ervin**  
**NATL:** 21.55 N 8/10/2014 **ANTHONY ERVIN**  
**WORLD:** 22.13 W 7/13/2013 **Roland SCHOEMAN**

1	Lindholm, Kyle	30	UC38	27.39
2	Thomas, Michael	30	Mountain View Ma-38	30.83
---	Hadjipateras, Costas N	32	University of Sa-38	NS
---	Christenson, Joel G	31	East Bay Bat Ray-38	NS

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

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**Men 30-34 100 LC Meter Freestyle**

<b>PAC:</b>	<b>48.71 P 8/6/2014</b>	<b>Anthony L Ervin</b>	
<b>NATL:</b>	<b>48.71 N 8/6/2014</b>	<b>ANTHONY ERVIN</b>	
<b>WORLD:</b>	<b>49.80 W 7/23/2016</b>	<b>Darian TOWNSEND</b>	
1	Hadjipateras, Costas N	32 University of Sa-38	58.84
2	Rogers, Louis	33 Walnut Creek Mas-38	59.84
3	Lindholm, Kyle	30 UC38	1:05.56

**Men 30-34 200 LC Meter Freestyle**

<b>PAC:</b>	<b>1:56.57 P 6/25/2022</b>	<b>Marcos Lavado</b>	
<b>NATL:</b>	<b>1:49.34 N 8/7/2014</b>	<b>DARIAN TOWNSEND</b>	
<b>WORLD:</b>	<b>1:49.56 W 8/6/2016</b>	<b>Darian TOWNSEND</b>	
1	Hadjipateras, Costas N	32 University of Sa-38	2:10.63
2	Rogers, Louis	33 Walnut Creek Mas-38	2:16.10
3	Leber, Nathan	30 University of Sa-38	2:26.58

**Men 30-34 400 LC Meter Freestyle**

<b>PAC:</b>	<b>4:13.54 P 12/31/1993</b>	<b>Tom Fristoe</b>	
<b>NATL:</b>	<b>3:58.12 N 7/23/2016</b>	<b>DARIAN TOWNSEND</b>	
<b>WORLD:</b>	<b>3:58.12 W 7/23/2016</b>	<b>Darian TOWNSEND</b>	
1	Lavado, Marcos	31 Manatee Aquatic-38	4:19.64
2	Leber, Nathan	30 University of Sa-38	5:18.03

**Men 30-34 800 LC Meter Freestyle**

<b>PAC:</b>	<b>8:51.23 P 12/31/1992</b>	<b>Jeff Stiling</b>	
<b>NATL:</b>	<b>8:28.76 N 8/7/2019</b>	<b>CHAD LA TOURETTE</b>	
<b>WORLD:</b>	<b>8:08.53 W 3/11/2012</b>	<b>Jan WOLFGARTEN</b>	
1	Leber, Nathan	30 University of Sa-38	11:11.53
2	Thomas, Michael	30 Mountain View Ma-38	12:46.43

**Men 30-34 1500 LC Meter Freestyle**

<b>PAC:</b>	<b>15:52.24 P 8/7/2019</b>	<b>Chad E La Tourett</b>	
<b>NATL:</b>	<b>15:52.24 N 8/7/2019</b>	<b>CHAD LA TOURETTE</b>	
<b>WORLD:</b>	<b>15:25.79 W 3/11/2012</b>	<b>Jan WOLFGARTEN</b>	
1	Leber, Nathan	30 University of Sa-38	21:14.45

**Men 30-34 50 LC Meter Backstroke**

<b>PAC:</b>	<b>27.26 P 12/31/1994</b>	<b>Sean Murphy</b>	
<b>NATL:</b>	<b>24.67 N 6/29/2017</b>	<b>MATT GREVERS</b>	
<b>WORLD:</b>	<b>25.97 W 8/6/2016</b>	<b>Darian TOWNSEND</b>	
1	Rogers, Louis	33 Walnut Creek Mas-38	33.75
2	Lindholm, Kyle	30 UC38	34.57
3	Thomas, Michael	30 Mountain View Ma-38	38.22

**Men 30-34 100 LC Meter Backstroke**

<b>PAC:</b>	<b>58.66 P 12/31/1994</b>	<b>Sean Murphy</b>	
<b>NATL:</b>	<b>52.71 N 6/30/2017</b>	<b>MATT GREVERS</b>	
<b>WORLD:</b>	<b>55.93 W 7/13/2014</b>	<b>Darian TOWNSEND</b>	
1	Rogers, Louis	33 Walnut Creek Mas-38	1:09.46

**Men 30-34 200 LC Meter Backstroke**

<b>PAC:</b>	<b>2:05.62 P 12/31/1994</b>	<b>Sean Murphy</b>	
<b>NATL:</b>	<b>2:05.62 N 7/9/1994</b>	<b>SEAN MURPHY</b>	
<b>WORLD:</b>	<b>2:02.75 W 11/24/2000</b>	<b>Rogelio ROMERO</b>	
1	O'Malley, Liam	32 University of Sa-38	2:28.17
2	Rogers, Louis	33 Walnut Creek Mas-38	2:34.25
3	Leber, Nathan	30 University of Sa-38	2:51.17
4	Thomas, Michael	30 Mountain View Ma-38	3:00.96

**Men 30-34 50 LC Meter Breaststroke**

<b>PAC:</b>	<b>27.26 P 6/15/2019</b>	<b>Brandon J Fischer</b>	
<b>NATL:</b>	<b>27.26 N 6/15/2019</b>	<b>BRANDON FISCHER</b>	
<b>WORLD:</b>	<b>27.95 W 9/1/2019</b>	<b>Ryo KOBAYASHI</b>	
1	Lindholm, Kyle	30 UC38	34.41

**Men 30-34 100 LC Meter Breaststroke**

<b>PAC:</b>	<b>59.86 P 6/15/2019</b>	<b>Brandon J Fischer</b>	
<b>NATL:</b>	<b>59.86 N 6/13/2019</b>	<b>BRANDON FISCHER</b>	
<b>WORLD:</b>	<b>1:01.25 W 8/31/2019</b>	<b>Ryo KOBAYASHI</b>	
1	Hallman, Kevin M	33 University of Sa-38	1:25.98
2	Thomas, Michael	30 Mountain View Ma-38	1:32.93

**Men 30-34 50 LC Meter Butterfly**

<b>PAC:</b>	<b>25.31 P 12/31/1988</b>	<b>Mike Bottom</b>	
<b>NATL:</b>	<b>23.26 N 7/13/2013</b>	<b>ROLAND SCHOEMAN</b>	
<b>WORLD:</b>	<b>23.26 W 7/13/2013</b>	<b>Roland SCHOEMAN</b>	
1	Lavado, Marcos	31 Manatee Aquatic-38	26.00
2	Hadjipateras, Costas N	32 University of Sa-38	28.10
---	Lindholm, Kyle	30 UC38	NS

**Men 30-34 100 LC Meter Butterfly**

<b>PAC:</b>	<b>55.49 P 7/6/2008</b>	<b>Erik L Scalise</b>	
<b>NATL:</b>	<b>53.36 N 8/8/2014</b>	<b>DARIAN TOWNSEND</b>	
<b>WORLD:</b>	<b>53.10 W 4/8/2022</b>	<b>Henrique MARTINS</b>	
1	Hadjipateras, Costas N	32 University of Sa-38	1:02.30
2	Hallman, Kevin M	33 University of Sa-38	1:14.18
3	Thomas, Michael	30 Mountain View Ma-38	1:22.64

**Men 30-34 200 LC Meter Butterfly**

<b>PAC:</b>	<b>2:09.37 P 12/31/1994</b>	<b>Sean Murphy</b>	
<b>NATL:</b>	<b>2:03.76 N 8/12/2010</b>	<b>MATT HAUPT</b>	
<b>WORLD:</b>	<b>2:03.43 W 8/17/2019</b>	<b>Takatsugu OGA</b>	
1	Lavado, Marcos	31 Manatee Aquatic-38	2:09.78
2	Leber, Nathan	30 University of Sa-38	3:06.87

**Men 30-34 400 LC Meter IM**

<b>PAC:</b>	<b>4:40.22 P 12/31/1994</b>	<b>Sean Murphy</b>	
<b>NATL:</b>	<b>4:20.81 N 7/23/2016</b>	<b>DARIAN TOWNSEND</b>	
<b>WORLD:</b>	<b>4:20.81 W 7/23/2016</b>	<b>Darian TOWNSEND</b>	
1	Leber, Nathan	30 University of Sa-38	6:09.89

**Men 35-39 50 LC Meter Freestyle**

<b>PAC:</b>	<b>23.95 P 8/7/2013</b>	<b>Mike Pyle</b>	
<b>NATL:</b>	<b>22.98 N 6/19/2021</b>	<b>MATT GREVERS</b>	
<b>WORLD:</b>	<b>22.76 W 8/20/2005</b>	<b>Mark FOSTER</b>	
1	Frink, Stephen	37 Richmond Plunge-38	26.35
2	Zachan, Matthew	36 Davis Aquatic Ma-38	28.94
3	Law, David	37 Manatee Aquatic-38	28.97
---	Comiran, Fernando	39 University of Sa-38	NS
---	Stinson, Ian	36 UC38	NS

**Men 35-39 100 LC Meter Freestyle**

<b>PAC:</b>	<b>53.51 P 6/30/2017</b>	<b>Tamas Kerekjarto</b>	
<b>NATL:</b>	<b>51.45 N 10/9/2021</b>	<b>ADAM RITTER</b>	
<b>WORLD:</b>	<b>50.78 W 9/27/2009</b>	<b>Hideaki HARA</b>	
1	Frink, Stephen	37 Richmond Plunge-38	58.95
2	Zachan, Matthew	36 Davis Aquatic Ma-38	1:01.51
3	Chenco, Nathan J	36 Stanford Masters-38	1:01.84
4	Torres, Emmanuel	36 Marcia's Enthusi-38	1:07.89
---	Kapustin, Yevgeniy	36 University of Sa-38	NS

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## Results

**(Men 35-39 100 LC Meter Freestyle)**

---	Stinson, Ian	36	UC38	NS
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**Men 35-39 200 LC Meter Freestyle**

<b>PAC:</b> 1:59.43 P 7/9/2018		<b>Tamas Kerekjarto</b>		
<b>NATL:</b> 1:49.23 N 6/14/2021		<b>RYAN LOCHTE</b>		
<b>WORLD:</b> 1:52.84 W 8/6/2006		<b>Vladmir PYSHNENKO</b>		
1	Chenco, Nathan J	36	Stanford Masters-38	2:14.60
2	Zachan, Matthew	36	Davis Aquatic Ma-38	2:16.14
3	Eilath, Adam	35	Manatee Aquatic-38	2:20.75
4	Law, David	37	Manatee Aquatic-38	2:26.12
---	Stinson, Ian	36	UC38	NS

**Men 35-39 400 LC Meter Freestyle**

<b>PAC:</b> 4:16.20 P 12/31/2000		<b>Dan Veatch</b>		
<b>NATL:</b> 4:07.64 N 7/16/1995		<b>ROWDY GAINES</b>		
<b>WORLD:</b> 4:05.91 W 3/10/2012		<b>Petar STOYCHEV</b>		
1	Chenco, Nathan J	36	Stanford Masters-38	4:44.93
2	Zachan, Matthew	36	Davis Aquatic Ma-38	4:57.76
3	Song, Jimmy	39	Marcia's Enthusi-38	5:42.35
4	Torres, Emmanuel	36	Marcia's Enthusi-38	5:50.81

**Men 35-39 800 LC Meter Freestyle**

<b>PAC:</b> 8:56.10 P 12/31/2003		<b>Dan Veatch</b>		
<b>NATL:</b> 8:38.73 N 11/12/1995		<b>ROWDY GAINES</b>		
<b>WORLD:</b> 8:18.44 W 3/10/2012		<b>Petar STOYCHEV</b>		
1	Chenco, Nathan J	36	Stanford Masters-38	9:54.70
2	Frink, Stephen	37	Richmond Plunge-38	10:24.36

**Men 35-39 1500 LC Meter Freestyle**

<b>PAC:</b> 16:59.46 P 12/31/2001		<b>Dan Veatch</b>		
<b>NATL:</b> 16:32.72 N 8/14/2008		<b>CHRISTOPHER DERKS</b>		
<b>WORLD:</b> 16:00.04 W 3/11/2012		<b>Petar STOYCHEV</b>		
1	Eilath, Adam	35	Manatee Aquatic-38	21:47.91
2	Law, David	37	Manatee Aquatic-38	21:57.20
3	Leong, Lancelote	37	SF Tsunami Maste-38	32:00.71

**Men 35-39 50 LC Meter Backstroke**

<b>PAC:</b> 27.68 P 12/31/2006		<b>Rick Gould</b>		
<b>NATL:</b> 26.54 N 8/10/2019		<b>JEFF NATALIZIO</b>		
<b>WORLD:</b> 26.43 W 8/20/2017		<b>Ryan PINI</b>		
1	Frink, Stephen	37	Richmond Plunge-38	33.97
---	Stinson, Ian	36	UC38	NS

**Men 35-39 200 LC Meter Backstroke**

<b>PAC:</b> 2:09.26 P 12/31/2000		<b>Dan Veatch</b>		
<b>NATL:</b> 2:07.16 N 7/29/2001		<b>RON KARNAUGH</b>		
<b>WORLD:</b> 2:07.97 W 6/22/2016		<b>Marco MACCIANTI</b>		
1	Horan, Kevin	38	Richmond Plunge-38	2:52.24

**Men 35-39 50 LC Meter Breaststroke**

<b>PAC:</b> 30.47 P 12/31/1998		<b>David Lundberg</b>		
<b>NATL:</b> 28.53 N 5/25/2009		<b>JEFF COMMINGS</b>		
<b>WORLD:</b> 28.47 W 10/24/2009		<b>Vladislav BRAGIN</b>		
1	Song, Jimmy	39	Marcia's Enthusi-38	36.70
2	Law, David	37	Manatee Aquatic-38	37.03
---	Stinson, Ian	36	UC38	NS

**Men 35-39 100 LC Meter Breaststroke**

<b>PAC:</b> 1:07.52 P 12/31/1998		<b>David Lundberg</b>		
<b>NATL:</b> 1:03.76 N 7/14/2013		<b>JEFF COMMINGS</b>		
<b>WORLD:</b> 1:02.40 W 2/11/2020		<b>Ryo KOBAYASHI</b>		
1	Chenco, Nathan J	36	Stanford Masters-38	1:16.16
2	Song, Jimmy	39	Marcia's Enthusi-38	1:22.60
3	Law, David	37	Manatee Aquatic-38	1:25.62
4	Zachan, Matthew	36	Davis Aquatic Ma-38	1:27.51

**Men 35-39 200 LC Meter Breaststroke**

<b>PAC:</b> 2:27.55 P 12/31/2006		<b>Roque J Santos</b>		
<b>NATL:</b> 2:20.34 N 8/6/2011		<b>STEVE WEST</b>		
<b>WORLD:</b> 2:20.29 W 6/5/2004		<b>Nick GILLINGHAM</b>		
1	Song, Jimmy	39	Marcia's Enthusi-38	2:55.86
2	Frink, Stephen	37	Richmond Plunge-38	3:03.28
3	Law, David	37	Manatee Aquatic-38	3:14.60
---	Eilath, Adam	35	Manatee Aquatic-38	DQ

**Men 35-39 50 LC Meter Butterfly**

<b>PAC:</b> 25.77 P 6/29/2014		<b>Adam M Conway</b>		
<b>NATL:</b> 24.14 N 8/15/2015		<b>KOHEI KAWAMOTO</b>		
<b>WORLD:</b> 24.14 W 8/15/2015		<b>Kohei KAWAMOTO</b>		
1	Eilath, Adam	35	Manatee Aquatic-38	30.22
2	Zachan, Matthew	36	Davis Aquatic Ma-38	30.94
3	Kapustin, Yevgeniy	36	University of Sa-38	37.14
---	Torres, Emmanuel	36	Marcia's Enthusi-38	NS
---	Stinson, Ian	36	UC38	NS

**Men 35-39 100 LC Meter Butterfly**

<b>PAC:</b> 56.21 P 7/15/2017		<b>Tamas Kerekjarto</b>		
<b>NATL:</b> 53.65 N 8/2/2018		<b>KOHEI KAWAMOTO</b>		
<b>WORLD:</b> 53.65 W 8/2/2018		<b>Kohei KAWAMOTO</b>		
1	Zachan, Matthew	36	Davis Aquatic Ma-38	1:08.95
2	Chenco, Nathan J	36	Stanford Masters-38	1:09.53
3	Law, David	37	Manatee Aquatic-38	1:20.39
4	Song, Jimmy	39	Marcia's Enthusi-38	1:25.06
---	Comiran, Fernando	39	University of Sa-38	NS
---	Torres, Emmanuel	36	Marcia's Enthusi-38	NS

**Men 35-39 200 LC Meter Butterfly**

<b>PAC:</b> 2:09.28 P 6/30/2017		<b>Tamas Kerekjarto</b>		
<b>NATL:</b> 2:04.76 N 8/1/2015		<b>BRENT CREAGER</b>		
<b>WORLD:</b> 2:02.54 W 4/26/2019		<b>Nikolay SKVORTSOV</b>		
1	Eilath, Adam	35	Manatee Aquatic-38	2:48.93
2	Torres, Emmanuel	36	Marcia's Enthusi-38	3:06.56

**Men 35-39 200 LC Meter IM**

<b>PAC:</b> 2:14.87 P 12/31/2009		<b>Derek Guffey</b>		
<b>NATL:</b> 1:58.48 N 6/17/2021		<b>RYAN LOCHTE</b>		
<b>WORLD:</b> 2:05.65 W 7/7/2019		<b>Darian TOWNSEND</b>		
1	Frink, Stephen	37	Richmond Plunge-38	2:36.87
2	Eilath, Adam	35	Manatee Aquatic-38	2:39.39
3	Song, Jimmy	39	Marcia's Enthusi-38	2:53.32
4	Torres, Emmanuel	36	Marcia's Enthusi-38	3:02.31

**Men 35-39 400 LC Meter IM**

<b>PAC:</b> 4:45.47 P 12/31/2009		<b>Derek Guffey</b>		
<b>NATL:</b> 4:34.10 N 7/29/2001		<b>RON KARNAUGH</b>		
<b>WORLD:</b> 4:36.66 W 8/14/2019		<b>IDRYMONAKOS</b>		
1	Eilath, Adam	35	Manatee Aquatic-38	5:53.71

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**(Men 35-39 400 LC Meter IM)**

2	Song, Jimmy	39	Marcia's Enthusi-38	6:16.79
3	Torres, Emmanuel	36	Marcia's Enthusi-38	6:27.13

**Men 40-44 50 LC Meter Freestyle**

<b>PAC: 24.14 P 12/31/2003 David E Boatwrigh</b>				
<b>NATL: 22.61 N 6/19/2021 ANTHONY ERVIN</b>				
<b>WORLD: 23.25 W 7/15/2018 Hideaki HARA</b>				
1	Holbrook, Chad	43	Walnut Creek Mas-38	28.59
2	Mustiazza, Oleg	44	San Mateo Master-38	34.02
---	Winfield, Matthew	41	SF Tsunami Maste-38	NS

**Men 40-44 100 LC Meter Freestyle**

<b>PAC: 54.26 P 12/31/2003 David E Boatwrigh</b>				
<b>NATL: 51.72 N 8/1/2010 VLAD PYSHNENKO</b>				
<b>WORLD: 51.21 W 7/14/2018 Hideaki HARA</b>				
1	Mustiazza, Oleg	44	San Mateo Master-38	1:19.93
---	Winfield, Matthew	41	SF Tsunami Maste-38	NS

**Men 40-44 200 LC Meter Freestyle**

<b>PAC: 2:01.15 P 12/31/2003 David E Boatwrigh</b>				
<b>NATL: 1:53.65 N 8/2/2010 VLAD PYSHNENKO</b>				
<b>WORLD: 1:53.65 W 8/2/2010 Vladimir PYSHNENKO</b>				
1	Roper, Matt	41	Davis Aquatic Ma-38	2:29.61

**Men 40-44 400 LC Meter Freestyle**

<b>PAC: 4:16.50 P 12/31/2010 Alex Kostich</b>				
<b>NATL: 4:06.74 N 7/24/2009 ERIK HOCHSTEIN</b>				
<b>WORLD: 4:06.74 W 7/24/2009 Erik HOCHSTEIN</b>				
1	Roper, Matt	41	Davis Aquatic Ma-38	5:47.63
2	Mustiazza, Oleg	44	San Mateo Master-38	6:56.79

**Men 40-44 800 LC Meter Freestyle**

<b>PAC: 8:37.81 P 12/31/2010 Alex Kostich</b>				
<b>NATL: 8:37.81 N 7/25/2010 ALEX KOSTICH</b>				
<b>WORLD: 8:35.85 W 8/12/2019 Nicola NISATO</b>				
1	Holbrook, Chad	43	Walnut Creek Mas-38	10:33.86
2	Roper, Matt	41	Davis Aquatic Ma-38	11:55.52

**Men 40-44 1500 LC Meter Freestyle**

<b>PAC: 16:36.91 P 12/31/2010 Alex Kostich</b>				
<b>NATL: 16:36.91 N 7/23/2010 ALEX KOSTICH</b>				
<b>WORLD: 16:24.76 W 4/7/2018 Nicola NISATO</b>				
1	Holbrook, Chad	43	Walnut Creek Mas-38	20:16.18
2	Roper, Matt	41	Davis Aquatic Ma-38	22:34.82

**Men 40-44 50 LC Meter Backstroke**

<b>PAC: 28.59 P 12/31/2006 Sean Murphy</b>				
<b>NATL: 27.47 N 8/23/2008 MICHAEL ROSS</b>				
<b>WORLD: 27.13 W 8/18/2019 Nicholas NECKLES</b>				
1	Roper, Matt	41	Davis Aquatic Ma-38	34.22
2	Holbrook, Chad	43	Walnut Creek Mas-38	34.48

**Men 40-44 100 LC Meter Backstroke**

<b>PAC: 1:00.95 P 12/31/2006 Sean Murphy</b>				
<b>NATL: 59.08 N 8/7/2009 MICHAEL ROSS</b>				
<b>WORLD: 58.45 W 8/17/2019 Nicholas NECKLES</b>				
1	Roper, Matt	41	Davis Aquatic Ma-38	1:14.83

**Men 40-44 200 LC Meter Backstroke**

<b>PAC: 2:22.02 P 7/8/2007 Rick M Hamilton</b>				
<b>NATL: 2:11.13 N 8/16/2014 FREDERIK HVIID</b>				
<b>WORLD: 2:08.06 W 8/13/2019 Nicholas NECKLES</b>				
1	Holbrook, Chad	43	Walnut Creek Mas-38	2:37.22
2	Roper, Matt	41	Davis Aquatic Ma-38	2:45.94
---	Wada, Ellison	43	Marcia's Enthusi-38	NS

**Men 40-44 50 LC Meter Breaststroke**

<b>PAC: 30.78 P 12/31/2009 Jonathan T Manson</b>				
<b>NATL: 29.02 N 7/27/2014 JEFF COMMINGS</b>				
<b>WORLD: 28.84 W 9/16/2009 Alberto MONTINI</b>				
1	Ignatov, Alex	41	Temescal Aquatic-38	34.87
---	Winfield, Matthew	41	SF Tsunami Maste-38	NS

**Men 40-44 100 LC Meter Breaststroke**

<b>PAC: 1:11.27 P 12/31/1997 Spencer Eldred</b>				
<b>NATL: 1:03.76 N 7/6/2012 STEVE WEST</b>				
<b>WORLD: 1:03.60 W 5/20/2012 Vladislav BRAGIN</b>				
1	Holbrook, Chad	43	Walnut Creek Mas-38	1:24.70
2	Mustiazza, Oleg	44	San Mateo Master-38	1:47.07
---	Winfield, Matthew	41	SF Tsunami Maste-38	NS

**Men 40-44 200 LC Meter Breaststroke**

<b>PAC: 2:24.19 P 12/31/2008 Roque J Santos</b>				
<b>NATL: 2:18.57 N 7/11/2015 STEVE WEST</b>				
<b>WORLD: 2:18.57 W 7/11/2015 Steve WEST</b>				
---	Winfield, Matthew	41	SF Tsunami Maste-38	NS

**Men 40-44 50 LC Meter Butterfly**

<b>PAC: 26.41 P 12/31/2012 Greg Tull</b>				
<b>NATL: 25.11 N 6/9/2018 JAMES ZENYUH</b>				
<b>WORLD: 25.06 W 7/20/2015 Eiji NOMURA</b>				
1	Ignatov, Alex	41	Temescal Aquatic-38	29.30
---	Winfield, Matthew	41	SF Tsunami Maste-38	NS

**Men 40-44 100 LC Meter Butterfly**

<b>PAC: 1:00.72 P 12/31/2005 Roger Brisbane</b>				
<b>NATL: 56.43 N 8/23/2008 MICHAEL ROSS</b>				
<b>WORLD: 56.17 W 9/6/2011 Serkan ATASAY</b>				
1	Wada, Ellison	43	Marcia's Enthusi-38	1:41.74

**Men 40-44 200 LC Meter IM**

<b>PAC: 2:19.31 P 12/31/2006 Stephen M Smith</b>				
<b>NATL: 2:13.71 N 7/23/2016 JEFF COMMINGS</b>				
<b>WORLD: 2:10.63 W 6/25/2009 Alberto MONTINI</b>				
1	Ignatov, Alex	41	Temescal Aquatic-38	2:29.78
---	Winfield, Matthew	41	SF Tsunami Maste-38	NS

**Men 40-44 400 LC Meter IM**

<b>PAC: 4:56.57 P 8/7/2013 David A Sway</b>				
<b>NATL: 4:47.82 N 7/29/2018 ERIC CHRISTENSEN</b>				
<b>WORLD: 4:43.00 W 6/12/2012 Uwe VOLK</b>				
1	Ignatov, Alex	41	Temescal Aquatic-38	5:22.52

**Men 45-49 50 LC Meter Freestyle**

<b>PAC: 24.69 P 8/7/2013 Greg Tull</b>				
<b>NATL: 24.12 N 6/23/2018 BRIAN JACOBSON</b>				
<b>WORLD: 23.55 W 8/15/2019 Hideaki HARA</b>				
1	Wright, Eric	49	California Gold-38	30.66
2	Lehnert, Ahren	49	Marcia's Enthusi-38	33.08

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**(Men 45-49 50 LC Meter Freestyle)**

3	Lucchese, Jon	46	Walnut Creek Mas-38	33.66
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**Men 45-49 100 LC Meter Freestyle**

<b>PAC:</b>	<b>54.83</b>	<b>P 12/31/2006</b>	<b>David E Boatwright</b>
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<b>NATL:</b>	<b>53.77</b>	<b>N 8/7/2016</b>	<b>NICOLAS GRANGER</b>
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<b>WORLD:</b>	<b>52.24</b>	<b>W 8/13/2019</b>	<b>Hideaki HARA</b>
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1	Wright, Eric	49	California Gold-38	1:06.95
2	Zajonc, Jason	49	UC38	1:08.66
3	Lehnert, Ahren	49	Marcia's Enthusi-38	1:12.35
4	Thompson, John	46	Santa Rosa Maste-38	1:22.61

**Men 45-49 200 LC Meter Freestyle**

<b>PAC:</b>	<b>2:03.71</b>	<b>P 12/31/1996</b>	<b>Tim Broderick</b>
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<b>NATL:</b>	<b>1:57.89</b>	<b>N 8/6/2009</b>	<b>KEITH SWITZER</b>
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<b>WORLD:</b>	<b>1:57.75</b>	<b>W 8/5/2014</b>	<b>Nicolas GRANGER</b>
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1	Wright, Eric	49	California Gold-38	2:27.80
2	Sabatini, Greg	46	Richmond Plunge-38	2:40.40
3	Lehnert, Ahren	49	Marcia's Enthusi-38	2:46.45

**Men 45-49 400 LC Meter Freestyle**

<b>PAC:</b>	<b>4:23.49</b>	<b>P 12/31/2005</b>	<b>George F Tidmarsh</b>
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<b>NATL:</b>	<b>4:09.20</b>	<b>N 7/19/2008</b>	<b>DENNIS BAKER</b>
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<b>WORLD:</b>	<b>4:11.07</b>	<b>W 8/9/2009</b>	<b>Keith SWITZER</b>
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1	Wright, Eric	49	California Gold-38	5:17.56
2	Lehnert, Ahren	49	Marcia's Enthusi-38	5:56.20

**Men 45-49 800 LC Meter Freestyle**

<b>PAC:</b>	<b>9:07.99</b>	<b>P 12/31/2006</b>	<b>George F Tidmarsh</b>
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<b>NATL:</b>	<b>8:51.98</b>	<b>N 8/9/2010</b>	<b>JEFF ERWIN</b>
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<b>WORLD:</b>	<b>8:40.79</b>	<b>W 8/10/2015</b>	<b>Fabio CALMASINI</b>
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1	Lehnert, Ahren	49	Marcia's Enthusi-38	12:30.10
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**Men 45-49 1500 LC Meter Freestyle**

<b>PAC:</b>	<b>17:10.90</b>	<b>P 12/31/2005</b>	<b>George F Tidmarsh</b>
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<b>NATL:</b>	<b>16:38.81</b>	<b>N 8/10/2009</b>	<b>JEFF ERWIN</b>
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<b>WORLD:</b>	<b>16:38.81</b>	<b>W 8/10/2009</b>	<b>Jeff ERWIN</b>
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1	Lehnert, Ahren	49	Marcia's Enthusi-38	23:58.22
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**Men 45-49 50 LC Meter Backstroke**

<b>PAC:</b>	<b>29.22</b>	<b>P 12/31/2008</b>	<b>John Ends</b>
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<b>NATL:</b>	<b>28.05</b>	<b>N 6/7/2008</b>	<b>STEVE WOOD</b>
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<b>WORLD:</b>	<b>27.62</b>	<b>W 6/6/2021</b>	<b>Aleksandr SHILIN</b>
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1	Wright, Eric	49	California Gold-38	39.16
---	Lucchese, Jon	46	Walnut Creek Mas-38	NS

**Men 45-49 100 LC Meter Backstroke**

<b>PAC:</b>	<b>1:01.40</b>	<b>P 5/10/2015</b>	<b>Rick Gould</b>
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<b>NATL:</b>	<b>1:00.13</b>	<b>N 6/8/2008</b>	<b>STEVE WOOD</b>
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<b>WORLD:</b>	<b>1:00.13</b>	<b>W 6/8/2008</b>	<b>Steve WOOD</b>
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1	Kuhns, Chris	47	Walnut Creek Mas-38	1:16.62
2	Thompson, John	46	Santa Rosa Maste-38	1:43.92

**Men 45-49 50 LC Meter Breaststroke**

<b>PAC:</b>	<b>32.48</b>	<b>P 12/31/1994</b>	<b>Robert Strand</b>
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<b>NATL:</b>	<b>29.42</b>	<b>N 8/9/2019</b>	<b>STEVE WEST</b>
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<b>WORLD:</b>	<b>29.22</b>	<b>W 9/8/2019</b>	<b>Hideaki TOGO</b>
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1	Pierce, Andrew	46	Walnut Creek Mas-38	37.24
2	Kuhns, Chris	47	Walnut Creek Mas-38	37.99
3	Wright, Eric	49	California Gold-38	38.46
4	Thompson, John	46	Santa Rosa Maste-38	42.32

**Men 45-49 100 LC Meter Breaststroke**

<b>PAC:</b>	<b>1:12.83</b>	<b>P 12/31/2001</b>	<b>Spencer Eldred</b>
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<b>NATL:</b>	<b>1:04.77</b>	<b>N 7/14/2019</b>	<b>STEVE WEST</b>
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<b>WORLD:</b>	<b>1:04.77</b>	<b>W 7/14/2019</b>	<b>Steve WEST</b>
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1	Pierce, Andrew	46	Walnut Creek Mas-38	1:23.14
2	Wright, Eric	49	California Gold-38	1:26.28

**Men 45-49 200 LC Meter Breaststroke**

<b>PAC:</b>	<b>2:35.26</b>	<b>P 6/29/2014</b>	<b>Sergey Mariniuk</b>
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<b>NATL:</b>	<b>2:19.44</b>	<b>N 6/22/2018</b>	<b>STEVE WEST</b>
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<b>WORLD:</b>	<b>2:19.44</b>	<b>W 6/22/2018</b>	<b>Steve WEST</b>
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1	Pierce, Andrew	46	Walnut Creek Mas-38	3:03.65
2	Kuhns, Chris	47	Walnut Creek Mas-38	3:11.89
3	Thompson, John	46	Santa Rosa Maste-38	3:31.36
4	Lehnert, Ahren	49	Marcia's Enthusi-38	3:40.63

**Men 45-49 50 LC Meter Butterfly**

<b>PAC:</b>	<b>26.40</b>	<b>P 8/7/2013</b>	<b>Greg Tull</b>
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<b>NATL:</b>	<b>25.24</b>	<b>N 10/10/2021</b>	<b>CHUCK BARNES</b>
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<b>WORLD:</b>	<b>25.24</b>	<b>W 10/10/2021</b>	<b>Chuck BARNES</b>
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1	Zajonc, Jason	49	UC38	32.09
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**Men 45-49 100 LC Meter Butterfly**

<b>PAC:</b>	<b>59.64</b>	<b>P 12/31/2008</b>	<b>John A Engs</b>
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<b>NATL:</b>	<b>56.42</b>	<b>N 8/4/2002</b>	<b>PAUL CARTER</b>
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<b>WORLD:</b>	<b>56.85</b>	<b>W 8/11/2002</b>	<b>Paul CARTER</b>
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---	Lucchese, Jon	46	Walnut Creek Mas-38	DQ
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**Men 45-49 200 LC Meter IM**

<b>PAC:</b>	<b>2:16.21</b>	<b>P 6/29/2014</b>	<b>Sergey Mariniuk</b>
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<b>NATL:</b>	<b>2:10.09</b>	<b>N 8/7/2016</b>	<b>NICOLAS GRANGER</b>
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<b>WORLD:</b>	<b>2:10.09</b>	<b>W 8/7/2016</b>	<b>Nicolas GRANGER</b>
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1	Kuhns, Chris	47	Walnut Creek Mas-38	2:51.74
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**Men 50-54 50 LC Meter Freestyle**

<b>PAC:</b>	<b>25.57</b>	<b>P 12/31/2008</b>	<b>Paul V Carter</b>
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<b>NATL:</b>	<b>24.58</b>	<b>N 8/9/2009</b>	<b>ROWDY GAINES</b>
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<b>WORLD:</b>	<b>24.08</b>	<b>W 6/27/2009</b>	<b>Brent BARNES</b>
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1	Power, Michael	54	Oregon Masters-37	26.53
2	Lane, Will	51	Fresno Dolphins-38	26.76
3	Jegers, Daniel	53	Marcia's Enthusi-38	29.40
4	Wehmann, Todd	50	Marcia's Enthusi-38	30.01
5	Fahlen, Mark	51	Oakdale Aquatic-38	30.31
6	Erickson, Douglas	50	Rolling Hills Mu-38	31.30
7	Wood, Brent	53	UC38	40.58
---	Welsh, Mark	50	San Mateo Master-38	NS
---	De La Vega, Rafael	54	Menlo Masters-38	NS

**Men 50-54 100 LC Meter Freestyle**

<b>PAC:</b>	<b>55.93</b>	<b>P 12/31/2012</b>	<b>David E Boatwright</b>
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<b>NATL:</b>	<b>54.18</b>	<b>N 8/4/2017</b>	<b>NICOLAS GRANGER</b>
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<b>WORLD:</b>	<b>54.15</b>	<b>W 6/30/2017</b>	<b>Nicolas GRANGER</b>
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1	Jegers, Daniel	53	Marcia's Enthusi-38	1:07.95
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**Men 50-54 100 LC Meter Freestyle**

<b>PAC:</b>	<b>55.93</b>	<b>P 12/31/2012</b>	<b>David E Boatwright</b>
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<b>NATL:</b>	<b>54.18</b>	<b>N 8/4/2017</b>	<b>NICOLAS GRANGER</b>
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<b>WORLD:</b>	<b>54.15</b>	<b>W 6/30/2017</b>	<b>Nicolas GRANGER</b>
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1	Power, Michael	54	Oregon Masters-37	1:00.25
2	Winsor, Brad	51	Davis Aquatic Ma-38	1:00.52
3	Fahlen, Mark	51	Oakdale Aquatic-38	1:05.56

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**(Men 50-54 100 LC Meter Freestyle)**

4	Wehmann, Todd	50	Marcia's Enthusi-38	1:07.60
5	Jegers, Daniel	53	Marcia's Enthusi-38	1:07.86
6	Harrington, Matt	51	University of Sa-38	1:09.03
7	Friedman, Eric D	52	Albany Armada Aq-38	1:16.23
---	De La Vega, Rafael	54	Menlo Masters-38	NS
---	Welsh, Mark	50	San Mateo Master-38	NS

**Men 50-54 200 LC Meter Freestyle**

PAC: 2:05.68 P 7/12/2013 Darren D Phalen

NATL: 2:00.34 N 8/13/2007 DAN STEPHENSON

WORLD: 1:58.62 W 7/1/2017 Nicolas GRANGER

1	Winsor, Brad	51	Davis Aquatic Ma-38	2:14.25
2	Power, Michael	54	Oregon Masters-37	2:17.31
3	Fahlen, Mark	51	Oakdale Aquatic-38	2:24.30
4	Wehmann, Todd	50	Marcia's Enthusi-38	2:31.69
5	Jegers, Daniel	53	Marcia's Enthusi-38	2:34.73
---	Welsh, Mark	50	San Mateo Master-38	NS

**Men 50-54 200 LC Meter Freestyle**

PAC: 2:05.68 P 7/12/2013 Darren D Phalen

NATL: 2:00.34 N 8/13/2007 DAN STEPHENSON

WORLD: 1:58.62 W 7/1/2017 Nicolas GRANGER

1	Jegers, Daniel	53	Marcia's Enthusi-38	2:32.37
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**Men 50-54 400 LC Meter Freestyle**

PAC: 4:24.57 P 8/7/2013 Darren D Phalen

NATL: 4:15.93 N 8/4/2017 NICOLAS GRANGER

WORLD: 4:15.93 W 8/4/2017 Nicolas GRANGER

1	Winsor, Brad	51	Davis Aquatic Ma-38	4:50.53
2	Harrington, Matt	51	University of Sa-38	5:13.87
3	Fahlen, Mark	51	Oakdale Aquatic-38	5:15.79

**Men 50-54 800 LC Meter Freestyle**

PAC: 9:21.11 P 7/8/2018 Barton S Wells

NATL: 8:56.31 N 8/3/2014 RICARDO VALDIVIA

WORLD: 8:55.05 W 7/31/2010 Marcus MATTIOLI

1	Winsor, Brad	51	Davis Aquatic Ma-38	10:02.25
2	Wehmann, Todd	50	Marcia's Enthusi-38	11:58.85

**Men 50-54 800 LC Meter Freestyle**

PAC: 9:21.11 P 7/8/2018 Barton S Wells

NATL: 8:56.31 N 8/3/2014 RICARDO VALDIVIA

WORLD: 8:55.05 W 7/31/2010 Marcus MATTIOLI

1	Fahlen, Mark	51	Oakdale Aquatic-38	10:55.55
2	Wehmann, Todd	50	Marcia's Enthusi-38	11:35.37

**Men 50-54 1500 LC Meter Freestyle**

PAC: 17:50.94 P 8/2/2017 Barton S Wells

NATL: 17:08.33 N 8/20/2000 JIM MC CONICA

WORLD: 17:08.33 W 8/20/2000 Jim MCCONICA

1	Winsor, Brad	51	Davis Aquatic Ma-38	18:51.53
2	Harrington, Matt	51	University of Sa-38	21:26.94
3	Wehmann, Todd	50	Marcia's Enthusi-38	22:04.49
4	Langner, Mikael	54	Manatee Aquatic-38	22:07.18
5	Jegers, Daniel	53	Marcia's Enthusi-38	23:31.51

**Men 50-54 50 LC Meter Backstroke**

PAC: 28.58 P 7/10/2018 Rick Gould

NATL: 28.58 N 7/14/2018 RICK GOULD

WORLD: 28.58 W 7/14/2018 Rick GOULD

1	Lane, Will	51	Fresno Dolphins-38	30.27
2	Power, Michael	54	Oregon Masters-37	34.43
3	Wehmann, Todd	50	Marcia's Enthusi-38	38.73
4	Erickson, Douglas	50	Rolling Hills Mu-38	39.91

**Men 50-54 50 LC Meter Backstroke**

PAC: 28.58 P 7/10/2018 Rick Gould

NATL: 28.58 N 7/14/2018 RICK GOULD

WORLD: 28.58 W 7/14/2018 Rick GOULD

1	Wehmann, Todd	50	Marcia's Enthusi-38	38.88
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**Men 50-54 100 LC Meter Backstroke**

PAC: 1:02.17 P 7/11/2018 Rick Gould

NATL: 1:01.57 N 8/6/2017 NICOLAS GRANGER

WORLD: 1:01.57 W 8/6/2017 Nicolas GRANGER

1	Wehmann, Todd	50	Marcia's Enthusi-38	1:27.80
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**Men 50-54 100 LC Meter Backstroke**

PAC: 1:02.17 P 7/11/2018 Rick Gould

NATL: 1:01.57 N 8/6/2017 NICOLAS GRANGER

WORLD: 1:01.57 W 8/6/2017 Nicolas GRANGER

1	Lane, Will	51	Fresno Dolphins-38	1:08.48
2	Power, Michael	54	Oregon Masters-37	1:14.98
3	Friedman, Eric D	52	Albany Armada Aq-38	1:35.05

**Men 50-54 200 LC Meter Backstroke**

PAC: 2:16.79 P 7/10/2018 Rick Gould

NATL: 2:14.53 N 8/5/2017 NICOLAS GRANGER

WORLD: 2:14.53 W 8/5/2017 Nicolas GRANGER

1	Power, Michael	54	Oregon Masters-37	2:44.50
2	Fahlen, Mark	51	Oakdale Aquatic-38	3:04.78
3	Wehmann, Todd	50	Marcia's Enthusi-38	3:09.17
4	Jegers, Daniel	53	Marcia's Enthusi-38	3:12.28

**Men 50-54 50 LC Meter Breaststroke**

PAC: 30.97 P 12/31/2009 Gary L Patterson

NATL: 29.90 N 4/2/2022 STEVE WEST

WORLD: 29.90 W 4/2/2022 Steve WEST

1	Harrington, Matt	51	University of Sa-38	41.97
---	De La Vega, Rafael	54	Menlo Masters-38	NS

**Men 50-54 100 LC Meter Breaststroke**

PAC: 1:09.36 P 12/31/2009 Gary L Patterson

NATL: 1:06.98 N 8/15/2014 DAVID GUTHRIE

WORLD: 1:06.14 W 4/22/2022 Vladislav BRAGIN

1	Wood, Brent	53	UC38	1:23.38
---	De La Vega, Rafael	54	Menlo Masters-38	NS

**Men 50-54 50 LC Meter Butterfly**

PAC: 25.88 P 12/31/2008 Paul V Carter

NATL: 25.88 N 8/16/2008 PAUL CARTER

WORLD: 25.88 W 8/16/2008 Paul CARTER

1	Lane, Will	51	Fresno Dolphins-38	27.38
2	Power, Michael	54	Oregon Masters-37	29.49
3	Winsor, Brad	51	Davis Aquatic Ma-38	30.71
4	Jegers, Daniel	53	Marcia's Enthusi-38	31.20
---	Travale, John S	54	Walnut Creek Mas-38	NS

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**(Men 50-54 50 LC Meter Butterfly)**

--- Welsh, Mark 50 San Mateo Master-38 NS

**Men 50-54 100 LC Meter Butterfly**

PAC: 57.23 P 12/31/2008 Paul V Carter

NATL: 57.23 N 8/15/2008 PAUL CARTER

WORLD: 57.23 W 8/15/2008 Paul CARTER

1 Jegers, Daniel 53 Marcia's Enthusi-38 1:20.53

--- Welsh, Mark 50 San Mateo Master-38 NS

**Men 50-54 200 LC Meter Butterfly**

PAC: 2:18.57 P 12/31/2008 Paul V Carter

NATL: 2:13.80 N 7/9/2011 DENNIS BAKER

WORLD: 2:13.36 W 11/7/2010 Marcus MATTIOLI

1 Winsor, Brad 51 Davis Aquatic Ma-38 2:39.32

**Men 50-54 200 LC Meter IM**

PAC: 2:19.45 P 8/7/2013 Darren D Phalen

NATL: 2:11.15 N 8/6/2017 NICOLAS GRANGER

WORLD: 2:11.15 W 8/6/2017 Nicolas GRANGER

1 Fahlen, Mark 51 Oakdale Aquatic-38 2:52.39

**Men 50-54 400 LC Meter IM**

PAC: 4:57.93 P 8/7/2013 Darren D Phalen

NATL: 4:45.61 N 8/3/2017 NICOLAS GRANGER

WORLD: 4:45.61 W 8/3/2017 Nicolas GRANGER

1 Harrington, Matt 51 University of Sa-38 6:20.04

**Men 55-59 50 LC Meter Freestyle**

PAC: 25.87 P 8/3/2016 David E Boatwright

NATL: 25.01 N 6/7/2009 JACK GROSELLE

WORLD: 24.45 W 7/19/2015 Brent BARNES

1 Kraaijvanger, Paul 55 North Bay Aquatic-38 27.65

2 Hamilton, Rick 55 Manatee Aquatic-38 28.57

3 Craven, Rob 57 Manatee Aquatic-38 31.17

4 Cocca, Christopher 57 Menlo Masters-38 31.39

5 Barajas, Nick A 56 Sacramento Maste-38 31.90

6 Wu, Long 57 Marcia's Enthusi-38 37.52

**Men 55-59 100 LC Meter Freestyle**

PAC: 56.96 P 7/16/2017 David E Boatwright

NATL: 56.07 N 7/10/2015 STEVE WOOD

WORLD: 56.00 W 2/24/2019 Calvin MAUGHAN

1 Hamilton, Rick 55 Manatee Aquatic-38 1:02.54

2 Cocca, Christopher 57 Menlo Masters-38 1:11.30

3 Barajas, Nick A 56 Sacramento Maste-38 1:11.85

4 Mangold, Paul 59 Tri Valley Maste-38 1:16.73

5 Wu, Long 57 Marcia's Enthusi-38 1:25.19

6 Todd, Mitchell 55 Marin Aquatic Ma-38 1:28.54

--- Kraaijvanger, Paul 55 North Bay Aquatic-38 NS

**Men 55-59 200 LC Meter Freestyle**

PAC: 2:05.88 P 8/3/2016 David E Boatwright

NATL: 2:04.01 N 7/26/2009 MICHAEL MANN

WORLD: 2:04.01 W 7/26/2009 Michael MANN

1 Barajas, Nick A 56 Sacramento Maste-38 2:46.17

2 Mangold, Paul 59 Tri Valley Maste-38 2:48.66

3 Todd, Mitchell 55 Marin Aquatic Ma-38 3:18.84

**Men 55-59 200 LC Meter Freestyle**

PAC: 2:05.88 P 8/3/2016 David E Boatwright

NATL: 2:04.01 N 7/26/2009 MICHAEL MANN

WORLD: 2:04.01 W 7/26/2009 Michael MANN

1 Hamilton, Rick 55 Manatee Aquatic-38 2:29.64

**Men 55-59 400 LC Meter Freestyle**

PAC: 4:32.32 P 6/25/2022 Barton S Wells

NATL: 4:22.49 N 7/25/2009 MICHAEL MANN

WORLD: 4:22.49 W 7/25/2009 Michael MANN

1 Hamilton, Rick 55 Manatee Aquatic-38 5:13.81

**Men 55-59 400 LC Meter Freestyle**

PAC: 4:32.32 P 6/25/2022 Barton S Wells

NATL: 4:22.49 N 7/25/2009 MICHAEL MANN

WORLD: 4:22.49 W 7/25/2009 Michael MANN

1 Krovetz, Ted 56 Davis Aquatic Ma-38 5:12.22

2 Cocca, Christopher 57 Menlo Masters-38 6:03.81

3 Todd, Mitchell 55 Marin Aquatic Ma-38 6:58.20

**Men 55-59 800 LC Meter Freestyle**

PAC: 9:40.68 P 12/31/2003 R Tod Spieker

NATL: 9:00.09 N 7/24/2009 MICHAEL MANN

WORLD: 9:00.09 W 7/24/2009 Michael MANN

1 Hamilton, Rick 55 Manatee Aquatic-38 10:39.89

2 Krovetz, Ted 56 Davis Aquatic Ma-38 10:41.28

3 Craven, Rob 57 Manatee Aquatic-38 12:10.86

**Men 55-59 1500 LC Meter Freestyle**

PAC: 18:34.42 P 7/24/2016 David E Boatwright

NATL: 17:22.61 N 8/10/2009 MICHAEL MANN

WORLD: 17:22.61 W 8/10/2009 Michael MANN

1 Krovetz, Ted 56 Davis Aquatic Ma-38 20:50.48

2 Sheeper, Tim 59 Menlo Masters-38 23:19.98

3 Todd, Mitchell 55 Marin Aquatic Ma-38 27:49.82

**Men 55-59 50 LC Meter Backstroke**

PAC: 31.18 P 7/10/2018 Jean-Philippe M R

NATL: 29.03 N 8/20/2016 STEVE WOOD

WORLD: 29.03 W 8/20/2016 Steve WOOD

1 Hamilton, Rick 55 Manatee Aquatic-38 31.80

2 Craven, Rob 57 Manatee Aquatic-38 37.52

**Men 55-59 100 LC Meter Backstroke**

PAC: 1:09.27 P 12/31/2000 Tim A Birnie

NATL: 1:03.50 N 6/21/2015 STEVE WOOD

WORLD: 1:03.50 W 6/21/2015 Steve WOOD

1 Hamilton, Rick 55 Manatee Aquatic-38 1:08.10P

2 Cocca, Christopher 57 Menlo Masters-38 1:27.10

**Men 55-59 200 LC Meter Backstroke**

PAC: 2:27.49 P 12/31/2008 Fred Ferroggiaro

NATL: 2:20.83 N 7/20/2019 RIP ESSELSTYN

WORLD: 2:20.83 W 7/20/2019 Rip ESSELSTYN

1 Hamilton, Rick 55 Manatee Aquatic-38 2:29.68

--- Krovetz, Ted 56 Davis Aquatic Ma-38 NS

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**Men 55-59 50 LC Meter Breaststroke**

**PAC:** 33.32 P 12/31/2002 **Robert Strand**  
**NATL:** 30.56 N 8/6/2017 **DAVID GUTHRIE**  
**WORLD:** 30.02 W 6/2/2019 **C.Arturo TRAVAINI**

1	Kraaijvanger, Paul	55	North Bay Aquati-38	32.30P
2	Wu, Long	57	Marcia's Enthusi-38	42.21
3	Mangold, Paul	59	Tri Valley Maste-38	42.38
4	Barajas, Nick A	56	Sacramento Maste-38	43.84

**Men 55-59 100 LC Meter Breaststroke**

**PAC:** 1:14.80 P 12/31/2001 **Robert Strand**  
**NATL:** 1:07.97 N 7/31/2015 **DAVID GUTHRIE**  
**WORLD:** 1:07.65 W 8/13/2019 **C.Arturo TRAVAINI**

1	Kraaijvanger, Paul	55	North Bay Aquati-38	1:13.13P
2	Wu, Long	57	Marcia's Enthusi-38	1:33.57

**Men 55-59 200 LC Meter Breaststroke**

**PAC:** 2:46.31 P 12/31/2001 **Robert Strand**  
**NATL:** 2:30.63 N 8/21/2016 **DAVID GUTHRIE**  
**WORLD:** 2:30.63 W 8/21/2016 **David GUTHRIE**

1	Wu, Long	57	Marcia's Enthusi-38	3:34.16
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**Men 55-59 100 LC Meter Butterfly**

**PAC:** 1:00.56 P 12/31/2012 **Paul V Carter**  
**NATL:** 1:00.56 N 8/11/2012 **PAUL CARTER**  
**WORLD:** 1:00.56 W 8/11/2012 **Paul CARTER**

1	Craven, Rob	57	Manatee Aquatic-38	1:35.23
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**Men 55-59 200 LC Meter Butterfly**

**PAC:** 2:34.89 P 12/31/2012 **Kerry L O'Brien**  
**NATL:** 2:18.37 N 8/4/2017 **DAVID SIMS**  
**WORLD:** 2:16.78 W 8/15/2015 **Marcus MATTIOLI**

---	Krovetz, Ted	56	Davis Aquatic Ma-38	NS
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**Men 55-59 200 LC Meter IM**

**PAC:** 2:27.18 P 12/31/2012 **Paul V Carter**  
**NATL:** 2:20.67 N 2/22/2020 **JEROME FRENTSOS**  
**WORLD:** 2:20.67 W 2/22/2020 **Jerome FRENTSOS**

1	Hamilton, Rick	55	Manatee Aquatic-38	2:35.16
---	Krovetz, Ted	56	Davis Aquatic Ma-38	NS

**Men 60-64 50 LC Meter Freestyle**

**PAC:** 26.70 P 4/25/2021 **David E Boatwright**  
**NATL:** 25.23 N 8/10/2006 **RICHARD ABRAHAMS**  
**WORLD:** 25.23 W 8/7/2006 **Richard ABRAHAMS**

1	Gorek, Josef E	61	UC38	28.35
2	Rock, Christopher	63	Davis Aquatic Ma-38	30.54
3	Taylor, Ron A	62	Richmond Plunge-38	30.98
4	St Marseille, Marc	62	Walnut Creek Mas-38	32.69
5	Suess, Bob	61	Rolling Hills Mu-38	34.93
6	Thompson, Jerry J	64	Rolling Hills Mu-38	41.01
---	Pettibone, Chip	60	Santa Rosa Maste-38	NS

**Men 60-64 100 LC Meter Freestyle**

**PAC:** 58.98 P 6/13/2021 **David E Boatwright**  
**NATL:** 57.79 N 6/14/2014 **JACK GROSELLE**  
**WORLD:** 57.79 W 6/14/2014 **Jack GROSELLE**

1	Evans, Mark	64	Santa Rosa Maste-38	1:03.66
2	Taylor, Ron A	62	Richmond Plunge-38	1:09.43
3	Rock, Christopher	63	Davis Aquatic Ma-38	1:09.69
4	King, Ian	60	Walnut Creek Mas-38	1:10.34

5	St Marseille, Marc	62	Walnut Creek Mas-38	1:12.34
6	Gregor, Eugene	62	University of Sa-38	1:14.62
7	Braham, Bob	63	Los Gatos Master-38	1:17.85
8	Thompson, Jerry J	64	Rolling Hills Mu-38	1:51.57
9	Gendreau, David P	62	University of Sa-38	2:12.06
---	Campbell, Chris	61	Mountain View Ma-38	NS
---	Gorek, Josef E	61	UC38	NS

**Men 60-64 200 LC Meter Freestyle**

**PAC:** 2:13.12 P 5/23/2021 **David E Boatwright**  
**NATL:** 2:07.68 N 8/6/2017 **DAN STEPHENSON**  
**WORLD:** 2:07.68 W 8/6/2017 **Dan STEPHENSON**

1	Evans, Mark	64	Santa Rosa Maste-38	2:23.03
2	King, Ian	60	Walnut Creek Mas-38	2:33.60
3	Notaro, Michael R	60	Manatee Aquatic-38	2:34.95
4	Kemler, David S	64	Walnut Creek Mas-38	2:45.11
5	Gregor, Eugene	62	University of Sa-38	2:47.04
6	Braham, Bob	63	Los Gatos Master-38	2:55.04
7	Campbell, Chris	61	Mountain View Ma-38	3:14.51
8	Gendreau, David P	62	University of Sa-38	4:33.54
---	Rock, Christopher	63	Davis Aquatic Ma-38	NS

**Men 60-64 400 LC Meter Freestyle**

**PAC:** 4:45.66 P 8/1/2021 **David E Boatwright**  
**NATL:** 4:36.85 N 8/4/2017 **DAN STEPHENSON**  
**WORLD:** 4:36.85 W 8/4/2017 **Dan STEPHENSON**

1	Hathaway, David	62	Oregon Masters-37	5:09.74
2	Evans, Mark	64	Santa Rosa Maste-38	5:11.72
3	Kemler, David S	64	Walnut Creek Mas-38	5:49.48
4	Gregor, Eugene	62	University of Sa-38	6:12.05
5	Campbell, Chris	61	Mountain View Ma-38	7:12.82

**Men 60-64 800 LC Meter Freestyle**

**PAC:** 9:52.70 P 8/1/2021 **David E Boatwright**  
**NATL:** 9:29.70 N 8/12/2018 **ANDREW BRAY**  
**WORLD:** 9:29.70 W 8/12/2018 **Andrew BRAY**

1	Hathaway, David	62	Oregon Masters-37	10:36.19
2	Campbell, Chris	61	Mountain View Ma-38	15:26.47

**Men 60-64 1500 LC Meter Freestyle**

**PAC:** 19:06.93 P 8/7/2013 **Michael G McCaffe**  
**NATL:** 18:01.45 N 7/22/2018 **ANDREW BRAY**  
**WORLD:** 18:01.45 W 7/22/2018 **Andrew BRAY**

1	Hathaway, David	62	Oregon Masters-37	20:25.20
2	Gregor, Eugene	62	University of Sa-38	24:29.41
3	Young, Stephen	64	University of Sa-38	40:08.17

**Men 60-64 50 LC Meter Backstroke**

**PAC:** 32.11 P 12/31/2003 **Richard Burns**  
**NATL:** 30.59 N 8/10/2019 **JAMIE FOWLER**  
**WORLD:** 30.59 W 8/10/2019 **Jamie FOWLER**

1	Frentsos, Paul	61	SF Tsunami Maste-38	34.54
2	Hathaway, David	62	Oregon Masters-37	36.08
3	Rock, Christopher	63	Davis Aquatic Ma-38	37.87
4	King, Ian	60	Walnut Creek Mas-38	39.87
5	Laudenslager, Greg	61	Rolling Hills Mu-38	40.11
6	St Marseille, Marc	62	Walnut Creek Mas-38	40.52
7	Suess, Bob	61	Rolling Hills Mu-38	49.23
8	Thompson, Jerry J	64	Rolling Hills Mu-38	50.52



## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**Men 60-64 100 LC Meter Backstroke**

<b>PAC: 1:11.48 P 8/7/2013 Fred Ferroggiaro</b>			
<b>NATL: 1:06.08 N 8/11/2019 JAMIE FOWLER</b>			
<b>WORLD: 1:06.08 W 8/11/2019 Jamie FOWLER</b>			
1	Frentsos, Paul	61 SF Tsunami Maste-38	1:16.18
2	Hathaway, David	62 Oregon Masters-37	1:16.99
3	Taylor, Ron A	62 Richmond Plunge-38	1:18.12
4	Rock, Christopher	63 Davis Aquatic Ma-38	1:21.36
5	King, Ian	60 Walnut Creek Mas-38	1:25.82
6	Laudenslager, Greg	61 Rolling Hills Mu-38	1:26.99
7	Gregor, Eugene	62 University of Sa-38	1:27.81
8	Gendreau, David P	62 University of Sa-38	2:26.76

**Men 60-64 200 LC Meter Backstroke**

<b>PAC: 2:33.09 P 8/7/2013 Fred Ferroggiaro</b>			
<b>NATL: 2:26.12 N 8/8/2019 JAMIE FOWLER</b>			
<b>WORLD: 2:26.12 W 8/8/2019 Jamie FOWLER</b>			
1	Hathaway, David	62 Oregon Masters-37	2:50.30
2	Taylor, Ron A	62 Richmond Plunge-38	2:54.11
3	Rock, Christopher	63 Davis Aquatic Ma-38	2:56.45
4	Kemler, David S	64 Walnut Creek Mas-38	3:02.43
---	King, Ian	60 Walnut Creek Mas-38	NS
---	Laudenslager, Greg	61 Rolling Hills Mu-38	NS

**Men 60-64 50 LC Meter Breaststroke**

<b>PAC: 33.41 P 12/31/2008 Robert Strand</b>			
<b>NATL: 32.87 N 6/13/2012 TIMOTHY SHEAD</b>			
<b>WORLD: 32.56 W 1/23/2022 David MILBURN</b>			
1	Laudenslager, Greg	61 Rolling Hills Mu-38	38.81
2	Ewing, Jack	62 University of Sa-38	41.87
3	Braham, Bob	63 Los Gatos Master-38	43.46
4	St Marseille, Marc	62 Walnut Creek Mas-38	44.46
5	Suess, Bob	61 Rolling Hills Mu-38	47.08
6	Thompson, Jerry J	64 Rolling Hills Mu-38	48.37
7	Gendreau, David P	62 University of Sa-38	1:08.42
---	Pettibone, Chip	60 Santa Rosa Maste-38	NS

**Men 60-64 100 LC Meter Breaststroke**

<b>PAC: 1:15.42 P 12/31/2008 Robert Strand</b>			
<b>NATL: 1:11.72 N 10/8/2021 DAVID GUTHRIE</b>			
<b>WORLD: 1:11.72 W 10/8/2021 David GUTHRIE</b>			
1	Frentsos, Paul	61 SF Tsunami Maste-38	1:22.82
2	Laudenslager, Greg	61 Rolling Hills Mu-38	1:27.25
3	Thompson, Jerry J	64 Rolling Hills Mu-38	1:59.02
---	Pettibone, Chip	60 Santa Rosa Maste-38	NS

**Men 60-64 200 LC Meter Breaststroke**

<b>PAC: 2:50.77 P 12/31/2008 Robert Strand</b>			
<b>NATL: 2:40.05 N 1/11/2020 DAVID GUTHRIE</b>			
<b>WORLD: 2:40.19 W 6/27/2021 David GUTHRIE</b>			
1	Frentsos, Paul	61 SF Tsunami Maste-38	3:02.40
2	Pettibone, Chip	60 Santa Rosa Maste-38	3:14.35
3	Laudenslager, Greg	61 Rolling Hills Mu-38	3:15.05
4	Notaro, Michael R	60 Manatee Aquatic-38	3:25.85
5	Ewing, Jack	62 University of Sa-38	3:38.76
6	Braham, Bob	63 Los Gatos Master-38	3:40.58
---	Gendreau, David P	62 University of Sa-38	DQ

**Men 60-64 50 LC Meter Butterfly**

<b>PAC: 28.37 P 8/3/2017 Paul V Carter</b>			
<b>NATL: 27.85 N 8/6/2017 TRIP HEDRICK</b>			
<b>WORLD: 27.65 W 5/6/2018 Hugo BREGMAN</b>			
1	Evans, Mark	64 Santa Rosa Maste-38	31.35
2	King, Ian	60 Walnut Creek Mas-38	35.26
3	St Marseille, Marc	62 Walnut Creek Mas-38	36.13
4	Ewing, Jack	62 University of Sa-38	41.04
5	Suess, Bob	61 Rolling Hills Mu-38	45.02

**Men 60-64 100 LC Meter Butterfly**

<b>PAC: 1:09.11 P 12/31/2006 James R DeLacy</b>			
<b>NATL: 1:03.03 N 8/15/2005 RICHARD ABRAHAMAS</b>			
<b>WORLD: 1:02.00 W 5/5/2018 Hugo BREGMAN</b>			
1	Frentsos, Paul	61 SF Tsunami Maste-38	1:13.90
2	Taylor, Ron A	62 Richmond Plunge-38	1:18.13

**Men 60-64 200 LC Meter IM**

<b>PAC: 2:32.63 P 12/31/2011 Tim Broderick</b>			
<b>NATL: 2:21.99 N 8/17/2014 RICK COLELLA</b>			
<b>WORLD: 2:21.99 W 8/17/2014 Rick COLELLA</b>			
1	Frentsos, Paul	61 SF Tsunami Maste-38	2:40.73
2	Hathaway, David	62 Oregon Masters-37	2:48.66
3	Taylor, Ron A	62 Richmond Plunge-38	2:55.50
4	Rock, Christopher	63 Davis Aquatic Ma-38	2:56.27
5	Notaro, Michael R	60 Manatee Aquatic-38	3:04.39
---	Gendreau, David P	62 University of Sa-38	DQ

**Men 60-64 400 LC Meter IM**

<b>PAC: 5:37.64 P 12/31/2010 Jim Clemmons</b>			
<b>NATL: 5:08.20 N 8/15/2014 RICK COLELLA</b>			
<b>WORLD: 5:08.20 W 8/15/2014 Rick COLELLA</b>			
1	Frentsos, Paul	61 SF Tsunami Maste-38	5:45.35
2	Taylor, Ron A	62 Richmond Plunge-38	6:18.67

**Men 65-69 50 LC Meter Freestyle**

<b>PAC: 27.38 P 7/23/2016 Tate Holt</b>			
<b>NATL: 26.21 N 7/6/2018 DOUG MARTIN</b>			
<b>WORLD: 26.21 W 7/6/2018 Doug MARTIN</b>			
1	Druz, Loren	66 Walnut Creek Mas-38	29.67
2	Van Boer, Eric D	68 Rolling Hills Mu-38	30.32
3	Citron, Jeffrey	67 Marcia's Enthusi-38	33.45
4	Woodruff, David	66 Davis Aquatic Ma-38	33.71
5	Anderson, Bob	67 Menlo Masters-38	37.77
6	Diers, Phil J	65 SF Tsunami Maste-38	50.83

**Men 65-69 100 LC Meter Freestyle**

<b>PAC: 1:01.69 P 7/24/2016 Tate Holt</b>			
<b>NATL: 59.49 N 8/9/2019 JACK GROSELLE</b>			
<b>WORLD: 59.49 W 8/9/2019 Jack GROSELLE</b>			
1	Cutting, Steve	65 Manatee Aquatic-38	1:06.85
2	Van Boer, Eric D	68 Rolling Hills Mu-38	1:12.49
3	Kahn, Stuart	69 Davis Aquatic Ma-38	1:14.13
4	Maritzen, Michael A	66 Rolling Hills Mu-38	1:20.44
5	Diers, Phil J	65 SF Tsunami Maste-38	2:09.44
---	Druz, Loren	66 Walnut Creek Mas-38	NS

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

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**Men 65-69 200 LC Meter Freestyle**

PAC: 2:18.51 P 7/24/2016 Tim Broderick

NATL: 2:09.39 N 8/6/2017 RICK COLELLA

WORLD: 2:09.39 W 8/6/2017 Rick COLELLA

2 Citron, Jeffrey 67 Marcia's Enthusi-38 2:49.70

**Men 65-69 200 LC Meter Freestyle**

PAC: 2:18.51 P 7/24/2016 Tim Broderick

NATL: 2:09.39 N 8/6/2017 RICK COLELLA

WORLD: 2:09.39 W 8/6/2017 Rick COLELLA

1 Cutting, Steve 65 Manatee Aquatic-38 2:29.09

2 Kahn, Stuart 69 Davis Aquatic Ma-38 2:50.41

3 Ford, Kent 68 University of Sa-38 2:50.73

**Men 65-69 400 LC Meter Freestyle**

PAC: 5:06.67 P 6/29/2014 Joel R Wilson

NATL: 4:37.70 N 8/4/2017 RICK COLELLA

WORLD: 4:37.70 W 8/4/2017 Rick COLELLA

1 Ferroggiaro, Fred 69 The Olympic Club-38 5:20.87

2 Woodruff, David 66 Davis Aquatic Ma-38 6:01.66

3 Ford, Kent 68 University of Sa-38 6:08.23

**Men 65-69 400 LC Meter Freestyle**

PAC: 5:06.67 P 6/29/2014 Joel R Wilson

NATL: 4:37.70 N 8/4/2017 RICK COLELLA

WORLD: 4:37.70 W 8/4/2017 Rick COLELLA

1 Citron, Jeffrey 67 Marcia's Enthusi-38 6:29.44

2 Cutting, Steve 65 Manatee Aquatic-38 5:52.03

**Men 65-69 800 LC Meter Freestyle**

PAC: 10:31.70 P 7/28/2018 Fred Ferroggiaro

NATL: 10:11.30 N 6/14/2015 JIM MC CONICA

WORLD: 10:11.30 W 6/14/2015 Jim MCCONICA

1 Cutting, Steve 65 Manatee Aquatic-38 11:46.50

3 Anderson, Bob 67 Menlo Masters-38 12:39.34

4 Citron, Jeffrey 67 Marcia's Enthusi-38 13:06.63

**Men 65-69 800 LC Meter Freestyle**

PAC: 10:31.70 P 7/28/2018 Fred Ferroggiaro

NATL: 10:11.30 N 6/14/2015 JIM MC CONICA

WORLD: 10:11.30 W 6/14/2015 Jim MCCONICA

1 Kajiwaru, Doug 65 Conejo Valley Ma-33 10:11.74P

2 Ferroggiaro, Fred 69 The Olympic Club-38 11:06.60

**Men 65-69 1500 LC Meter Freestyle**

PAC: 20:21.11 P 8/7/2019 Fred Ferroggiaro

NATL: 19:33.36 N 6/14/2015 JIM MC CONICA

WORLD: 19:33.36 W 6/14/2015 Jim MCCONICA

1 Kajiwaru, Doug 65 Conejo Valley Ma-33 19:38.38P

2 Ferroggiaro, Fred 69 The Olympic Club-38 21:22.63

3 Cutting, Steve 65 Manatee Aquatic-38 21:53.90

4 Anderson, Bob 67 Menlo Masters-38 23:46.43

5 Citron, Jeffrey 67 Marcia's Enthusi-38 24:26.31

6 Ruff, Gary D 69 North Bay Aquati-38 28:43.46

**Men 65-69 50 LC Meter Backstroke**

PAC: 30.95 P 12/31/2012 Hugh Wilder

NATL: 30.95 N 7/12/2012 HUGH WILDER

WORLD: 30.95 W 7/7/2012 Hugh WILDER

1 Cutting, Steve 65 Manatee Aquatic-38 35.54

2 Van Boer, Eric D 68 Rolling Hills Mu-38 37.27

3 Ferroggiaro, Fred 69 The Olympic Club-38 37.30

4 Ford, Kent 68 University of Sa-38 37.39

5 Citron, Jeffrey 67 Marcia's Enthusi-38 42.82

6 Maritzen, Michael A 66 Rolling Hills Mu-38 45.07

**Men 65-69 100 LC Meter Backstroke**

PAC: 1:09.79 P 12/31/2012 Hugh Wilder

NATL: 1:09.79 N 7/8/2012 HUGH WILDER

WORLD: 1:08.15 W 4/22/2022 Vladimir GORKOV

1 Cutting, Steve 65 Manatee Aquatic-38 1:17.02

2 Ferroggiaro, Fred 69 The Olympic Club-38 1:17.66

3 Ford, Kent 68 University of Sa-38 1:22.42

4 Van Boer, Eric D 68 Rolling Hills Mu-38 1:24.29

--- Kahn, Stuart 69 Davis Aquatic Ma-38 NS

**Men 65-69 200 LC Meter Backstroke**

PAC: 2:39.02 P 8/8/2019 Fred Ferroggiaro

NATL: 2:36.24 N 5/22/2022 DAN STEPHENSON

WORLD: 2:31.62 W 4/23/2022 Vladimir GORKOV

1 Kajiwaru, Doug 65 Conejo Valley Ma-33 2:42.16

2 Ferroggiaro, Fred 69 The Olympic Club-38 2:46.57

3 Cutting, Steve 65 Manatee Aquatic-38 2:49.75

4 Ford, Kent 68 University of Sa-38 3:12.15

5 Van Boer, Eric D 68 Rolling Hills Mu-38 3:20.15

6 Citron, Jeffrey 67 Marcia's Enthusi-38 3:27.42

7 Woodruff, David 66 Davis Aquatic Ma-38 3:53.26

8 Anderson, Bob 67 Menlo Masters-38 4:05.36

**Men 65-69 50 LC Meter Breaststroke**

PAC: 35.00 P 12/31/2009 Kenneth A Frost

NATL: 33.30 N 8/19/2016 RICK COLELLA

WORLD: 33.30 W 8/19/2016 Rick COLELLA

1 Van Boer, Eric D 68 Rolling Hills Mu-38 40.52

2 Woodruff, David 66 Davis Aquatic Ma-38 44.04

3 Diers, Phil J 65 SF Tsunami Maste-38 1:05.77

**Men 65-69 100 LC Meter Breaststroke**

PAC: 1:18.11 P 12/31/2009 Kenneth A Frost

NATL: 1:14.77 N 8/5/2017 RICK COLELLA

WORLD: 1:14.77 W 8/5/2017 Rick COLELLA

1 Woodruff, David 66 Davis Aquatic Ma-38 1:37.27

2 Anderson, Bob 67 Menlo Masters-38 1:41.05

3 Goupil, Dominique P 67 Los Altos and Mo-38 1:45.46

4 Diers, Phil J 65 SF Tsunami Maste-38 2:27.82

**Men 65-69 200 LC Meter Breaststroke**

PAC: 2:59.54 P 12/31/2009 Kenneth A Frost

NATL: 2:41.54 N 8/21/2016 RICK COLELLA

WORLD: 2:41.54 W 8/21/2016 Rick COLELLA

1 Woodruff, David 66 Davis Aquatic Ma-38 3:35.55

**Men 65-69 50 LC Meter Butterfly**

PAC: 30.13 P 12/31/2009 Robert H Olson

NATL: 28.38 N 8/8/2021 TRIP HEDRICK

WORLD: 28.38 W 8/8/2021 Trip HEDRICK

1 Van Boer, Eric D 68 Rolling Hills Mu-38 33.32

2 Kahn, Stuart 69 Davis Aquatic Ma-38 34.77

3 Maritzen, Michael A 66 Rolling Hills Mu-38 39.78

4 Ford, Kent 68 University of Sa-38 40.03

--- Druz, Loren 66 Walnut Creek Mas-38 NS

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

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**Men 65-69 100 LC Meter Butterfly**

<b>PAC:</b>	<b>1:13.29 P 8/9/2014</b>	<b>Alek I Shestakov</b>	
<b>NATL:</b>	<b>1:05.83 N 8/6/2017</b>	<b>RICK COLELLA</b>	
<b>WORLD:</b>	<b>1:05.83 W 8/6/2017</b>	<b>Rick COLELLA</b>	
1	Ford, Kent	68 University of Sa-38	1:31.66
2	Anderson, Bob	67 Menlo Masters-38	1:38.33

**Men 65-69 200 LC Meter Butterfly**

<b>PAC:</b>	<b>2:49.73 P 7/26/2015</b>	<b>Joel R Wilson</b>	
<b>NATL:</b>	<b>2:33.40 N 6/12/2016</b>	<b>LAWRENCE DAY</b>	
<b>WORLD:</b>	<b>2:33.40 W 6/12/2016</b>	<b>Lawrence DAY</b>	
1	Woodruff, David	66 Davis Aquatic Ma-38	3:51.61
---	Ferroggiaro, Fred	69 The Olympic Club-38	NS

**Men 65-69 200 LC Meter IM**

<b>PAC:</b>	<b>2:41.20 P 8/9/2014</b>	<b>Alek I Shestakov</b>	
<b>NATL:</b>	<b>2:25.22 N 8/19/2016</b>	<b>RICK COLELLA</b>	
<b>WORLD:</b>	<b>2:25.22 W 8/19/2016</b>	<b>Rick COLELLA</b>	
1	Diers, Phil J	65 SF Tsunami Maste-38	5:33.89
---	Ferroggiaro, Fred	69 The Olympic Club-38	NS

**Men 65-69 400 LC Meter IM**

<b>PAC:</b>	<b>5:45.74 P 6/12/2016</b>	<b>Tim Broderick</b>	
<b>NATL:</b>	<b>5:13.36 N 8/3/2017</b>	<b>RICK COLELLA</b>	
<b>WORLD:</b>	<b>5:13.36 W 8/3/2017</b>	<b>Rick COLELLA</b>	
1	Cutting, Steve	65 Manatee Aquatic-38	6:16.92
2	Montgomery, Mark	66 Novaquatics Mast-33	6:25.96
3	Anderson, Bob	67 Menlo Masters-38	7:18.08

**Men 70-74 50 LC Meter Freestyle**

<b>PAC:</b>	<b>28.55 P 5/19/2013</b>	<b>James E Elder</b>	
<b>NATL:</b>	<b>27.71 N 8/7/2015</b>	<b>RICHARD ABRAHAMS</b>	
<b>WORLD:</b>	<b>27.71 W 8/7/2015</b>	<b>Richard ABRAHAMS</b>	
1	Ottersen, Craig M	70 Park Terrace Mas-38	30.42
2	Bernard, Alan	73 Tamalpais Aquati-38	32.86
3	Goines, Bruce	71 Marin Aquatic Ma-38	36.59
4	Small, Stephen	70 Marcia's Enthusi-38	36.67

**Men 70-74 100 LC Meter Freestyle**

<b>PAC:</b>	<b>1:04.85 P 8/7/2013</b>	<b>Richard Burns</b>	
<b>NATL:</b>	<b>1:03.32 N 8/8/2015</b>	<b>DAVID QUIGGIN</b>	
<b>WORLD:</b>	<b>1:03.32 W 8/8/2015</b>	<b>David QUIGGIN</b>	
1	Bernard, Alan	73 Tamalpais Aquati-38	1:12.47
2	Murray, Edward J	73 University of Sa-38	2:26.23

**Men 70-74 200 LC Meter Freestyle**

<b>PAC:</b>	<b>2:27.26 P 8/14/2019</b>	<b>Alan D Bernard</b>	
<b>NATL:</b>	<b>2:23.30 N 7/31/2018</b>	<b>FRED SCHLICHER</b>	
<b>WORLD:</b>	<b>2:23.30 W 7/31/2018</b>	<b>Fred SCHLICHER</b>	
1	Bernard, Alan	73 Tamalpais Aquati-38	2:38.08
2	Deacon, Ted	73 Davis Aquatic Ma-38	2:58.31
3	Small, Stephen	70 Marcia's Enthusi-38	3:00.98
4	Moore, Michael	72 Sierra Nevada Ma-38	4:12.57
---	Virtue, Paul A	71 University of Sa-38	NS

**Men 70-74 400 LC Meter Freestyle**

<b>PAC:</b>	<b>5:28.21 P 8/4/2017</b>	<b>Edward Rudloff</b>	
<b>NATL:</b>	<b>5:03.56 N 8/4/2018</b>	<b>DAN KIRKLAND</b>	
<b>WORLD:</b>	<b>5:03.56 W 8/4/2018</b>	<b>Dan KIRKLAND</b>	
1	Small, Stephen	70 Marcia's Enthusi-38	6:41.97
2	Moore, Michael	72 Sierra Nevada Ma-38	9:07.04

**Men 70-74 400 LC Meter Freestyle**

<b>PAC:</b>	<b>5:28.21 P 8/4/2017</b>	<b>Edward Rudloff</b>	
<b>NATL:</b>	<b>5:03.56 N 8/4/2018</b>	<b>DAN KIRKLAND</b>	
<b>WORLD:</b>	<b>5:03.56 W 8/4/2018</b>	<b>Dan KIRKLAND</b>	
1	Virtue, Paul A	71 University of Sa-38	5:54.39
2	Deacon, Ted	73 Davis Aquatic Ma-38	6:09.44
3	Bernard, Alan	73 Tamalpais Aquati-38	6:18.48
4	Murray, Edward J	73 University of Sa-38	10:49.91
---	Clemmons, Jim	72 Sawtooth Masters-59	NS

**Men 70-74 800 LC Meter Freestyle**

<b>PAC:</b>	<b>11:27.87 P 4/21/2017</b>	<b>Edward Rudloff</b>	
<b>NATL:</b>	<b>10:37.71 N 7/28/2018</b>	<b>DAN KIRKLAND</b>	
<b>WORLD:</b>	<b>10:37.71 W 7/28/2018</b>	<b>Dan KIRKLAND</b>	
1	Small, Stephen	70 Marcia's Enthusi-38	13:39.11

**Men 70-74 800 LC Meter Freestyle**

<b>PAC:</b>	<b>11:27.87 P 4/21/2017</b>	<b>Edward Rudloff</b>	
<b>NATL:</b>	<b>10:37.71 N 7/28/2018</b>	<b>DAN KIRKLAND</b>	
<b>WORLD:</b>	<b>10:37.71 W 7/28/2018</b>	<b>Dan KIRKLAND</b>	
1	Virtue, Paul A	71 University of Sa-38	12:10.70
2	Moore, Michael	72 Sierra Nevada Ma-38	18:15.14

**Men 70-74 1500 LC Meter Freestyle**

<b>PAC:</b>	<b>22:08.38 P 8/2/2017</b>	<b>Edward Rudloff</b>	
<b>NATL:</b>	<b>20:26.12 N 7/20/2018</b>	<b>DAN KIRKLAND</b>	
<b>WORLD:</b>	<b>20:26.12 W 7/20/2018</b>	<b>Dan KIRKLAND</b>	
1	Virtue, Paul A	71 University of Sa-38	23:15.72
2	Small, Stephen	70 Marcia's Enthusi-38	25:41.12
3	Winterrowd, Dan	72 Marcia's Enthusi-38	26:12.17

**Men 70-74 50 LC Meter Backstroke**

<b>PAC:</b>	<b>33.59 P 8/7/2013</b>	<b>Richard Burns</b>	
<b>NATL:</b>	<b>33.58 N 8/4/2017</b>	<b>HUGH WILDER</b>	
<b>WORLD:</b>	<b>33.58 W 8/4/2017</b>	<b>Hugh WILDER</b>	
1	Small, Stephen	70 Marcia's Enthusi-38	46.37

**Men 70-74 100 LC Meter Backstroke**

<b>PAC:</b>	<b>1:15.13 P 6/15/2013</b>	<b>Richard Burns</b>	
<b>NATL:</b>	<b>1:13.49 N 8/6/2017</b>	<b>HUGH WILDER</b>	
<b>WORLD:</b>	<b>1:13.49 W 8/6/2017</b>	<b>Hugh WILDER</b>	
2	Small, Stephen	70 Marcia's Enthusi-38	1:43.12

**Men 70-74 200 LC Meter Backstroke**

<b>PAC:</b>	<b>2:44.59 P 8/7/2013</b>	<b>Richard Burns</b>	
<b>NATL:</b>	<b>2:40.25 N 6/5/2021</b>	<b>LAWRENCE DAY</b>	
<b>WORLD:</b>	<b>2:40.25 W 6/5/2021</b>	<b>Lawrence DAY</b>	
1	Small, Stephen	70 Marcia's Enthusi-38	3:45.46

**Men 70-74 50 LC Meter Breaststroke**

<b>PAC:</b>	<b>37.34 P 8/9/2014</b>	<b>Kenneth A Frost</b>	
<b>NATL:</b>	<b>36.21 N 10/10/2021</b>	<b>ROBERT WRIGHT</b>	
<b>WORLD:</b>	<b>36.21 W 10/10/2021</b>	<b>Robert WRIGHT</b>	
1	Ottersen, Craig M	70 Park Terrace Mas-38	37.77

**Men 70-74 100 LC Meter Breaststroke**

<b>PAC:</b>	<b>1:23.65 P 8/9/2014</b>	<b>Kenneth A Frost</b>	
<b>NATL:</b>	<b>1:21.98 N 6/15/2019</b>	<b>PEDER DAHLBERG</b>	
<b>WORLD:</b>	<b>1:21.98 W 6/15/2019</b>	<b>Peder DAHLBERG</b>	
1	Ottersen, Craig M	70 Park Terrace Mas-38	1:26.86
2	Goines, Bruce	71 Marin Aquatic Ma-38	1:54.63

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

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**(Men 70-74 100 LC Meter Breaststroke)**

--- Clemmons, Jim 72 Sawtooth Masters-59 NS

**Men 70-74 200 LC Meter Breaststroke**

PAC: 3:07.93 P 8/9/2014 Kenneth A Frost

NATL: 3:06.10 N 8/11/2019 ALLEN STARK

WORLD: 3:04.79 W 3/14/2009 Michael MALONEY

1 Small, Stephen 70 Marcia's Enthusi-38 3:57.53

--- Clemmons, Jim 72 Sawtooth Masters-59 NS

**Men 70-74 50 LC Meter Butterfly**

PAC: 31.20 P 8/9/2015 Richard Burns

NATL: 29.98 N 10/10/2021 LAWRENCE DAY

WORLD: 29.98 W 10/10/2021 Lawrence DAY

1 Bernard, Alan 73 Tamalpais Aquati-38 36.69

2 Murray, Edward J 73 University of Sa-38 1:13.69

--- Goines, Bruce 71 Marin Aquatic Ma-38 NS

**Men 70-74 100 LC Meter Butterfly**

PAC: 1:12.43 P 8/6/2017 Andrew M McPherso

NATL: 1:07.40 N 10/8/2021 LAWRENCE DAY

WORLD: 1:07.40 W 10/8/2021 Lawrence DAY

1 Bernard, Alan 73 Tamalpais Aquati-38 1:25.61

**Men 70-74 200 LC Meter Butterfly**

PAC: 3:14.98 P 8/17/2019 Alan D Bernard

NATL: 2:47.17 N 10/9/2021 LAWRENCE DAY

WORLD: 2:47.17 W 10/9/2021 Lawrence DAY

1 Bernard, Alan 73 Tamalpais Aquati-38 3:31.00

**Men 70-74 200 LC Meter IM**

PAC: 2:54.29 P 5/22/2022 Craig M Ottersen

NATL: 2:42.94 N 10/10/2021 LAWRENCE DAY

WORLD: 2:42.94 W 10/10/2021 Lawrence DAY

1 Ottersen, Craig M 70 Park Terrace Mas-38 2:55.70

2 Small, Stephen 70 Marcia's Enthusi-38 3:36.60

--- Murray, Edward J 73 University of Sa-38 DQ

--- Clemmons, Jim 72 Sawtooth Masters-59 NS

**Men 75-79 50 LC Meter Freestyle**

PAC: 29.60 P 8/11/2019 Richard Burns

NATL: 29.19 N 8/25/2019 DAVID QUIGGIN

WORLD: 29.19 W 8/25/2019 David QUIGGIN

1 Burns, Richard 79 Tamalpais Aquati-38 32.80

2 Daniels, Larry 77 Tuolumne County-38 37.50

3 Frost, Kenneth A 78 Tamalpais Aquati-38 37.67

4 Smith, Kirby 76 UC38 39.76

5 Pierce, Donald 77 Rolling Hills Mu-38 45.75

6 Ellis, Larry 76 University of Sa-38 53.25

--- Madison, John 77 Rolling Hills Mu-38 NS

**Men 75-79 100 LC Meter Freestyle**

PAC: 1:06.55 P 8/9/2019 Richard Burns

NATL: 1:06.55 N 8/9/2019 RICHARD BURNS

WORLD: 1:06.40 W 3/3/2018 Akira FUJIMAKI

1 Burns, Richard 79 Tamalpais Aquati-38 1:12.71

2 Daniels, Larry 77 Tuolumne County-38 1:23.02

3 Madison, John 77 Rolling Hills Mu-38 1:36.58

**Men 75-79 200 LC Meter Freestyle**

PAC: 2:43.92 P 7/21/2019 Richard Burns

NATL: 2:25.66 N 6/6/2009 DAVID RADCLIFF

WORLD: 2:25.66 W 6/6/2009 David RADCLIFF

1 Burns, Richard 79 Tamalpais Aquati-38 2:48.47

2 Frost, Kenneth A 78 Tamalpais Aquati-38 3:05.70

3 Daniels, Larry 77 Tuolumne County-38 3:14.75

**Men 75-79 400 LC Meter Freestyle**

PAC: 5:46.08 P 7/19/2019 Richard Burns

NATL: 5:17.77 N 3/7/2009 DAVID RADCLIFF

WORLD: 5:17.77 W 3/7/2009 David RADCLIFF

1 Pierce, Donald 77 Rolling Hills Mu-38 8:16.55

--- Daniels, Larry 77 Tuolumne County-38 NS

**Men 75-79 800 LC Meter Freestyle**

PAC: 12:58.14 P 12/31/1995 Ray Taft

NATL: 11:07.90 N 7/10/2009 DAVID RADCLIFF

WORLD: 11:07.90 W 7/10/2009 David RADCLIFF

1 Daniels, Larry 77 Tuolumne County-38 15:15.76

**Men 75-79 1500 LC Meter Freestyle**

PAC: 24:53.76 P 12/31/1995 Ray Taft

NATL: 21:03.06 N 7/10/2009 DAVID RADCLIFF

WORLD: 21:03.06 W 7/10/2009 David RADCLIFF

1 Daniels, Larry 77 Tuolumne County-38 29:09.29

2 Parlapiano, Gary 75 Tamalpais Aquati-38 30:48.05

3 Ensor, Richard E 75 University of Sa-38 47:46.74

**Men 75-79 50 LC Meter Backstroke**

PAC: 34.45 P 8/2/2018 Richard Burns

NATL: 34.45 N 8/2/2018 RICHARD BURNS

WORLD: 34.45 W 8/2/2018 Richard BURNS

1 Burns, Richard 79 Tamalpais Aquati-38 37.51

2 Pierce, Donald 77 Rolling Hills Mu-38 52.77

**Men 75-79 100 LC Meter Backstroke**

PAC: 1:17.17 P 7/31/2018 Richard Burns

NATL: 1:17.17 N 7/31/2018 RICHARD BURNS

WORLD: 1:17.17 W 7/31/2018 Richard BURNS

1 Burns, Richard 79 Tamalpais Aquati-38 1:24.15

2 Pierce, Donald 77 Rolling Hills Mu-38 2:01.65

**Men 75-79 200 LC Meter Backstroke**

PAC: 2:50.25 P 7/30/2018 Richard Burns

NATL: 2:50.25 N 7/30/2018 RICHARD BURNS

WORLD: 2:50.25 W 7/30/2018 Richard BURNS

1 Burns, Richard 79 Tamalpais Aquati-38 3:09.06

2 Pierce, Donald 77 Rolling Hills Mu-38 4:31.97

**Men 75-79 50 LC Meter Breaststroke**

PAC: 42.35 P 7/21/2019 David R Gildea

NATL: 38.89 N 6/5/2016 MIKE FRESHLEY

WORLD: 39.06 W 8/3/2018 Peter ANDERSEN

1 Frost, Kenneth A 78 Tamalpais Aquati-38 41.60P

2 Fitschen, Gary 77 Manatee Aquatic-38 44.04

3 Smith, Kirby 76 UC38 46.17

4 Pierce, Donald 77 Rolling Hills Mu-38 1:03.50

--- Parlapiano, Gary 75 Tamalpais Aquati-38 NS

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**Men 75-79 100 LC Meter Breaststroke**

<b>PAC:</b>	1:34.71 P 7/10/2018	David R Gildea	
<b>NATL:</b>	1:27.74 N 8/18/2016	MIKE FRESHLEY	
<b>WORLD:</b>	1:27.74 W 8/18/2016	Mike FRESHLEY	
1	Frost, Kenneth A	78 Tamalpais Aquati-38	1:32.61P
2	Fitschen, Gary	77 Manatee Aquatic-38	1:35.78
3	Smith, Kirby	76 UC38	1:45.24

**Men 75-79 200 LC Meter Breaststroke**

<b>PAC:</b>	3:35.51 P 7/11/2018	David R Gildea	
<b>NATL:</b>	3:13.93 N 8/21/2016	MIKE FRESHLEY	
<b>WORLD:</b>	3:13.93 W 8/21/2016	Mike FRESHLEY	
1	Frost, Kenneth A	78 Tamalpais Aquati-38	3:29.90P
2	Fitschen, Gary	77 Manatee Aquatic-38	3:31.21P
3	Smith, Kirby	76 UC38	4:03.16

**Men 75-79 50 LC Meter Butterfly**

<b>PAC:</b>	32.17 P 7/31/2018	Richard Burns	
<b>NATL:</b>	31.75 N 8/21/2021	JOEL BURNS	
<b>WORLD:</b>	31.75 W 8/21/2021	Joel BURNS	
1	Burns, Richard	79 Tamalpais Aquati-38	34.86
2	Pierce, Donald	77 Rolling Hills Mu-38	1:04.10

**Men 75-79 200 LC Meter IM**

<b>PAC:</b>	2:57.66 P 8/10/2019	Richard Burns	
<b>NATL:</b>	2:57.66 N 8/10/2019	RICHARD BURNS	
<b>WORLD:</b>	2:57.66 W 8/10/2019	Richard BURNS	
1	Fitschen, Gary	77 Manatee Aquatic-38	3:41.77

**Men 80-84 50 LC Meter Freestyle**

<b>PAC:</b>	33.99 P 7/29/2018	William G Van Hor	
<b>NATL:</b>	32.18 N 7/1/2017	JEFF FARRELL	
<b>WORLD:</b>	31.96 W 5/20/2012	Roberto ALBERICHE	
1	Stewart, Jim M	81 Santa Rosa Maste-38	53.68

**Men 80-84 100 LC Meter Freestyle**

<b>PAC:</b>	1:20.52 P 7/30/2018	William G Van Hor	
<b>NATL:</b>	1:11.82 N 8/23/2014	DAVID RADCLIFF	
<b>WORLD:</b>	1:11.82 W 8/23/2014	David RADCLIFF	
1	Norris, Robert	84 Davis Aquatic Ma-38	2:05.64

**Men 80-84 200 LC Meter Freestyle**

<b>PAC:</b>	3:07.24 P 7/31/2018	William G Van Hor	
<b>NATL:</b>	2:40.22 N 8/24/2014	DAVID RADCLIFF	
<b>WORLD:</b>	2:40.22 W 8/24/2014	David RADCLIFF	
1	Norris, Robert	84 Davis Aquatic Ma-38	4:39.34

**Men 80-84 400 LC Meter Freestyle**

<b>PAC:</b>	6:42.86 P 12/31/1999	Ray Taft	
<b>NATL:</b>	5:45.21 N 8/23/2015	DAVID RADCLIFF	
<b>WORLD:</b>	5:45.21 W 8/23/2015	David RADCLIFF	
1	Norris, Robert	84 Davis Aquatic Ma-38	9:21.81

**Men 80-84 800 LC Meter Freestyle**

<b>PAC:</b>	14:14.22 P 8/8/2019	William G Van Hor	
<b>NATL:</b>	11:49.29 N 8/22/2014	DAVID RADCLIFF	
<b>WORLD:</b>	11:49.29 W 8/22/2014	David RADCLIFF	
1	Norris, Robert	84 Davis Aquatic Ma-38	19:47.36

**Men 80-84 50 LC Meter Backstroke**

<b>PAC:</b>	42.49 P 12/31/1999	Ray Taft	
<b>NATL:</b>	39.18 N 8/8/2015	YOSHI OYAKAWA	
<b>WORLD:</b>	38.16 W 1/20/2013	S.SEKIKAWA	
1	Norris, Robert	84 Davis Aquatic Ma-38	56.49
2	Stewart, Jim M	81 Santa Rosa Maste-38	1:15.71

**Men 80-84 100 LC Meter Backstroke**

<b>PAC:</b>	1:35.36 P 12/31/1999	Ray Taft	
<b>NATL:</b>	1:29.06 N 8/6/2017	DAVID COSTILL	
<b>WORLD:</b>	1:26.44 W 1/19/2013	S.SEKIKAWA	
1	Norris, Robert	84 Davis Aquatic Ma-38	2:07.82

**Men 80-84 200 LC Meter Backstroke**

<b>PAC:</b>	3:31.36 P 12/31/1999	Ray Taft	
<b>NATL:</b>	3:15.04 N 8/5/2017	DAVID COSTILL	
<b>WORLD:</b>	3:12.84 W 3/19/2022	Bernd HORSTMANN	
1	Norris, Robert	84 Davis Aquatic Ma-38	4:35.79
2	Stewart, Jim M	81 Santa Rosa Maste-38	5:58.57

**Men 85-89 50 LC Meter Freestyle**

<b>PAC:</b>	40.28 P 12/31/2003	William Johnston	
<b>NATL:</b>	35.77 N 8/15/1998	WOODY BOWERSOCK	
<b>WORLD:</b>	33.94 W 3/2/2008	Keijiro NAKAMURA	
1	Fleming, Jack C	87 University of Sa-38	46.62
2	Mayo, Robert	89 Walnut Creek Mas-38	54.38

**Men 85-89 100 LC Meter Freestyle**

<b>PAC:</b>	1:39.13 P 12/31/2003	William Johnston	
<b>NATL:</b>	1:23.25 N 6/6/2010	FRANK PIEMME	
<b>WORLD:</b>	1:22.55 W 11/21/2021	Hiroshi MATSUMOTO	
1	Mayo, Robert	89 Walnut Creek Mas-38	2:23.39

**Men 85-89 200 LC Meter Freestyle**

<b>PAC:</b>	3:35.73 P 12/31/2002	Aldo da Rosa	
<b>NATL:</b>	3:07.03 N 6/26/2016	GRAHAM JOHNSTON	
<b>WORLD:</b>	3:03.50 W 7/1/2017	Roberto ALBERICHE	
1	Mayo, Robert	89 Walnut Creek Mas-38	5:15.32

**Men 85-89 400 LC Meter Freestyle**

<b>PAC:</b>	7:59.07 P 12/31/2003	Aldo da Rosa	
<b>NATL:</b>	6:38.87 N 6/26/2016	GRAHAM JOHNSTON	
<b>WORLD:</b>	6:38.87 W 6/26/2016	Graham JOHNSTON	
1	Mayo, Robert	89 Walnut Creek Mas-38	10:40.80
---	Fleming, Jack C	87 University of Sa-38	NS

**Men 85-89 50 LC Meter Backstroke**

<b>PAC:</b>	44.52 P 12/31/2006	Fred Van Dyke	
<b>NATL:</b>	40.50 N 8/2/2018	YOSHI OYAKAWA	
<b>WORLD:</b>	39.89 W 7/18/2008	Keijiro NAKAMURA	
1	Mayo, Robert	89 Walnut Creek Mas-38	1:03.59

**Men 85-89 100 LC Meter Backstroke**

<b>PAC:</b>	1:49.54 P 12/31/2002	Aldo da Rosa	
<b>NATL:</b>	1:38.07 N 6/17/2017	CLARKE MITCHELL	
<b>WORLD:</b>	1:31.65 W 3/2/2008	Keijiro NAKAMURA	
1	Mayo, Robert	89 Walnut Creek Mas-38	2:20.29

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

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**Men 85-89 200 LC Meter Backstroke**

PAC: 4:07.72 P 12/31/2002 Aldo da Rosa  
 NATL: 3:51.72 N 7/1/2017 CLARKE MITCHELL  
 WORLD: 3:28.59 W 7/19/2008 Keijiro NAKAMURA  
 1 Mayo, Robert 89 Walnut Creek Mas-38 5:16.99

**Men 85-89 100 LC Meter Breaststroke**

PAC: 2:00.89 P 12/31/2003 Aldo da Rosa  
 NATL: 1:51.79 N 7/24/2010 FRANK PIEMME  
 WORLD: 1:46.19 W 6/19/2021 Hans REICHELT  
 1 Fleming, Jack C 87 University of Sa-38 2:18.86

**Men 85-89 50 LC Meter Butterfly**

PAC: 58.75 P 12/31/2003 Aldo da Rosa  
 NATL: 45.31 N 7/2/2017 CLARKE MITCHELL  
 WORLD: 43.62 W 7/1/2017 Roberto ALBERICHE  
 1 Fleming, Jack C 87 University of Sa-38 57.66P

**Men 85-89 100 LC Meter Butterfly**

PAC: 2:20.76 P 12/31/2009 Frank R Grannis  
 NATL: 1:55.18 N 8/3/2010 THOMAS MAINE  
 WORLD: 1:50.27 W 4/11/2021 John COCKS  
 1 Fleming, Jack C 87 University of Sa-38 2:35.20

**Men 85-89 200 LC Meter Butterfly**

PAC: 6:19.15 P 12/31/2003 William Johnston  
 NATL: 4:15.86 N 7/11/2010 THOMAS MAINE  
 WORLD: 4:15.86 W 7/11/2010 Thomas MAINE  
 1 Fleming, Jack C 87 University of Sa-38 5:59.00P

**Men 85-89 200 LC Meter IM**

PAC: 4:16.31 P 12/31/2003 Aldo da Rosa  
 NATL: 3:51.20 N 8/3/2010 THOMAS MAINE  
 WORLD: 3:39.66 W 3/21/2021 John COCKS  
 1 Fleming, Jack C 87 University of Sa-38 4:48.11

**Men 85-89 400 LC Meter IM**

PAC: 11:23.79 P 12/31/2003 William Johnston  
 NATL: 8:21.81 N 7/11/2010 THOMAS MAINE  
 WORLD: 7:56.23 W 3/20/2021 John COCKS  
 1 Braly, F Mark 87 Davis Aquatic Ma-38 17:47.26

**Men 95-99 50 LC Meter Freestyle**

PAC: 1:06.67 P 7/20/2019 Frank R Grannis  
 NATL: 45.71 N 8/6/2017 WILLARD LAMB  
 WORLD: 45.71 W 8/6/2017 Willard LAMB  
 1 Edgerton, Albert 97 UC38 1:33.00

**Women 72-99 400 LC Meter Medley Relay**

PAC: 5:07.42 P 12/31/1992 SAC  
 Wright, Christo, Lowrie, Nicholas  
 NATL: 4:52.87 N 7/24/2010 LAS VEGAS MASTERS  
 S PEARSON, C SMITH, M KELLEY, S COLAVITO

1 Marin Aquatic Ma-38 A 5:38.41  
 1) Bauer, Anna W21 2) Louderback, Kelsey W39  
 3) Eaton, Jay Jay W21 4) Silva, Rayle A W26

**Women 100-119 200 LC Meter Freestyle Relay**

PAC: 1:53.61 P 12/31/2006 TOC  
 McCall Dorr, von Hartitzsch, Katie Lyons, Tamayo  
 NATL: 1:50.04 N 7/30/2011 ARIZONA MASTERS  
 K HARRIGAN, B LARSON, L URBATCHKA, H CALDAS  
 WORLD: 1:50.28 W 10/16/2016 CMC SC -JPN  
 N HASEGAWA, N MIZUOCHI, S NAWATA, A KAWABATA

1 Marcia's Enthusi-38 A 2:17.14  
 1) Nagpal, Jivana W19 2) Jegers, Jade W19  
 3) Segal, Chelsea L W32 4) McBride, Elizabeth W32  
 2 Albany Armada Aq-38 A 2:22.48  
 1) Karimi, Golsa W24 2) Chiarelli, Juliana W28  
 3) Patent, Mariette W21 4) Heffley, Caitlin W30  
 3 Marin Aquatic Ma-38 A 2:22.98  
 1) Bauer, Anna W21 2) Pinkston, Crystal W37  
 3) Silva, Rayle A W26 4) Eaton, Jay Jay W21

**Women 100-119 400 LC Meter Freestyle Relay**

PAC: 4:09.42 P 7/11/2010 TOC  
 F O'Donnell-McCar, C L Reilly, C Davidoff, M Gi  
 NATL: 4:19.02 N 7/19/2009 WOODLANDS MASTERS SWIM  
 L KOCH DAVIS, J KENLINE, A BERGFELD, R ARMSTRONG  
 WORLD: 4:00.96 W 12/11/2021 LINX RACING TEAM -JPN  
 R TANIGUCHI, M MATSUKAWA, K MORI, N HASEGAWA  
 1 SF Tsunami Maste-38 A 4:57.07  
 1) Zeng, Jasmine W24 2) Schroder, Clare W32  
 3) Heidkamp, Genevieve W29 4) Chang, Serena Y W27  
 --- University of Sa-38 A NS  
 1) Schallert, Lia W32 2) Petrakis, Kristina W33  
 3) Karp, Juliana W19 4) Petrakis, Danae W30

**Women 100-119 200 LC Meter Medley Relay**

PAC: 2:05.68 P 12/31/2006 TOC  
 Diamond, von Hartitzsch, McCall Dorr, Katie Lyons  
 NATL: 2:01.91 N 7/31/2011 ARIZONA MASTERS  
 K HARRIGAN, B LARSON, L URBATCHKA, H CALDAS  
 WORLD: 2:00.05 W 8/14/2015 NEVA STARS -RUS  
 E KARETINA, A KUZMICHEVA, A POLIAKOVA, E SHERSHEN  
 1 University of Sa-38 A 2:32.07  
 1) Mistry, Shivana W27 2) Chu, Christine W29  
 3) Schallert, Lia W32 4) Karp, Juliana W19  
 2 SF Tsunami Maste-38 A 2:32.42  
 1) Schroder, Clare W32 2) Zeng, Jasmine W24  
 3) Heidkamp, Genevieve W29 4) Chang, Serena Y W27

**Women 100-119 400 LC Meter Medley Relay**

PAC: 4:55.59 P 12/31/1992 WCM  
 Boscovich, Tallman, Debbie Flansburg, Ingraham  
 NATL: 4:49.16 N 8/8/2009 YMCA INDY SWIMFIT  
 B TAFLINGER, C HINE, J WEAVER, M SOBECKI  
 WORLD: 4:30.81 W 12/11/2021 LINX RACING TEAM -JPN  
 K MORI, M MATSUKAWA, R TANIGUCHI, N HASEGAWA  
 1 Marcia's Enthusi-38 A 6:02.17  
 1) Nagpal, Jivana W19 2) Schley, Kelly W43  
 3) Jegers, Jade W19 4) Segal, Chelsea L W32  
 2 Albany Armada Aq-38 A 6:42.82  
 1) Patent, Mariette W21 2) Heffley, Caitlin W30  
 3) Karimi, Golsa W24 4) Chiarelli, Juliana W28

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**Women 120-159 200 LC Meter Freestyle Relay**

PAC: 1:55.13 P 12/31/2012 TOC

N Watanabe, L Welting, K Houston, M Gill

NATL: 1:50.53 N 6/9/2013 N CAROLINA MASTERS SWIMM

RUTH JONES, CELIA WOLFF, ALICIA UHL, ERIKA BRAUN

WORLD: 1:49.03 W 8/14/2015 TSUNAMI -RUS

S KNYAGININA, A FEOKTISTOVA, L YUDINA, I SHLEMOVA

- |    |                        |    |                         |
|----|------------------------|----|-------------------------|
| 1  | Rolling Hills Mu-38    | A  | 2:09.44                 |
| 1) | Kroetz, Brigitte C W27 | 2) | Dougherty, Patricia W25 |
| 3) | Burton, Sarah W35      | 4) | Towey, Rachel W48       |

**Women 120-159 400 LC Meter Freestyle Relay**

PAC: 4:17.94 P 12/31/1994 STAN

McKinney, Chichester, Danielle Ogier, Shibuya

NATL: 4:17.94 N 7/31/1994 STANFORD MASTERS SWIMMIN

M MC KINNEY, C CHICHESTER, D OGIER, K SHIBUYA

WORLD: 4:04.10 W 6/15/2019 BIRMINGHAM MASTERS -GB

K WALKER-STABELER, A LANE, A MCCALL, J CLARK

- |     |                            |    |                         |
|-----|----------------------------|----|-------------------------|
| 1   | Rolling Hills Mu-38        | A  | 5:11.21                 |
| 1)  | Kroetz, Brigitte C W27     | 2) | Dougherty, Patricia W25 |
| 3)  | Burton, Sarah W35          | 4) | Towey, Rachel W48       |
| --- | University of Sa-38        | A  | NS                      |
| 1)  | Castelein, Christina C W42 | 2) | Davis, Taylor W46       |
| 3)  | Versfeld, Rizmari W33      | 4) | Lutsky, Abby W30        |

**Women 120-159 200 LC Meter Medley Relay**

PAC: 2:10.15 P 12/31/2010 TOC

J Schriger, L Welting, M Gill, E Reilly

NATL: 2:04.19 N 8/23/1998 GOLD COAST MASTERS

B GARDNER, S GEYER, T MOLL, J HERRINGTON

WORLD: 2:02.35 W 12/15/2019 DIABLO -JPN

S KOGA, A KITAGAWA, R SHIMIZU, Y ONOGUCHI

- |    |                         |    |                        |
|----|-------------------------|----|------------------------|
| 1  | Rolling Hills Mu-38     | A  | 2:34.60                |
| 1) | Dougherty, Patricia W25 | 2) | Towey, Rachel W48      |
| 3) | Burton, Sarah W35       | 4) | Kroetz, Brigitte C W27 |
| 2  | Marcia's Enthusi-38     | A  | 3:04.22                |
| 1) | Vasicsek, Reka W25      | 2) | Hurt, Liz W58          |
| 3) | Chien, Regina W36       | 4) | Redor, Devin W27       |

**Women 120-159 400 LC Meter Medley Relay**

PAC: 4:58.90 P 12/31/1997 WCM

Lisa Ward, Osborn, Debbie Flansburg, Giggeri

NATL: 4:38.85 N 8/8/2009 ILLINOIS MASTERS

J RIDGE, N DAY, J IVARSON, K STEVENS

WORLD: 4:35.76 W 6/17/2017 BERLINER TSC -GER

A KUTZ, S KUTZ, N STRESING, J DUNGER

- |    |                         |    |                   |
|----|-------------------------|----|-------------------|
| 1  | Rolling Hills Mu-38     | A  | 5:52.76           |
| 1) | Dougherty, Patricia W25 | 2) | Towey, Rachel W48 |
| 3) | Kroetz, Brigitte C W27  | 4) | Burton, Sarah W35 |

**Women 160-199 200 LC Meter Freestyle Relay**

PAC: 1:55.89 P 12/31/2006 WCM

Hanley, Paula Roemer, McNamara, Alison Zamanian

NATL: 1:48.44 N 8/8/2006 TEAM TYR

C HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE

WORLD: 1:48.44 W 8/8/2006 TEAM TYR -USA

S HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE

- |    |                         |    |                  |
|----|-------------------------|----|------------------|
| 1  | Davis Aquatic Ma-38     | A  | 2:19.05          |
| 1) | Belluomini, Melanie W45 | 2) | Crow, Joan W58   |
| 3) | Goldberg, Michelle W54  | 4) | Crow, Vivian W25 |

**Women 160-199 400 LC Meter Freestyle Relay**

PAC: 4:33.74 P 12/31/2006 WCM

D Santos, M Curran, C McNamara, P Roemer

NATL: 4:06.90 N 6/14/2015 NORTH CAROLINA MASTERS

E BRAUN, J STRINGER, A UHL, K LINDAUER

WORLD: 4:06.90 W 6/14/2015 NORTH CAROLINA MASTERS -I

E BRAUN, J STRINGER, A UHL, K LINDAUER

- |    |                       |    |                    |
|----|-----------------------|----|--------------------|
| 1  | Marin Aquatic Ma-38   | A  | 6:39.20            |
| 1) | Pinkston, Crystal W37 | 2) | Flesh, Anice W86   |
| 3) | Peroni, Diana W50     | 4) | Silva, Rayle A W26 |

**Women 160-199 200 LC Meter Medley Relay**

PAC: 2:09.95 P 12/31/2006 STAN

Jody Smith, Gelman, Jane Worden, Still

NATL: 2:04.75 N 8/8/2006 TEAM TYR

J STEIN, S VON DER LIPPE, B CLEARY, C SAPPEY

WORLD: 2:04.75 W 8/8/2006 TEAM TYR -USA

J STEIN, S VON DER LIPPE, B CLEARY, C SAPPEY

- |    |                        |    |                           |
|----|------------------------|----|---------------------------|
| 1  | Marcia's Enthusi-38    | A  | 3:01.72                   |
| 1) | McBride, Elizabeth W32 | 2) | Benjamin, Marcia W65      |
| 3) | Shu, Vicki W54         | 4) | Stankov-Hodge, Marina W42 |
| 2  | Marin Aquatic Ma-38    | A  | 3:28.62                   |
| 1) | Pinkston, Crystal W37  | 2) | Flesh, Anice W86          |
| 3) | Silva, Rayle A W26     | 4) | Peroni, Diana W50         |

**Women 160-199 400 LC Meter Medley Relay**

PAC: 4:56.95 P 12/31/2009 WCM

Lisa Ward, Debbie Santos, Sandi Easton, BJ Henry

NATL: 4:41.71 N 6/13/2015 NORTH CAROLINA MASTERS

E BRAUN, K LINDAUER, A UHL, J STRINGER

WORLD: 4:41.71 W 6/13/2015 NORTH CAROLINA MASTERS SV

E BRAUN, K LINDAUER, A UHL, J STRINGER

- |    |                         |    |                        |
|----|-------------------------|----|------------------------|
| 1  | Davis Aquatic Ma-38     | A  | 5:37.67                |
| 1) | Crow, Vivian W25        | 2) | Garforth, Emma W54     |
| 3) | Belluomini, Melanie W45 | 4) | Goldberg, Michelle W54 |

**Women 200-239 200 LC Meter Freestyle Relay**

PAC: 2:00.50 P 12/31/2006 WCM

L Crittendem, R Brittingeham, C O'Brien, S Heim-Bo

NATL: 1:57.21 N 8/8/2006 PACIFIC NORTHWEST AQUATIC

L DAHL, D GLASSMAN, C DAVIS, M LIPPOLD

WORLD: 1:56.04 W 3/19/2011 CAPE TOWN MASTERS -RSA

S KRUGER, C STANFORD, M STRAUSS, E OTTERMANN

- |     |                          |    |                         |
|-----|--------------------------|----|-------------------------|
| --- | University of Sa-38      | A  | NS                      |
|     |                          | 2) | Ippolito, Loretta J W59 |
| 3)  | Spott, Rachel Farrah W46 | 4) | Jacobus, Patricia W58   |

**Women 200-239 400 LC Meter Freestyle Relay**

PAC: 4:46.55 P 8/6/2016 DAM

A Rieger, K Halsted, W Pratt, A Bell

NATL: 4:26.53 N 7/6/2014 UCLA BRUIN MASTERS

E STEBBINS, C CIRAULO, V HIBBEN, L DODD

WORLD: 4:20.68 W 3/14/2013 CAPE TOWN -RSA

S KRUGER, C STANFORD, E OTTERMANN, P CADIZ

- |    |                      |    |                           |
|----|----------------------|----|---------------------------|
| 1  | Santa Rosa Maste-38  | A  | 5:17.98                   |
| 1) | Walts, Merrie W62    | 2) | Bulman, Robin W57         |
| 3) | Nelson, Sheila W54   | 4) | Jones, Sara W54           |
| 2  | Marcia's Enthusi-38  | A  | 6:19.64                   |
| 1) | Benjamin, Marcia W65 | 2) | Stankov-Hodge, Marina W42 |
| 3) | Chien, Regina W36    | 4) | Hurt, Liz W58             |

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**(Women 200-239 400 LC Meter Freestyle Relay)**

3 University of Sa-38 A 6:26.11  
 1) Ippolito, Loretta J W59 2) Macleod, Pascale I W58  
 3) Jacobus, Patricia W58 4) Spott, Rachel Farrah W46

**Women 200-239 800 LC Meter Freestyle Relay**

PAC: 10:44.68 P 12/31/2009 TOC

M Meyer, A Felton, P Quinn, L Welting

NATL: 9:34.53 N 7/7/2019 CONEJO VALLEY MASTERS

J GELLATLY, B CLEAVENGER, E MAIDENBERG, L DALAND-J

WORLD: 9:34.53 W 7/7/2019 CONEJO VALLEY MASTERS -US

J GELLATLY, B CLEAVENGER, E MAIDENBERG, L DALAND-J

1 Rolling Hills Mu-38 A 13:38.36  
 1) Burton, Sarah W35 2) Towey, Rachel W48  
 3) Hepworth, Linda W69 4) Coholan, Annette W74  
 2 Marcia's Enthusi-38 A 14:19.22  
 1) Benjamin, Marcia W65 2) Chien, Regina W36  
 3) Stankov-Hodge, Marina W42 4) Hurt, Liz W58

**Women 200-239 200 LC Meter Medley Relay**

PAC: 2:15.21 P 12/31/2006 WCM

P Landers, L Crittenden, S Heim-Bowen, T

NATL: 2:10.98 N 8/17/2008 OREGON MASTERS

K ANDRUS-HUGHES, B OBLETZ, A DELMAGE, R PARISI

WORLD: 2:10.98 W 8/17/2008 OREGON MASTERS -USA

K ANDRUS-HUGHES, B OBLETZ, A DELMAGE, R PARISI

1 Santa Rosa Maste-38 A 2:33.32  
 1) Jones, Sara W54 2) Bulman, Robin W57  
 3) Richards, Ericka W44 4) Nelson, Sheila W54  
 2 Davis Aquatic Ma-38 A 2:46.96  
 1) Garforth, Emma W54 2) Crow, Joan W58  
 3) Phalen, Jennifer W58 4) Russell, Jane W59  
 --- University of Sa-38 A NS  
 1) Ippolito, Loretta J W59 2) Castelein, Christina C W42  
 3) Davis, Taylor W46 4) Jacobus, Patricia W58

**Women 200-239 400 LC Meter Medley Relay**

PAC: 5:33.16 P 8/6/2016 DAM

A Rieger, A Bell, W Pratt, K Halsted

NATL: 4:58.86 N 7/30/2016 NORTH TEXAS LONESTARS

S STONE, K MACCUDY, M REA, K HENDERSON

WORLD: 4:54.41 W 1/25/2020 MASTERS SORLANDET -NOI

L LOTHE, A SORENSEN, J THORSTENSEN, M FUGLESTVEIT

1 University of Sa-38 A 6:28.23  
 1) Ogilvie, Carol M W67 2) Davis, Taylor W46  
 3) Hamill, Ariel W32 4) Jacobus, Patricia W58

**Women 240-279 200 LC Meter Freestyle Relay**

PAC: 2:21.79 P 8/9/2014 TAM

L Val, L Shoenberger, N Ridout, B Wheeler

NATL: 2:01.52 N 7/20/2019 NORTH TEXAS LONESTARS

K HENDERSON, L MORRISON, C MCKELVEY, S STONE

WORLD: 2:00.75 W 3/17/2018 CAPE TOWN MASTERS -RSA

E OTTERMANN, S KRUGER, D COETZEE, C STANFORD

1 University of Sa-38 A 2:50.21  
 1) Pashelinsky, Erin L W75 2) Ippolito, Loretta J W59  
 3) Davis, Taylor W46 4) Jacobus, Patricia W58

**Women 240-279 400 LC Meter Freestyle Relay**

PAC: 5:17.41 P 7/20/2019 DAM

J Roberts, J Russell, C Sprouse, S Guthrie

NATL: 4:36.74 N 7/21/2019 NORTH TEXAS LONESTARS

S STONE, K HENDERSON, L MORRISON, J WOOLSLAYER

WORLD: 4:36.74 W 7/21/2019 NORTH TEXAS LONESTAR -US

S STONE, K HENDERSON, L MORRISON, J WOOLSLAYER

1 Davis Aquatic Ma-38 A 5:35.69  
 1) Guthrie, Sally W72 2) Phalen, Jennifer W58  
 3) Kinder, Stephanie W52 4) Russell, Jane W59

**Women 240-279 800 LC Meter Freestyle Relay**

PAC: 13:28.86 P 12/31/1992 WCM

B Barabash, J Alexander, A Pisciotta, B Jordan

NATL: 10:22.07 N 7/19/2019 NORTH TEXAS LONESTARS

L MORRISON, M BAILEY, J WOOLSLAYER, S STONE

WORLD: 10:13.61 W 2/21/2016 CAPE TOWN MASTERS -RSA

C STANFORD, G MCCARNEY, D COETZEE, S KRUGER

1 Walnut Creek Mas-38 A 13:22.27P  
 1) Dibley, Allison M W60 2) Scott, Stephanie W75  
 3) Taylor, Catherine W59 4) Zamanian, Alison W52

**Women 240-279 400 LC Meter Medley Relay**

PAC: 6:16.36 P 7/21/2019 DAM

M Kahn, C Sprouse, J Russell, S Guthrie

NATL: 5:33.65 N 7/9/2011 OREGON MASTERS

J WARD, G PIERSON, C CRABBE, K ANDRUS-HUGHES

WORLD: 5:19.05 W 2/27/2016 CAPE TOWN MASTERS -RSA

D COETZEE, G MCCARNEY, C STANFORD, S KRUGER

1 Rolling Hills Mu-38 A 7:21.02  
 1) Hepworth, Linda W69 2) Laudenslager, Sherri W60  
 3) McCullough, Juliette W41 4) Coholan, Annette W74

**Women 280-319 200 LC Meter Freestyle Relay**

PAC: 2:24.42 P 8/1/2018 TAM

L B Val, S Archer, N J Ridout, B C Wheeler

NATL: 2:23.58 N 8/25/2019 OREGON MASTERS

J GETTLING, J WARD, M TOPPEL, K ANDRUS-HUGHES

WORLD: 2:23.58 W 8/25/2019 OREGON MASTERS -USA

J GETTLING, J WARD, M TOPPEL, K ANDRUS-HUGHES

1 Rolling Hills Mu-38 A 2:51.00  
 1) Hepworth, Linda W69 2) Gradney, Susan W63  
 3) Hayes-Rupp, Cynthia W65 4) Coholan, Annette W74

**Women 280-319 400 LC Meter Freestyle Relay**

PAC: 6:52.14 P 7/14/2018 MAM

S A Caso, S G Stanton, P K McPartland, R Y Shaps

NATL: 5:26.29 N 6/12/2022 SARASOTA SHARKS

DIANN UUSTAL, SUE WATTS, JUNE CARSON, NANCY KRYKA

WORLD: 5:38.02 W 1/18/2020 MIDSUSSEX MARLINS -GBR

A GWYNN, R DUDENEY, M JOHNSON, S MILLS

1 University of Sa-38 A 7:57.43  
 1) Chaitkin, Lauren W78 2) Dunn, Audrey W69  
 3) Niccolls, Dorothy W69 4) Byrnes, Barbara W66  
 2 Rolling Hills Mu-38 A 8:24.53  
 1) Hepworth, Linda W69 2) Coholan, Annette W74  
 3) Madison, Carolyn W76 4) Peters, Madalienne W75



## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

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**Women 280-319 200 LC Meter Medley Relay**

PAC: 2:48.41 P 8/1/2018 TAM

L B Val, S Archer, B C Wheeler, N J Ridout

NATL: 2:41.43 N 8/24/2019 OREGON MASTERS

K ANDRUS-HUGHES, J GETTLING, M TOPPEL, J WARD

WORLD: 2:41.43 W 8/24/2019 OREGON MASTERS -USA

K ANDRUS-HUGHES, J GETTLING, M TOPPEL, J WARD

1	Rolling Hills Mu-38	A	3:36.37
	1) Hepworth, Linda W69	2) Hayes-Rupp, Cynthia W65	
	3) Tevis, Maggie W74	4) Coholan, Annette W74	
2	University of Sa-38	A	4:12.13
	1) Chaitkin, Lauren W78	2) Dunn, Audrey W69	
	3) Byrnes, Barbara W66	4) Niccolls, Dorothy W69	
3	University of Sa-38	B	4:33.45
	1) Hagiwara, Tanako W84	2) Spott, Rachel Farrah W46	
	3) Pashelinsky, Erin L W75	4) Waksberg, Arlene W77	

**Women 320-359 200 LC Meter Freestyle Relay**

PAC: 3:49.73 P 12/31/1998 WCM

S Joy, J Howell, J Durston, M Jane Reeves

NATL: 3:27.23 N 8/8/2009 VIRGINIA MASTERS SWIM TEA

B ZAREMSKI, T SOKOLIK, M BERKLEY, J MEREDITH

WORLD: 2:55.78 W 9/21/2013 BIG YOKOHAMA -JPN

S YONEZAWA, M KURATA, M KAMOSHITA, S WATANABE

1	Tamalpais Aquati-38	A	3:24.19N
	1) Alexandre, Mary W86	2) Carroll, Glenda W79	
	3) Ridout, Nancy W80	4) Shoenberger, Linda W75	

**Women 320-359 400 LC Meter Freestyle Relay**

PAC: 9:25.39 P 12/31/2012 SMM

J Lingys, A Lambertson, M Knochenhauer, M McCubbin

NATL: 8:33.10 N 6/10/2018 FLORIDA AQUATIC COMBINED

J CAMPBELL, P TULLMAN, M HENDERSON, J HACKETT

WORLD: 6:54.35 W 11/27/2021 MIAMI MASTERS -AUS

M FITTOCK, D ROBERTSON, M WATTS, C SIMPSON

1	Tamalpais Aquati-38	A	8:20.78N
	1) Alexandre, Mary W86	2) Pechoultres, Meredith W78	
	3) Ridout, Nancy W80	4) Shoenberger, Linda W75	

**Women 320-359 800 LC Meter Freestyle Relay**

NATL: 19:29.28 N 1/13/2002 FLORIDA MAVERICK MASTERS

K SCHIMPF, P HUGHES, J REYNOLDS, F CARR

WORLD: 15:05.19 W 11/27/2021 MIAMI MASTERS -AUS

M FITTOCK, D ROBERTSON, M WATTS, C SIMPSON

1	Tamalpais Aquati-38	A	17:01.17N
	1) Alexandre, Mary W86	2) Jaffe, Kristin W84	
	3) Ridout, Nancy W80	4) Shoenberger, Linda W75	

**Women 320-359 200 LC Meter Medley Relay**

PAC: 4:19.11 P 12/31/1998 WCM

S Joy, J Howell, J Durston, M Jane Reeves

NATL: 3:47.69 N 3/21/2009 FLORIDA AQUATIC COMBINED

B LORENZI, S EISELE, N DURSTEIN, J CAMPBELL

WORLD: 3:27.07 W 6/23/2013 BIG YOKOHAMA -JPN

S YONEZAWA, M KURATA, S WATANABE, M KAMOSHITA

1	Tamalpais Aquati-38	A	4:15.82P
	1) Alexandre, Mary W86	2) Jaffe, Kristin W84	
	3) Carroll, Glenda W79	4) Ridout, Nancy W80	

**Men 120-159 200 LC Meter Freestyle Relay**

PAC: 1:37.49 P 12/31/1986 TOC

F Hubbell, B Barthold, B Placak, J Griffith

NATL: 1:34.82 N 7/26/2009 SOUTHERN CAL AQUATIC MAST

M CORNUE, E HOCHSTEIN, E TOLMACHOFF, C BEACH

WORLD: 1:32.84 W 7/8/2018 GETXO -ESP

M BILDOSOLA, I BILDOSOLA, G ZUBIAUR, M DEBA

1	Davis Aquatic Ma-38	A	1:50.57
	1) Yancher, Owen M24	2) Zachan, Matthew M36	
	3) Winsor, Brad M51	4) Roper, Matt M41	
2	University of Sa-38	A	1:56.72
	1) Frederick, Aaron D M29	2) Leber, Nathan M30	
	3) Ford, Kent M68	4) Hadjipateras, Costas N M32	
3	Albany Armada Aq-38	A	1:57.44
	1) Gleason, Sam M26	2) Dyer, Samuel M26	
	3) Blomquist, Benjamin M22	4) Friedman, Eric D M52	

**Men 120-159 400 LC Meter Freestyle Relay**

PAC: 3:44.37 P 12/31/2006 TOC

Lee Wanie, Davie, Gaggero, Gary Larson

NATL: 3:34.83 N 8/8/2009 MICHIGAN MASTERS

K DOAK, A MULL, C MULL, P SAUCEDO

WORLD: 3:28.93 W 7/7/2018 GETXO -ESP

M BILDOSOLA, I BILDOSOLA, G ZUBIAUR, M DEBA

---	University of Sa-38	A	DQ
	1) Makh sudov, Alisher M25	2) Comiran, Fernando M39	
	3) Hallman, Kevin M M33	4) Leber, Nathan M30	

**Men 120-159 200 LC Meter Medley Relay**

PAC: 1:49.98 P 12/31/2006 WCM

Jones, Roque Santos, Rendick, Brown

NATL: 1:44.88 N 8/1/2018 PHOENIX SWIM CLUB MASTER

R FERREIRA, F DOS SANTOS, B DE PAULA, R FERREIRA

WORLD: 1:42.30 W 6/16/2019 THE STAR -JPN

T FUKUI, T OSAKI, K FUKAYA, T ONO

1	University of Sa-38	A	2:00.52
	1) O'Malley, Liam M32	2) Teshima, Ryan M23	
	3) Valentine, Matthew A M28	4) Samotyj, John M41	

**Men 120-159 400 LC Meter Medley Relay**

PAC: 4:04.49 P 12/31/1994 TOC

S Murphy, S Corliss, D Lundberg, M Keck

NATL: 4:00.06 N 8/8/2009 MICHIGAN MASTERS

K DOAK, P SAUCEDO, C MULL, A MULL

WORLD: 3:49.75 W 1/19/2019 JFE KEIHIN -JPN

T TAKEMOTO, H IKEGAMI, R TAGUCHI, S UCHIYAMA

1	Albany Armada Aq-38	A	5:11.61
	1) Dyer, Samuel M26	2) Blomquist, Benjamin M22	
	3) Gleason, Sam M26	4) Friedman, Eric D M52	

**Men 160-199 200 LC Meter Freestyle Relay**

PAC: 1:40.32 P 12/31/1994 TOC

B Placak, B Barthold, J Griffith, K Vander Bogart

NATL: 1:36.28 N 8/8/2006 TEAM TYR

M EISENHUTH, J SMITH, R SAEGER, P SMITH

WORLD: 1:34.92 W 8/18/2017 NEVA STARS -RUS

A SHILIN, S MEDVEDEV, A MANZHULA, V PREDKIN

1	Marcia's Enthusi-38	A	2:05.43
	1) Torres, Emmanuel M36	2) Song, Jimmy M39	
	3) Lehnert, Ahren M49	4) Wehmann, Todd M50	

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**Men 160-199 200 LC Meter Medley Relay**

PAC: 1:52.30 P 12/31/2006 STAN

Rick Gould, Scottoline, Phelan, Lundberg

NATL: 1:47.72 N 8/8/2006 TEAM TYR

R SAEGER, G RHODENBAUGH, P SMITH, J SMITH

WORLD: 1:45.47 W 8/18/2017 NEVA STARS -RUS

A SHILIN, G GOGOL, A MANZHULA, V PREDKIN

- |   |                       |                       |         |
|---|-----------------------|-----------------------|---------|
| 1 | Marcia's Enthusi-38   | A                     | 2:21.68 |
|   | 1) Wehmann, Todd M50  | 2) Song, Jimmy M39    |         |
|   | 3) Jegers, Daniel M53 | 4) Lehnert, Ahren M49 |         |

**Men 160-199 400 LC Meter Medley Relay**

PAC: 4:02.07 P 5/10/2015 STAN

R Gould, BJ Johnson, D Phelan, M Pyle

NATL: 4:02.07 N 5/10/2015 STAN

RICK GOULD, BJ JOHNSON, DARREN PHELAN, MIKE PYLE

WORLD: 4:02.07 W 5/10/2015 STANFORD -USA

Rick GOULD, Bj JOHNSON, Darren PHELAN, Mike PYLE

- |   |                        |                        |         |
|---|------------------------|------------------------|---------|
| 1 | Davis Aquatic Ma-38    | A                      | 5:10.03 |
|   | 1) Yancher, Owen M24   | 2) Woodruff, David M66 |         |
|   | 3) Zachan, Matthew M36 | 4) Winsor, Brad M51    |         |

**Men 200-239 200 LC Meter Freestyle Relay**

PAC: 1:44.06 P 12/31/2006 BAC

Whatley, McAweeney, Finch, Butler

NATL: 1:38.24 N 8/8/2006 COLORADO MASTERS

J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS

WORLD: 1:38.24 W 8/8/2006 COLORADO -USA

J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS

- |   |                       |                        |         |
|---|-----------------------|------------------------|---------|
| 1 | Walnut Creek Mas-38   | A                      | 2:05.32 |
|   | 1) Pierce, Andrew M46 | 2) Kemler, David S M64 |         |
|   | 3) Kuhns, Chris M47   | 4) Druz, Loren M66     |         |

**Men 200-239 800 LC Meter Freestyle Relay**

PAC: 9:22.12 P 12/31/2007 WCM

R Santos, P Guadagni, D Galine, K O'Brien

NATL: 8:38.51 N 5/31/2019 ARIZONA MASTERS

T DEBIASE, E KRATZ, K DICKSON, J UTSCH

WORLD: 8:38.24 W 7/6/2013 BRASIL MASTERS -BRA

H CELIDONIO, D Garrido MADRUGA, R Carlos CARVALHO,

- |   |                       |                       |          |
|---|-----------------------|-----------------------|----------|
| 1 | Marcia's Enthusi-38   | A                     | 11:19.80 |
|   | 1) Jegers, Daniel M53 | 2) Lehnert, Ahren M49 |          |
|   | 3) Wu, Long M57       | 4) Wehmann, Todd M50  |          |

**Men 200-239 200 LC Meter Medley Relay**

PAC: 1:57.72 P 12/31/2005 RHMS

P Djang, L Rider, B Adkison, E van Boer

NATL: 1:50.83 N 8/8/2006 COLORADO MASTERS

S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS

WORLD: 1:50.83 W 8/8/2006 COLORADO -USA

S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS

- |   |                     |                          |         |
|---|---------------------|--------------------------|---------|
| 1 | University of Sa-38 | A                        | 2:36.24 |
|   | 1) Ford, Kent M68   | 2) Leber, Nathan M30     |         |
|   | 3) Fama, Robert M64 | 4) Comiran, Fernando M39 |         |

**Men 200-239 400 LC Meter Medley Relay**

PAC: 4:38.46 P 12/31/1994 TOC

Tim Birnie, Bob Strand, Rich Bassi, Jim Elder

NATL: 4:13.76 N 8/11/2012 LONGHORN AQUATICS

A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

WORLD: 4:13.76 W 8/11/2012 LONGHORN AQUATICS -USA

A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

- |   |                         |                          |         |
|---|-------------------------|--------------------------|---------|
| 1 | Marcia's Enthusi-38     | A                        | 5:45.07 |
|   | 1) Wehmann, Todd M50    | 2) Wu, Long M57          |         |
|   | 3) Jegers, Daniel M53   | 4) Lehnert, Ahren M49    |         |
| 2 | University of Sa-38     | A                        | 8:26.20 |
|   | 1) Ford, Kent M68       | 2) Gendreau, David P M62 |         |
|   | 3) Murray, Edward J M73 | 4) Virtue, Paul A M71    |         |

**Men 240-279 200 LC Meter Freestyle Relay**

PAC: 1:48.79 P 8/7/2013 TAM

Richard Burns, Alan Bernard, Tate Holt, Greg Tull

NATL: 1:42.40 N 8/19/2016 SARASOTA Y SHARKS

S WOOD, D MARTIN, T HEDRICK, J GROSELLE

WORLD: 1:42.40 W 8/19/2016 SARASOTA Y SHARKS -USA

S WOOD, D MARTIN, T HEDRICK, J GROSELLE

- |   |                         |                          |         |
|---|-------------------------|--------------------------|---------|
| 1 | University of Sa-38     | A                        | 3:31.09 |
|   | 1) Fleming, Jack C M87  | 2) Gendreau, David P M62 |         |
|   | 3) Murray, Edward J M73 | 4) Wagner, Chris M62     |         |

**Men 240-279 400 LC Meter Freestyle Relay**

PAC: 4:01.34 P 12/31/2012 SMM

J Sweeney, R Brown, S Finch, T Reudy

NATL: 3:59.86 N 8/11/2018 COLORADO MASTERS

M MANN, C PETERSEN, G SCOTT, K ANDERSON

WORLD: 3:59.86 W 8/11/2018 COLORADO MASTERS -USA

M MANN, C PETERSEN, G SCOTT, K ANDERSON

- |   |                         |                            |         |
|---|-------------------------|----------------------------|---------|
| 1 | Rolling Hills Mu-38     | A                          | 5:45.98 |
|   | 1) Nam, Jimmy M54       | 2) Maritzen, Michael A M66 |         |
|   | 3) Suess, Bob M61       | 4) Thompson, Jerry J M64   |         |
| 2 | Marcia's Enthusi-38     | A                          | 5:46.06 |
|   | 1) Gloystein, James M71 | 2) Citron, Jeffrey M67     |         |
|   | 3) Wu, Long M57         | 4) Small, Stephen M70      |         |

**Men 240-279 800 LC Meter Freestyle Relay**

PAC: 9:09.92 P 7/24/2016 STAN

T Broderick, S Strong, J Kemp, D Phelan

NATL: 8:56.62 N 8/12/2018 COLORADO MASTERS

M MANN, C PETERSEN, G SCOTT, K ANDERSON

WORLD: 8:56.62 W 8/12/2018 COLORADO MASTERS -USA

M MANN, C PETERSEN, G SCOTT, K ANDERSON

- |   |                            |                             |          |
|---|----------------------------|-----------------------------|----------|
| 1 | Rolling Hills Mu-38        | A                           | 12:29.44 |
|   | 1) Van Boer, Eric D M68    | 2) Nam, Jimmy M54           |          |
|   | 3) Maritzen, Michael A M66 | 4) Sutton-Beattie, Eric M70 |          |
| 2 | University of Sa-38        | A                           | 16:19.43 |
|   | 1) Gregor, Eugene M62      | 2) Ensor, Richard E M75     |          |
|   | 3) Young, Stephen M64      | 4) Virtue, Paul A M71       |          |

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**Men 240-279 200 LC Meter Medley Relay**

PAC: 2:02.72 P 12/31/2012 TAM

Richard Burns, Kenneth Frost, Greg Tull, Tate Holt

NATL: 1:57.46 N 8/21/2016 SARASOTA Y SHARKS

S WOOD, J GROSELLE, T HEDRICK, D MARTIN

WORLD: 1:57.46 W 8/21/2016 SARASOTA Y SHARKS -USA

S WOOD, J GROSELLE, T HEDRICK, D MARTIN

1	Marcia's Enthusi-38	A	3:00.10
	1) Citron, Jeffrey M67	2) Wu, Long M57	
	3) Small, Stephen M70	4) Gloystein, James M71	

**Men 240-279 400 LC Meter Medley Relay**

PAC: 5:11.83 P 8/8/2015 DAM

D S Vidmar, John B Thayer, Mark E Evans, Ted

NATL: 4:32.15 N 8/10/2018 COLORADO MASTERS

C PETERSEN, G SCOTT, M MANN, K ANDERSON

WORLD: 4:32.15 W 8/10/2018 COLORADO MASTERS -USA

C PETERSEN, G SCOTT, M MANN, K ANDERSON

1	University of Sa-38	A	6:22.67
	1) Wagner, Chris M62	2) Gregor, Eugene M62	
	3) Hadjipateras, Costas N M32	4) Fleming, Jack C M87	

**Men 280-319 400 LC Meter Freestyle Relay**

PAC: 5:15.43 P 7/14/2018 WCM

Bob Upshaw, Mal Jester, Craig Dennis, J R DeLacy

NATL: 4:27.17 N 6/18/2017 PALM BEACH MASTERS

L CHILDS, K LODWIG, G SCHMIDT, D QUIGGIN

WORLD: 4:27.17 W 6/18/2017 PALM BEACH MASTERS -USA

L CHILDS, K LODWIG, G SCHMIDT, D QUIGGIN

1	Rolling Hills Mu-38	A	7:40.70
	1) Sutton-Beattie, Eric M70	2) Madison, John M77	
	3) Pierce, Donald M77	4) Ciampi, Norman M83	

**Men 280-319 800 LC Meter Freestyle Relay**

PAC: 12:22.64 P 12/31/1994 SMMM

Ray Taft, Fred Taioli, Moran, Steuart

NATL: 10:15.72 N 6/6/2021 SARASOTA SHARKS

JACK GROSELLE, JACK MARTIN, BOB COUCH, RICK WALKER

WORLD: 10:15.72 W 6/6/2021 SARASOTA SHARKS -USA

Jack GROSELLE, Jack MARTIN, Bob COUCH, Rick WALKER

1	Marcia's Enthusi-38	A	12:40.69
	1) Citron, Jeffrey M67	2) Small, Stephen M70	
	3) Winterrowd, Dan M72	4) Benjamin, David M72	

**Men 280-319 200 LC Meter Medley Relay**

PAC: 2:19.72 P 8/9/2019 TAM

R Burns, A Moskovits, J Foote, R Meyerhoff

NATL: 2:15.90 N 8/9/2019 VENTURA COUNTY MASTERS

S HECK, H KERNS, G GRUBER, B ROLLINS

WORLD: 2:15.90 W 8/9/2019 VENTURA COUNTY MASTERS

S HECK, H KERNS, G GRUBER, B ROLLINS

1	Rolling Hills Mu-38	A	3:15.00
	1) Pierce, Donald M77	2) Thompson, Jerry J M64	
	3) Maritzen, Michael A M66	4) Madison, John M77	
---	Menlo Masters-38	A	NS
	1) Crockett, Robert M74	2) Anderson, Bob M67	
	3) Cocca, Christopher M57	4) Sheeper, Tim M59	

**Men 320-359 200 LC Meter Freestyle Relay**

PAC: 2:59.22 P 7/26/2015 WCM

E V Lane, Norman E Stupfel, Robert W Mayo, S

NATL: 2:24.56 N 8/19/2016 OREGON MASTERS

J FERRAZ, W LAMB, F PHILIPPS, D RADCLIFF

WORLD: 2:20.89 W 7/21/2003 JUEI CLUB -JPN

S SHIDA, K NAKAMURA, K SHIRAYAMA, I TAMURA

1	Rolling Hills Mu-38	A	4:04.42
	1) Madison, John M77	2) Pierce, Donald M77	
	3) Ciampi, Norman M83	4) Soroka, Donald M90	

**Mixed 72-99 400 LC Meter Freestyle Relay**

PAC: 3:55.60 P 7/12/2013 SMM

A Chan, J Oto, C Sanchez, A Navarro

NATL: 3:56.54 N 7/25/2009 CONEJO SIMI AQUATIC MASTER

W FEDERER, L HANCOCK, C RAMOS, K DENBY

1	University of Sa-38	A	4:30.71
	1) Teshima, Ryan M23	2) Karp, Juliana W19	
	3) Mistry, Shivana W27	4) Valentine, Matthew A M28	

**Mixed 100-119 400 LC Meter Freestyle Relay**

PAC: 3:50.59 P 7/23/2016 MEMO

T Gregory, R Ward, P Yamauchi, C Breed

NATL: 3:54.81 N 7/25/2009 SOUTHERN CAL AQUATIC MAST

N JANOS, J CORCORAN, A YEARWOOD, E TOLMACHOFF

WORLD: 3:48.68 W 6/20/2014 W98 HANNOVER -GER

T GRABOWSKI, C DAHLE, A MARX, N WINTER

1	Albany Armada Aq-38	A	5:06.03
	1) Dyer, Samuel M26	2) Blomquist, Benjamin M22	
	3) Heffley, Caitlin W30	4) Karimi, Golsa W24	

**Mixed 100-119 200 LC Meter Medley Relay**

PAC: 1:55.34 P 12/31/2011 TOC

F O'Donnell-McCar, J W Dorr, E P Reilly, S G

NATL: 1:54.22 N 8/10/2019 ROSE BOWL MASTERS

K YOUNKINS, M CARLSON, W UBELLACKER, S UBELLACKER

WORLD: 1:51.99 W 7/17/2006 OAHU CLUB -JPN

T KITASHITA, H MATSUDA, K KAWAMOTO, I MAEDA

1	Albany Armada Aq-38	A	2:47.85
	1) Dyer, Samuel M26	2) Heffley, Caitlin W30	
	3) Karimi, Golsa W24	4) Gleason, Sam M26	

**Mixed 120-159 200 LC Meter Freestyle Relay**

PAC: 1:43.44 P 12/31/2008 TOC

T Holsman, S Guzman, L Welting, S Greenwood

NATL: 1:42.65 N 8/23/1998 GOLD COAST MASTERS

T PACE, T MOLL, J HERRINGTON, K WIENANTS

WORLD: 1:40.14 W 8/14/2015 TSUNAMI -RUS

A SATANOVSKIY, I SHLEMOVA, S KNYAGININA, A KRYLOV

1	SF Tsunami Maste-38	A	2:01.79
	1) Frentsos, Paul M61	2) Heidkamp, Genevieve W29	
	3) Hernandez, Clapton M20	4) Chang, Serena Y W27	
2	University of Sa-38	A	2:06.06
	1) Makhstudov, Alisher M25	2) Hamill, Ariel W32	
	3) Chu, Christine W29	4) Kapustin, Yevgeniy M36	

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**Mixed 120-159 400 LC Meter Freestyle Relay**

PAC: 3:58.19 P 12/31/2009 TOC

**K Lyons, M Gill, P Carter, S Greenwood**

NATL: 3:56.36 N 3/5/2011 MOVY MASTERS

**T STEWART, C FUCHS, J STOVER, A DIERS**

WORLD: 3:49.88 W 10/7/2021 POTIGUAR MASTERS -BRA

**J SANCHES, R TRIVINO, J SANTORO NAKAGAKI, K REGINA**

1	University of Sa-38	A	4:33.19
	1) Samotyj, John M41	2) Chu, Christine W29	
	3) Schallert, Lia W32	4) O'Malley, Liam M32	
2	Marcia's Enthusi-38	A	5:13.93
	1) Vasicsek, Reka W25	2) Lehnert, Ahren M49	
	3) Redor, Devin W27	4) Song, Jimmy M39	

**Mixed 120-159 800 LC Meter Freestyle Relay**

PAC: 9:16.50 P 12/31/1990 WCM

**Paula Roemer, Barber, O'Brien, Wendy Ingraham**

NATL: 8:41.82 N 3/9/2013 MOVY MASTERS

**J STOVER, C PETERFISH, T STEWART, A DIERS**

WORLD: 8:38.18 W 4/24/2022 CN MONTEVERDE -ESP

**J MARQUES, H ARANGUREN, S REDONDO, P GONZALEZ**

1	Marcia's Enthusi-38	A	11:18.95
	1) Flynn, Elizabeth W43	2) Nagpal, Jivana W19	
	3) Song, Jimmy M39	4) Torres, Emmanuel M36	

**Mixed 120-159 200 LC Meter Medley Relay**

PAC: 1:59.68 P 12/31/1997 WCM

**Hartnett, Gary Patterson, Steve Stahl, Vidal**

NATL: 1:50.77 N 7/8/2012 PHOENIX SWIM CLUB

**N INADA, J COMMINGS, M HYMAN, J PONCE**

WORLD: 1:50.77 W 7/8/2012 PHOENIX SWIM CLUB -USA

**N INADA, J COMMINGS, M HYMAN, J PONCE**

1	Marin Aquatic Ma-38	A	2:27.75
	1) Bauer, Anna W21	2) Goines, Bruce M71	
	3) Eaton, Jay Jay W21	4) Felix, Samuel M23	

**Mixed 120-159 400 LC Meter Medley Relay**

PAC: 4:40.74 P 12/31/1992 RINC

**Ken Fattler, Baxter, Kirk Koslowski, Elsbach**

NATL: 4:29.03 N 8/8/2009 FORT LAUDERDALE AQUATICS

**C FERNANDEZ, K LEGASPI, L GALVAN-SARABIA, J MARTIN**

WORLD: 4:16.13 W 4/17/2021 TSUNAMI -RUS

**E IOGIN, A TISCHENKO, A FEOKTISTOVA, A VESELOVA**

1	University of Sa-38	A	5:32.73
	1) Versfeld, Rizmari W33	2) Chu, Christine W29	
	3) Frederick, Aaron D M29	4) Kapustin, Yevgeniy M36	
2	Marcia's Enthusi-38	A	5:57.09
	1) McBride, Elizabeth W32	2) Song, Jimmy M39	
	3) Torres, Emmanuel M36	4) Stankov-Hodge, Marina W42	

**Mixed 160-199 400 LC Meter Freestyle Relay**

PAC: 4:08.95 P 12/31/1995 TOC

**B Strand, M Keck, M Meyer, D Ogier**

NATL: 3:57.18 N 8/6/2016 NORTH CAROLINA MASTERS

**E BRAUN, S DALLAMURA, K LINDAUER, V FLETCHER**

WORLD: 3:55.98 W 6/17/2017 EDGE -JPN

**M IKEDA, T TAKUBO, S HIRUKAWA, K YOSHIMURA**

1	University of Sa-38	A	4:43.45
	1) Ford, Kent M68	2) Petrakis, Danae W30	
	3) Petrakis, Kristina W33	4) Hadjipateras, Costas N M32	

2	Marcia's Enthusi-38	A	4:50.42
	1) Jegers, Daniel M53	2) Shu, Vicki W54	
	3) McBride, Elizabeth W32	4) Wehmann, Todd M50	
3	Davis Aquatic Ma-38	A	5:03.62
	1) Crow, Vivian W25	2) Zachan, Matthew M36	
	3) Woodruff, David M66	4) Nehrebecki, Helene W42	
4	Walnut Creek Mas-38	A	5:12.93
	1) King, Ian M60	2) Ongerth, Ann Michelle W48	
	3) Saccullo, Emily W28	4) Lucchese, Jon M46	

**Mixed 160-199 800 LC Meter Freestyle Relay**

PAC: 9:15.91 P 12/31/1995 TOC

**M Keck, M Meyer, B Strand, D Ogier**

NATL: 8:50.20 N 8/15/2015 ROCKWELL AQUATIC MASTERS

**S STONE, S CARPENTER, R ELDRIDGE, S CARROLL**

WORLD: 8:43.94 W 11/11/2017 BP HONVED SE -HUN

**M MAROSI, D CERVA, A SCHONEK, V KALOUS**

1	Davis Aquatic Ma-38	A	10:25.10
	1) Roper, Matt M41	2) Krovetz, Ted M56	
	3) Nehrebecki, Helene W42	4) Kinder, Stephanie W52	
2	University of Sa-38	A	10:32.31
	1) Leber, Nathan M30	2) Schallert, Lia W32	
	3) Ogilvie, Carol M W67	4) Harrington, Matt M51	

**Mixed 160-199 200 LC Meter Medley Relay**

PAC: 2:00.53 P 12/31/2004 TOC

**J Schriger, S Corliss, L Welting, M MacKay**

NATL: 1:56.34 N 8/10/2019 NOVAQUATICS MASTERS

**J NATALIZIO, S WEST, S BENNETT, C BERTELINK**

WORLD: 1:53.25 W 6/6/2021 MAD WAVE -RUS

**A POVALIY, V BRAGIN, A POLIAKOVA, V PREDKIN**

1	Davis Aquatic Ma-38	A	2:25.52
	1) Crow, Vivian W25	2) Woodruff, David M66	
	3) Nehrebecki, Helene W42	4) Zachan, Matthew M36	
2	Walnut Creek Mas-38	A	2:27.35
	1) Rogers, Louis M33	2) Saccullo, Emily W28	
	3) Ongerth, Ann Michelle W48	4) Druz, Loren M66	
3	University of Sa-38	A	2:28.23
	1) Hallman, Kevin M M33	2) Lutsky, Abby W30	
	3) Fama, Robert M64	4) Comiran, Fernando M39	

**Mixed 160-199 400 LC Meter Medley Relay**

PAC: 4:30.50 P 12/31/2006 STAN

**Jody Smith, Becker, Preston, Kemp**

NATL: 4:23.00 N 6/11/2022 NORTH CAROLINA MASTERS

**G HIGSON, C THOMAS, I HOLLAND, E BRAUN**

WORLD: 4:21.61 W 6/14/2019 FAREHAM NOMADS -GBR

**J CORBEN, M BENNELL, N PLUMRIDGE, J BERBERS**

1	Walnut Creek Mas-38	A	5:49.17
	1) Rogers, Louis M33	2) Chu, Elise W25	
	3) Ongerth, Ann Michelle W48	4) King, Ian M60	

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**Mixed 200-239 200 LC Meter Freestyle Relay**

PAC: 1:48.33 P 12/31/2005 WCM

S Heim-Bowen, L Crittenden, J DeLacy, D Boatwright

NATL: 1:44.96 N 8/10/2006 COLORADO MASTERS

T HEDRICK, K CROUCH, K GARNIER, R ABRAHAM

WORLD: 1:44.96 W 8/8/2006 COLORADO -USA

T HEDRICK, K CROUCH, K GARNIER, R ABRAHAM

1	University of Sa-38	A	2:13.13
	1) Gregor, Eugene M62	2) Ogilvie, Carol M W67	
	3) Versfeld, Rizmari W33	4) Harrington, Matt M51	
2	Marcia's Enthusi-38	A	2:17.08
	1) Shu, Vicki W54	2) Schley, Kelly W43	
	3) Wu, Long M57	4) Jegers, Daniel M53	

**Mixed 200-239 200 LC Meter Medley Relay**

PAC: 2:04.32 P 12/31/2009 WCM

Lisa Ward, Gary Patterson, Sandi Easton, Bob Olson

NATL: 2:01.98 N 8/20/2016 OREGON MASTERS

V JENKINS, K GROTE, G DUUS, K ANDRUS-HUGHES

WORLD: 1:59.99 W 8/18/2017 GUILDFORD CITY SWIMMING -

M WARE, D BRYANT, M HODGSON, L COGGINS

1	Rolling Hills Mu-38	A	2:38.48
	1) Nam, Jimmy M54	2) Erickson, Douglas M50	
	3) Viscardi, Josie W58	4) Houts, Jennifer W56	

**Mixed 200-239 400 LC Meter Medley Relay**

PAC: 4:51.55 P 12/31/1998 TAM

R Burns, P Jonckheer, L Val, N Ridout

NATL: 4:33.17 N 6/20/2015 ILLINOIS MASTERS

J TUCHLER, D SIMS, A BLOCK, L DILLMANN

WORLD: 4:33.17 W 6/20/2015 ILLINOIS MASTERS -USA

J TUCHLER, D SIMS, A BLOCK, L DILLMANN

1	Santa Rosa Maste-38	A	5:36.68
	1) Jones, Sara W54	2) Thompson, John M46	
	3) Evans, Mark M64	4) Walts, Merrie W62	
2	University of Sa-38	A	6:56.35
	1) Ippolito, Loretta J W59	2) Harrington, Matt M51	
	3) Leber, Nathan M30	4) Pashelinsky, Erin L W75	

**Mixed 240-279 200 LC Meter Freestyle Relay**

PAC: 1:56.00 P 12/31/2011 TAM

R Burns, L Val, B Wheeler, T Holt

NATL: 1:54.54 N 8/20/2016 SARASOTA Y SHARKS

D MARTIN, J GROSELLE, N KRYKA, L KIRKPATRICK

WORLD: 1:54.54 W 8/20/2016 SARASOTA Y SHARKS -USA

D MARTIN, J GROSELLE, N KRYKA, L KIRKPATRICK

1	Rolling Hills Mu-38	A	2:13.72
	1) Van Boer, Eric D M68	2) Nam, Jimmy M54	
	3) Mammoser, Mary W60	4) Viscardi, Josie W58	
2	Davis Aquatic Ma-38	A	2:24.06
	1) Russell, Jane W59	2) Phalen, Jennifer W58	
	3) Woodruff, David M66	4) Kahn, Stuart M69	
3	Marcia's Enthusi-38	A	2:34.54
	1) Gloystein, James M71	2) Hurt, Liz W58	
	3) Small, Stephen M70	4) Voight, Tina W53	

**Mixed 240-279 400 LC Meter Freestyle Relay**

PAC: 4:32.62 P 12/31/2011 TAM

Laura Val, Judy A Eisenman, Tate Holt, Rich Burns

NATL: 4:24.45 N 6/15/2014 SARASOTA Y SHARKS

J GROSELLE, L GROSELLE, N KRYKA, B COUCH

WORLD: 4:19.89 W 3/19/2015 CAPE TOWN MASTERS -RSA

C MAUGHAN, S KRUGER, D COETZEE, T SHEAD

1	Rolling Hills Mu-38	A	5:22.37
	1) Van Boer, Eric D M68	2) Laudenslager, Greg M61	
	3) Mammoser, Mary W60	4) Hayes-Rupp, Cynthia W65	

**Mixed 240-279 200 LC Meter Medley Relay**

PAC: 2:09.06 P 12/31/2009 TAM

Rich Burns, Ken Frost, Laura Val, Barbara Wheeler

NATL: 2:08.11 N 8/20/2016 PUGET SOUND MASTERS

L DAHL, R COLELLA, D GRAHAM, C DAVIS

WORLD: 2:08.11 W 8/20/2016 PUGET SOUND MASTERS -US

L DAHL, R COLELLA, D GRAHAM, C DAVIS

1	Rolling Hills Mu-38	A	2:38.25
	1) Laudenslager, Greg M61	2) Laudenslager, Sherri W60	
	3) Mammoser, Mary W60	4) Van Boer, Eric D M68	

**Mixed 240-279 400 LC Meter Medley Relay**

PAC: 4:51.95 P 12/31/2009 TAM

Rich Burns, Ken Frost, Laura Val, Barb Wheeler

NATL: 4:51.95 N 8/8/2009 TAMALPAIS AQUATIC MASTERS

R BURNS, K FROST, L VAL, B WHEELER

WORLD: 4:57.61 W 3/21/2019 CAPE TOWN MASTERS -RSA

A STEYNBERG, G DU TOIT, C STANFORD, D COETZEE

1	Rolling Hills Mu-38	A	6:13.58
	1) Van Boer, Eric D M68	2) Hayes-Rupp, Cynthia W65	
	3) Nam, Jimmy M54	4) Mammoser, Mary W60	
2	Marcia's Enthusi-38	A	6:46.36
	1) Small, Stephen M70	2) Gloystein, James M71	
	3) Shu, Vicki W54	4) Voight, Tina W53	

**Mixed 280-319 200 LC Meter Freestyle Relay**

PAC: 2:05.58 P 8/20/2017 TAM

R Burns, Laura B Val, Nancy J Ridout, Tate H

NATL: 2:03.33 N 10/9/2021 TAMALPAIS AQUATIC MASTERS

L VAL, A BERNARD, C DAVIS, R BURNS

WORLD: 2:03.33 W 10/9/2021 TAMALPAIS AQUATICS -USA

L VAL, A BERNARD, C DAVIS, R BURNS

1	Rolling Hills Mu-38	A	3:20.38
	1) Maritzen, Michael A M66	2) Thompson, Jerry J M64	
	3) Madison, Carolyn W76	4) Peters, Madalienne W75	
---	Walnut Creek Mas-38	A	NS
	1) King, Ian M60	2) Scott, Stephanie W75	
	3) Dibley, Allison M W60	4) Mayo, Robert M89	

**Mixed 280-319 400 LC Meter Freestyle Relay**

PAC: 5:03.30 P 7/23/2016 TAM

L Val, N Ridout, R Meyerhoff, R Burns

NATL: 5:03.30 N 7/23/2016 TAMALPAIS AQUATIC MASTERS

L VAL, N RIDOUT, R MEYERHOFF, R BURNS

WORLD: 5:03.30 W 7/23/2016 TAMALPAIS AQUATIC MASTERS

L VAL, N RIDOUT, R MEYERHOFF, R BURNS

1	Tamalpais Aquati-38	A	4:50.97P
	1) Val, Laura W71	2) Burns, Richard M79	
	3) Joyce, Martha W62	4) Bernard, Alan M73	

## 2022 Pacific Masters Swimming LC Championship - 7/29/2022 to 7/31/2022

## Results

**(Mixed 280-319 400 LC Meter Freestyle Relay)**

2	Walnut Creek Mas-38	A	7:08.27
	1) Druz, Loren M66	2) Dibley, Allison M W60	
	3) Scott, Stephanie W75	4) Mayo, Robert M89	
---	University of Sa-38	A	DQ
	1) Waksberg, Arlene W77	2) Ellis, Larry M76	
	3) Pashelinsky, Erin L W75	4) Fama, Robert M64	

**Mixed 280-319 800 LC Meter Freestyle Relay**

PAC: 11:18.04 P 7/14/2017 TAM

**R Burns, L Val, N Ridout, A. Bernard**

NATL: 11:18.04 N 7/14/2017 TAMALPAIS AQUATIC MASTERS

**R BURNS, L VAL, N RIDOUT, A BERNARD**

WORLD: 11:18.04 W 7/14/2017 TAMALPAIS AQUATIC MASTERS

**R BURNS, L VAL, N RIDOUT, A BERNARD**

1	Tamalpais Aquati-38	A	10:37.37P
	1) Burns, Richard M79	2) Val, Laura W71	
	3) Joyce, Martha W62	4) Bernard, Alan M73	

**Mixed 280-319 200 LC Meter Medley Relay**

PAC: 2:21.20 P 8/9/2015 TAM

**L B Val, Kenneth A Frost, Richard Burns, Nan**

NATL: 2:21.20 N 8/9/2015 TAMALPAIS AQUATIC MASTERS

**L VAL, K FROST, R BURNS, N RIDOUT**

WORLD: 2:21.20 W 8/9/2015 TAMALPAIS AQUATIC MASTERS

**L VAL, K FROST, R BURNS, N RIDOUT**

1	Tamalpais Aquati-38	A	2:24.11
	1) Val, Laura W71	2) Frost, Kenneth A M78	
	3) Burns, Richard M79	4) Joyce, Martha W62	
---	Manatee Aquatic-38	A	DQ
	1) Mc Partland, Peg W80	2) Caso, Susie W76	
	3) Fitschen, Gary M77	4) Cutting, Steve M65	