

Pacific Masters Swimming  
Conference Call  
**June 16, 2010**

Call to order and introductions: The meeting was called to order by Michael Moore, Chairman, at 7:00 p.m.

Introductions: Michael Moore, Nancy Ridout, Richard Smith, Joan Smith, Tracy Barbutes, Jody Smith, Jim Clemmons, Kildine Harms, Joan Alexander, Glenda Carroll, Caroline Lambert, John King, Leon Kief, Leianne Crittenden, Joel Wilson, Chris Campbell

**Officers' Reports**

**Approval of the minutes 5/12/10 MSA**

**Treasurer** – Kildine Harms – Report attached. MSA to accept the report. Kildine offered to handle convention, registration, rooms, and reimbursements.

**Chairman** – Michael Moore – A request was received as to how to fund and what would be appropriate to honor Don Galine. Various suggestions were discussed and will be suggested to the donor.

An interpretation of the butterfly stroke was received from USA Swimming and is being discussed by the USMS Rules Committee.

Michael received a spreadsheet from USMS indicating that in total assets, Pacific ranks 1<sup>st</sup> among LMSCs. We were in the middle for expenses and 15<sup>th</sup> from the bottom for assets/member for 2009.

**Awards:** Coach of the Year Award: Chris Campbell was nominated. **MSA**

Kerry O'Brien Coaching Award, Stu Kahn, Patti S. Bear, Cokie Lepinski, Michael Lynch were nominated. **MSA** to accept

Dorothy Donnelly Service Award, Pacific has nominated Glenda Carroll, Joel Wilson, John King Joanne Berven, Caroline Lambert **MSA** to accept.

June Krauser Communications Award, Club of the Year Award – Pacific was nominated. **MSA** to accept.

**Convention delegates:** Convention delegates approved at our last meeting include: Glenda Carroll, Jim Clemmons, Peter Guadagni, Kildine Harms, Stu Kahn, Kristy King, Caroline Lambert, Cokie Lepinski, Alan Levinson, John Morales, Joan Smith, Jody Smith, Richard Smith – total 13. Additionally Joan Alexander, Barry Fasbender, Leon Kief, Michael Moore, and Nancy Ridout have indicated they will attend and are automatic delegates by virtue of USMS positions – total 5.

**Vice Chairman Operations** – Leianne Crittenden - No Report

**Vice Chairman Operations** – Jim Clemmons - No report

**Secretary** – Joan Alexander – minutes attached

**At-Large** – Jody Smith – No Report

**Committee Reports**

Legislation Rules - Alan Levinson - Report attached – Use of Technical Swimwear for Short Course Yards Competition (as defined by Emergency Rule Change, Jan. 19, 2010)

Permit use of technical swimwear for SCY competition:

ARTICLE 102: SWIMMING COMPETITION

102.14 SWIMWEAR (page 13)

Barry Fasbender and Leianne Crittenden will look at a proposal. MSA for Executive Committee vote.

MSA for Short Course Yards Relay Age Groups . same as FINA. Short Course Yards age last day of Meet.

Protest Open water vs. pool. How to proceed. Alan and Glenda to work procedure – what can be and timeline.

**Registration and Records** - Nancy Ridout – Report Attached.

**Coaches** – Cokie Lepinski –Report attached.

**Communications/Newsletter** - Joanne Berven – Newsletter – report attached.

**Michael Moore** – report attached

**Fitness** – Shoenberger – no report

**Facilities Coordinator** – Alexander – report attached

**Health and Safety** –TBD

**Hospitality** – Rotating: May, Alexander, July Clemmons, Sept - \_\_\_\_\_

**Equipment** – TBD

**Scheduling** – Marcia Benjamin, no report

**Open Water** – Glenda Carroll – report attached. Lake Natoma, Sept. 25 was originally scheduled to run a 1/2 mile and a 1 mile swim. They want to drop the 1/2 mile and add a 5K. **MSA**

**Meet Operations** – Barry Fasbender – **Upgrade Hy-Tek Meet Manager**. Barry suggests that we wait till 4.0 is available. Report is attached.

**Marketing/Publications** – Bill Grohe, no report

**Officials** – John King – no report

**Trailer** – Allan Cartwright, no report

**Old Business** –

**New Business** –

**Team Announcements** –

Respectfully submitted

Joan Alexander  
Secretary  
Pacific Masters Swimming

## **JUNE MEETING REPORTS – 06/16/2010**

Chairman – Michael Moore

For the Dorothy Donnelly Award we have the following nominated here:

Glenda Carroll, Jim Clemmons, John Morales, Bill Grohe, Joel Wilson, John King, Joanne Berven, Leianne Crittenden, Caroline Lambert, Linda Shoenberger.

I suggest that we limit the list to five, if we do that then we will most likely get our choice of who will get the award. If we do not then the Awards Committee will make a decision.

Convention delegates approved at our last meeting include: Glenda Carroll, Jim Clemmons, Peter Guadagni, Kildine Harms, Stu Kahn, Kristy King, Caroline Lambert, Cokie Lepinski, Alan Levinson, John Morales, Joan Smith, Jody Smith, Richard Smith – total 13. Additionally Joan Alexander, Barry Fasbender, Leon Kief, Michael Moore, and Nancy Ridout have indicated they will attend and are automatic delegates by virtue of USMS positions – total 5.

Nancy sent a message to last year's delegates and those who are USMS committee members who have not indicated whether they will attend; Tracy Barbutes, Marcia Benjamin, Chris Campbell, Amanda Conk, Leianne Crittenden, Suzanne Heim-Bowen, Terri Maginnis, Kerry O'Brien, Susie Powell, Arlene Proebsting, Linda Shoenberger, Jim Wheeler, and Scott Williams – total 13. Marcia and Terri would count as automatic delegates and not against the 22 we're allowed as Pacific delegates. Laura Colette is interested if there's room and she has been a part of our conference call meetings as has Kristy King.

Vice Chair Administration – Leianne Crittenden, no report

Vice Chair Operations – Jim Clemmons, no report

Secretary – Alexander  
Minutes attached.

Treasurer – Kildine Harms, reports attached.

Would like to see update on progress of changing/updating our web site from the April meeting.

At Large – Jody Smith, no report

Legislation/Rules – Alan Levinson

- I have been traveling and unable to access email. Plus I am no longer able to access my home email at work. In that regard, please add my work email to your address list: alevinson@dir.ca.gov .
- I have finally completed the Rationales for the two technical suit proposals. Please see corrected version of proposals

- below (draft 3).
- Sorry I will not be able to participate in the conference call due to my daughter's HS graduation events.

**RE: Possible Proposals for Changes to the 2010 USMS Rule Book (#3 & #4 Corrected 6/15/10)**

**1. Water Temperature – Conform USMS Fahrenheit with FINA Celsius standards**

**ARTICLE 107: FACILITIES STANDARDS** (page 42)

**107.6. Water Temperature**

Water temperature between ~~78~~ 77 and 80 degrees Fahrenheit shall be maintained for competition.

**RATIONALE:**

*FINA's rules state water temperature is to be between 25 and 28 degrees Celsius during competition. This requires an adjustment down one degree Fahrenheit. Note: the following website provides a convenient conversion tool: [www.wbuf.noaa.gov/tempfc.htm](http://www.wbuf.noaa.gov/tempfc.htm)*

**2. Definition of Age Groups for Short Course Yards Relay Events**

Eliminate SCY definition for Age Groups for Relay Events; use same age groups and language as for SCM and LC Relays.

**ARTICLE 102: SWIMMING COMPETITION** (page 6)

**102.3 AGE GROUPS**

**102.3.2 Relay Events**

~~A. Short Course (25) yards— 18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+, 95+....(10-year increments .... oldest age group for which they are eligible.~~

~~B. Short Course (25) meters and long course (50) meters— 72-99, 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399...(40-year increments as high as is necessary). The aggregate age of the four relay team members shall determine the age group.~~

**RATIONALE:**

*The age groups as defined for SC meters and long course offer more flexibility for clubs to field a relay team while preserving other advantages of the SCY age group definition (competition, camaraderie).*

**3. Use of Technical Swimwear for Short Course Yards Competition (as defined by Emergency Rule Change, Jan. 19, 2010)**

**Permit use of technical swimwear for SCY competition:**

**ARTICLE 102: SWIMMING COMPETITION**

**102.14 SWIMWEAR** (page 13)

**102.14.3 Composition and Style**

**A Short Course (25) Yards**

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. ~~All swimsuits shall be made from textile materials. Except for open water competition, for men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knees~~ **conform to the design, style and composition as approved for competition prior to June 1, 2010.**

**B Short Course (25) Meters and Long Course (50) Meters**

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. All swimsuits shall be made from textile materials. Except for open water competition, for men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knees.

**102.14.4** Only swimsuits complying with FINA swimsuit specifications may be worn in any U.S. Masters Swimming sanctioned or recognized **short course (25) meters or long course (50) meters** competition.

**Rationale:**

1. *First and foremost, it must be acknowledged that Masters swimming is NOT the same as age group swimming or competing in the Olympics! Masters swimming serves different populations and has its own mission and goals. We are not bound by the same rules as USA swimming.*
2. *Technical suits help to minimize age degeneration. Especially for those of us who are older, swimwear reduces drag and improves streamline.*
3. *Technical suits make a Masters swimmer feel good and swim well.*
4. *Technical suits should be embraced, not disallowed.*
5. *Even if FINA chooses to proceed down the path of disallowing technical swimwear, USMS is not bound to do so for short-course yards competition.*

**4. Use of Technical Swimwear for Short Course Yards Competition (as defined by Emergency Rule Change, Jan. 19, 2010)**

**Permit Men to Abide by the Same Rules for Swimwear as is designated for Women in SCY competition:**

**ARTICLE 102: SWIMMING COMPETITION**

**102.14 SWIMWEAR (page 13)**

**102.14.3 Composition and Style**

**A Short Course (25) Yards**

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In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. All swimsuits shall be made from textile materials. Except for open water competition, for men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knees.

**102.14.4** Only swimsuits complying with FINA swimsuit specifications may be worn in any U.S. Masters Swimming sanctioned or recognized short course (25) meters or long course (50) meters competition.

**Rationale:**

*In addition to the applicable arguments made in #3 above:*

1. *In these times of gender equity, all Masters swimmers should have the opportunity to use swimwear that extends up to the neck.*
2. *This is of significant importance for a swimmer with excessive body hair. Shaving the chest and back is not fun, can cause cuts (minor and not-so-minor!) and is increasingly difficult as one loses flexibility with age. Post-shave hair growth is uncomfortable for the swimmer and one's partner!*
3. *Any perceived "undue competitive advantage" is more than offset by the opportunity for the comfort and convenience that covering one's torso affords – to men and women!*

**Open Water – Glenda Carroll**

Lake Natoma, Sept. 25 was originally scheduled to run a 1/2 mile and a 1 mile swim. They want to drop the 1/2 mile and add a 5K. Need your approval.

OW101 has very low registration at this point. It conflicts with Catfish Swim in the South Bay on the same day (not sure if that is affecting it or not.) We will reevaluate during the first week of July to see what we should do.

Would like discussion regarding a possible protest from an OW event.

**Coaches – Cokie Lepinski**

**SWIMFEST '10.** 24 Pac Masters coaches, representing 21 teams, signed up to attend SwimFest '10 which was outstanding. It was well organized and ran smoothly. The amount of information exchanged was awesome. 10

mentor coaches, and 70 masters coaches in one setting amounts to an incredible exchange of ideas. Everyone was approachable and we exchanged information on various business models, handling of administrative issues, as well as technical information on swimming such as test sets, pulse rates, using Tempo Trainers, stroke technique, video analysis, etc. SwimFest is a goldmine of information. No matter what your experience, everyone at any level had something to gain. Great job by USMS and the entire team who made this possible.

The reimbursement process is going very smoothly, about 15 of the 24 coaches have submitted their reimbursement forms. Thanks to Kildine for an amazing turnaround time on the reimbursement checks. The coaches expressed a great deal of appreciation to Pac Masters for their sponsorship. Many said they would not have been able to attend without the financial assistance.

Pac Masters Coaches Clinic. I'm working with Lisa Dahl, our USMS Club & Coach Development rep to hold a clinic or clinics for our coaches in Pac Masters this fall. I'm in the process of finalizing a survey that will go out to the coaches this week to determine what they would most benefit from in subject matter and format.

Meet Operations – Barry Fasbender

**Upgrade Hy-Tek Meet Manager.** We should hold off on upgrading from Meet Manager 2.0 to 3.0. Meet Manager 4.0 will probably be released in the first half of 2011 and we should upgrade directly to 4.0. We may need to get at least one copy of 3.0 to process meet results for meets that FastLane Tek provides meet management service for. Also note that Championship licenses only work for 30 days before and after a specific date. Therefore, a better option would be a club license for those clubs that normally run our championship meets.

**September-October Newsletter.** It looks like we need to include the meet info for three SCM meets (MVM, SAC, and WCM), two SCY meets (49ers and CLOV), and one postal meet (DAM Brute Squad).

Registration – Nancy Ridout

We have registered 9,502 swimmers and 122 clubs as of 6/15/10. Our past membership totals for this period are as follows: 9,316 swimmers and 125 clubs as of 6/16/09; 8,382 swimmers & 120 clubs as of 6/15/08; 8,699 & 110 as of 6/27/07; 8,769 & 115 clubs as of 6/17/06; 8,086 & ? clubs as of 6/11/05; 8,248 & 112 as of 6/18/04; 8,529 & clubs as of 6/21/03; 8,751 & 115 as of 6/22/02, 8,148 & 114 as of 6/18/01; 7,970 & 109 as of 6/23/00; 7,811 swimmers & 101 as of 7/9/99; 7,424 & 101 as of 7/10/98; 7,014 & 103 as of 6/20/97; 6,556 & 103 as of 6/21/96; 5,902 & 95 as of 6/23/95; 5,626 & 89 as of 6/17/94; 5,335 & 85 as of 6/18/93; 5,313 & 80 as of 6/19/92; 5,224 & 79 as of 6/26/91).

We continue to show growth and the response to the mailed renewal invoices is excellent. To date approximately 438 have been returned and processed as 2010 members. We can't quantify those who renewed online as a result of these mailed invoices but that was an option indicated on the renewal form. 438 swimmers x \$15 = \$6,570 so we have recouped our investment of \$4500.

FYI, I will be away (7/23-8/14) at the World Championships as part of the FINA Masters Committee and as a swimmer and flying directly from Sweden to Puerto Rico for the USMS Nationals. The Office will be covered on a reduced schedule during my absence. All phone messages and emails will be returned and I will have my netbook with me. Registrations will be processed and cards and videos mailed out.

Top Ten and Records – Nancy Ridout

The Pacific Masters 2009/2010 SCY Top Ten is being compiled. I will send it to Michael for posting as soon as it's completed so swimmers can review it and we can modify any of the listings as necessary.

Scheduling – Marcia Benjamin, no report

Officials – John King, no report

Communications – Newsletter-Joanne Berven, Web Master-Michael Moore

Newsletter – no report

Web Master – no report

Fitness – Linda Shoenberger, no report

Marketing/Publications – Bill Grohe, no report

Ad Hoc Facilities – Joan Alexander

The July meeting will be in the classroom at Heather Farm.

Health & Safety – TBD, no report

Equipment – TBD, no report

New Business - progress of changing/updating web site and logo