

**2016 Jon Steiner Memorial Mile Results
WOMEN**

Women 18-24 Shoemaker, Lara, 22, 2010, WMST, 17:33.95

Women 25-29 Laurin Weisenthal, 25, 2009, MVM, 17:57.07

1	Pam Ogden	29	MINN	26:40.51
2	Emily Howe	27	GOOG	31:23.80

Women 30-34 Nadine Day, 33, 2004, IM, 18:22.43

1	Laurie DeLalla	34	CRUZ	24:04.01
2	Kristi Loveridge	32	TCAM	30:37.44

Women 35-39 Suzanne Heim, 38, 1997, TERA, 18:14.66

1	Tesla Profumo	38	CRUZ	20:11.73
2	Erin C. Moro	37	PALM	20:51.68
3	Lauri Conrad	37	Kman	21:36.95
4	Rachel Rivera	37	PPSC	23:56.34
5	Veronica Flanagan	38	CRUZ	24:42.45
6	Melanie Belluaomini	38	DAM	25:33.28

Women 40-44 Marguerite Meyer, 44, 2004, TOC, 19:21.23

1	Chris Lundstrom	43	MVM	21:51.39
2	Kelli Broussard	43	UNATTACHED	21:58.72
3	Sarah MacMahon	40	MVM	22:24.92
4	Tara Dolan	43	Kman	22:53.68
5	Flora Nelson	42	MVM	24:02.09
6	Diana Peroni	43	NUTS	25:53.40
7	Jamie Roberts	43	WIMS	33:48.67
8	Marlis Sidletsky	40	PALM	35:19.42

Women 45-49 Suzanne Heim-Bowen, 45, 2004, WCM, 18:06.78

1	Charlotte J. Brynn	49	NEM	20:13.00
2	Cynthia Hertzner	46	CRUZ	20:34.95
3	Lynn Sondag	48	TAM	21:34.00
4	Kimberly Lau	48	CRUZ	21:35.10
5	Bridget Lyons	46	CRUZ	22:09.40
6	Marta Bechhoefer	48	CRUZ	22:18.38
7	Christine Johnson	47	MVM	24:18.68
8	Lorena Arellano	49	TCAM	26:22.29
9	Jennifer Long	49	PALM	26:47.89
10	Terri Steinhubel	45	DLMA	28:03.27
11	Doreen Wagner	45	TVM	28:03.87
12	Kathleen Doehla	45	STOW	28:35.99
13	Gretchen Seif	45	PALM	29:33.33
14	Crystal Obregon	46	CRUZ	29:48.23
15	Rebecca Dodson-Webster	49	003-BUMS	32:36.00

Women 50-54 Laura Val, 53, 2005, TAM, 19:01.00

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1	Kimberly Elsbach	52	DAM	20:16.50
2	Jane Russell	52	DAM	21:53.17
3	Cathy Halmon-Kenner	50	PALM	23:12.40
4	Jennifer Phalen	52	DAM	23:25.80
5	Marcia Cleveland	51	IM	24:03.75
6	Karene Lees	53	MVM	26:20.00
7	Mary Kelly Dakin	51	Kman	27:40.12
8	Lisa Jones	51	PALM	28:03.96
9	Robin Gantz	54	MVM	29:27.21
10	Elyse Rudner	54	NEM	30:56.10
11	Gina Russell	52	UC13	31:11.10
12	Dawn Wilt	54	Kman	33:40.63
13	Sheira Kahn	51	TAM	37:23.00
14	Lela Karzian-Banos	53	MVM	39:18.45

Women 55-59 Laura Val, 58, 2010, TAM, 18:47.10

1	Barb Wheeler	58	TAM	22:44.60
2	Nancy Prier	55	Kman	22:56.44
3	Martha Joyce	56	TAM	23:15.10
4	Caroline Lambert	57	FREM	23:17.99
5	Margaret Haskins	58	STOW	23:38.58
6	Jessica Jakobi	57	TAM	24:42.15
7	Carie O'Banion	56	ARKM	25:10.00
8	Karen Waska	56	Kman	25:14.24
9	Caitlin McVarish	55	TAM	26:37.76
10	Lori Bickel	55	Kman	29:24.33
11	Birgit Burgess	56	MVM	29:41.77
12	Deanna L. Johnson	59	DAM	29:48.07
13	Leslie French-Baxter	57	CRUZ	31:49.70
14	Patti Romano	58	PALM	39:54.73

Women 60-64 Laura Val, 61 2013, TAM, 19:44.06

1	Phyllis Quinn	60	TOC	23:28.16
2	Paula Yankauskas	61	NEW-STOW	25:34.09
3	Kate Latham	63	MVM	27:15.85
4	Nancy Van Ast	64	PALM	28:21.82
5	Celia DeMartini	64	TAM	29:27.40
6	Katy Lantz	62	DAM	29:58.68
7	Tish Borden	64	MTRC	30:29.92
8	Sandy Casper	61	Kman	30:56.04
9	Jane Hook	61	TAM	31:58.95
10	Rita Wolf	61	TCAM	33:31.30
11	Diane Lauritsen	61	PALM	33:40.87
12	Christine Foote	62	TAM	34:44.10
13	Yuko Hook	60	CRUZ	38:02.43
14	Barbara Bauman	61	STOW	39:27.15

Women 65-69 Ellen Rockholm, 66, 2015, KMAN, 23:23.92

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1	Linda Shoenberger	68	TAM	25:25.01
2	Ellen Rockholm	67	Kman	25:31.48
3	Peggy Zappas	65	Kman	27:39.82
4	Dana Brooks Brown	68	PALM	28:32.18
5	Sheryl Parola	67	TCAM	30:16.35
6	Lori Viti	67	TAM	35:00.50
7	Cynthia Needham	68	NEM	35:13.24
8	Cheryl Ptak	68	VMST	35:40.00
9	Mary Rose Campbell	67	WIMS	40:10.80
10	Susan Paris	69	SKY	40:51.06

Women 70-74 Nancy Ridout, 70, 2012, TAM, 26:43.90

1	Nancy Ridout	74	TAM	27:50.36
2	Glenda Carroll	72	TAM	31:36.40
3	Gail Rodd	73	TCAM	32:50.59
4	Alida Canale	70	CRUZ	32:51.13
5	Leslie M. Westergaard	72	DAM	32:57.78
6	Meredith Pechoultres	73	TAM	38:19.00

Women 75-79 Patricia Bond, 75, 2014 FMM 27:43.76

1	Susan Munn	77	DAM	30:25.53
2	Patricia Bond	77	YSM	30:35.77

Women 80-84 Margery Meyer, 82, 2005, TOC, 31:09.25

1	Mary Alexandre	81	TAM	34:13.00
2	Jacque Anderson	80	Kman	35:36.96
3	June Baima	81	NTXL	45:19.87